

## Strawberry Banana Smoothie



### Recipe

Combine the raspberries, strawberries, banana, almond milk, honey or maple, and ice in a blender. Blend until smooth.

Taste. If it's too tart for you, add another 1/2 cup or so of almond milk and another tablespoon of honey.

### Ingredients With Measurements

- 1 1/2 cup raspberries
- 1 cup strawberries
- 1/2 frozen banana
- 1 cup almond milk
- 1 tablespoon honey or maple syrup
- 1 1/2 cups ice

### Ingredients Without Measurements

Raspberries	Strawberries
Banana	Almond Milk
Honey	Ice