

Chickpea Spinach Salad



Recipe

Chop the cheese and add with the spinach and chickpeas to a large bowl.

Mix the honey, oil, lemon juice and raisins in a small bowl.

Add the cumin, salt and pepper to the dressing bowl and mix well.

Drizzle dressing over the salad.

Ingredients With Measurements

- 1 can chickpeas (drained and rinsed)
- 1 handful spinach
- 3.5 oz low fat feta cheese
- 1 small handful raisins
- 1 tablespoon lemon juice
- 3 teaspoon honey
- 3 tablespoon olive oil
- 1 teaspoon cumin, ground
- 1 pinch salt

Ingredients Without Measurements

Chickpeas	Spinach	Raisins
Feta Cheese	Lemon Juice	Honey
Olive Oil	Ground Cumin	