

Occupational Healthcare and Working Capacity Insurance (Finland)

Last Updated by Nordics Knowledge Base Manager

Details

Occupational Healthcare and Working Capacity Insurance

Our partner in occupational healthcare is Mehiläinen. Our occupational healthcare includes both treatments as well as actions that maintain employee's ability to work and prevent illnesses. Occupational healthcare is supported by working capacity insurance that covers special care treatments. The insurance provider is LähiTapiola.

If I Get Sick - Instructions

Always inform all your sick leaves to your manager by phone, via text message or email. For the first three days (excluding Saturday/Sunday) you don't have to deliver the sick leave certificate. However, the team manager can require the employee to visit and apply for the certificate from Mehiläinen.

The sick leave certificate is required on all sick leave exceeding 3 days, please send a copy of the certificate by e-mail to payrollfinland.fi@capgemini.com and your manager as soon as possible.

See further sick leave and CTR instructions ([here link](#)).

Occupational Healthcare Contacts

Mehiläinen Forum in Helsinki is the main healthcare station. You may also visit other Mehiläinen occupational healthcare stations in addition to your own station. Contact information for all of Mehiläinen's occupational healthcare stations can be found at Mehiläinen website.

Mehiläinen Forum address: Mannerheimintie 20 B, 4th floor, 00100 Helsinki

Coordinating Occupational nurse: Julia Hiidenvesi

Occupational doctor: Jukka Airaksinen

Occupational psychologists: Sebastian Cederström

Occupational physiotherapist: Hannele Ura

In addition, you can also consult other general practitioners and specialized doctors at Mehiläinen.

Booking an Appointment

For all services (both occupational healthcare & appointments covered by working capacity insurance):

The Digital Clinic occupational health care center (in OmaMehiläinen mobile application)

- Reach an occupational health care professional quickly and easily from 7 am to 7 pm regardless of your location. General practitioners and nurses are available outside these hours.

Customer service number +358 10 414 00 (24/7)

To book an appointment to occupational doctors and occupational nurses:

OmaMehiläinen website or mobile application.

OmaMehiläinen Application

OmaMehiläinen allows you also to view information on your health e.g., laboratory results, vaccinations, receipts, and appointments. Addition to that you are able to find all other benefits Mehiläinen provides for our employees.

You can read more about the Mehiläinen occupational healthcare from the document attached below.

Working Capacity Insurance

Our working capacity insurance provider is LähiTapiola. If you need special medical care or some special doctor, you need to first book appointment to occupational doctor or general practitioner (physical, digiclinic or phone appointment) to get the referral from Mehiläinen. Services are then covered by the healthcare insurance and Mehiläinen will invoice LähiTapiola directly.

Applying for compensation from the Working Capacity Insurance for treatment elsewhere than in Mehiläinen:

Invoices and information can be sent via secure connection secure.lahitapiola.fi to yrittysten.henkilovahingot@lahitapiola.fi

Please add also following information: Working Capacity Insurance number 1755386-3, name of employer, employee's account number

Working Capacity/healthcare insurance covers:

- Examinations and treatment costs for illnesses and accidents in Finland, also during free time
- Surgeries prescribed by a doctor
- Hospital's day care fees
- Max. compensation per injury or accident is 10 000 €

The insurance is valid during the work relationship up to the age of 80, but not during unpaid leave that exceeds 3 months.

Not covered:

- Medicines
- Dental care
- Eye tests. Note! There is a separate process for obtaining glasses needed for work in front of a computer screen ("näyttöpäätelasit"). Check Eye Care below

In case you need a special operation which Mehiläinen is not able to do, please contact LähiTapiola and ask a possibility to get a payment agreement to another service provider before the operation by contacting LähiTapiola tel (09) 453 3222 (on Working Capacity Insurance).

You can read more about the LähiTapiola working capacity insurance from document attached below.



OCCUPATIONAL HEALTH CARE AND WORKING CAPACITY INSURANCE



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Eye Care

Capgemini pays for display glasses only if one's own normal glasses do not work with display screen work. Special display work glasses which differ from a person's normal glasses for general use with regard to their correction, lens type or lens installation, and are usually needed for employees of more than 50 years of age. Employee makes an appointment with occupational physiotherapist for measurements. Lenses will be compensated according to instruction (without special handling, unless this is reasoned).

Capgemini pays maximum 100 € (including VAT) for the price of the frames, if the employee selects a frame for more than 100 €, will employee pay rest

Employee pays the whole amount in the store

Employee makes expense claim in MyExpenses (receipt and referral from Mehiläinen to be attached)

Employee's own cost center internal project code to be used for the expense claim

Accident Insurance Set by the Law

Capgemini accident Insurance company is LähiTapiola.

In case you are injured during a workday, report the accident immediately to your manager and payrollfinland.fi@capgemini.com who will handle the reporting to LähiTapiola and hence the treatment costs will be invoiced directly from LähiTapiola.

If you need more guidance on LähiTapiola's Accident Insurance, please turn to our FI Payroll address above or call LähiTapiola tel (09) 453 3666 (Accident Insurance).

Attachment

 [Occupational Healthcare.pptx](#)

 [Työtapaturma- ja ammattitautivakuutus.pptx](#)

 [Working Capacity Insurance.pptx](#)