



12 Traits of Successful People

Top achievers usually share key traits, says an expert who interviewed 1,000 of America's most successful people. Here are some of the characteristics they tend to have in common according to Doris Lee McCoy, Ph.D., author of *MegaTraits: 12 Traits of Successful People*.

1. Successful people enjoy their work.
2. They have a positive attitude and plenty of confidence.
3. They use negative experiences to discover their strengths.
4. They're decisive, disciplined goal setters. Most achievers have a clear idea what they want out of life, and they take the shortest route to go after it.
5. They have integrity and help others succeed.
6. They're persistent.
7. They take risks. Few people ever get to the top without sticking their necks out and when successful people make mistakes they shrug them off and go on with their lives.
8. They've developed good communication and problem solving skills. And when many of them encounter a problem, they actively seek suggestions from others.
9. They surround themselves with competent, responsible and supportive people.
10. They're healthy, have high energy and schedule time to renew themselves. In fact, this revitalization is so important to them that successful people consciously schedule time slots for activities or rests that will help them feel energized again.
11. They believe in God, a high power – or sometimes just plain luck. And they don't take all the credit for their successes.
12. They have a sense of purpose and a desire to contribute to society. No matter how busy they are.