**Calorie Calculator**

This is a project for providing the calorie intake of a user based on the food item information provided by him/her to the system. Also, the system shall provide a detailed data of the nutrient constitution of the food item entered by the user. There is a need for maintaining track of a person’s daily food habits and accordingly formulate a desirable diet to maintain a healthy lifestyle. However, these functionalities are barely available under one roof. This application fulfils that requirement of a user. The application also prompts user the ideal diet for him based on the information provided by him. This Application also calculates the calories burned by the user daily through the workouts, also give suggestions of healthy recipes for the user.

* Development Platform: Microsoft Visual Studio 2020
* Front-end technologies: Html, css, js
* Back-end tool: Sqlite3
* Office Automation tools: MS-Word
* Framework : Django
* Programming language used: Python 3.7