



ARLINGTON PUBLIC SCHOOLS

NOVEMBER 2022

ARLINGTON HIGH SCHOOL MENU

**Daily Alternates
may include:**

Grab & go salads and sandwiches
Assorted pasta selections
Pizza Choices
Assorted hot items
Veggie and hummus plates
Bagel lunches
Come see what else we have!

Assorted fresh, chilled, and dried **fruit** as well as a mix of fresh cut **veggies** available daily - find your favorites!

All meals come with a choice of milk.

Harvest of the
Month



We are hiring!! Please call us at 781-316-3641 for more information	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	Baked, breaded mozzarella sticks Marinara dipping sauce, honey wheat dinner roll Assorted fruit & veggies	Pasta & all beef meatballs, Warm cheesy breadstick Assorted fruit & veggies	Baked breaded chicken drumstick, dinner roll Creamy mashed potatoes Assorted fruit & veggies	Assorted flatbread pizza with meat or veggie toppings Assorted fruit & veggies
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
Chicken tender and baked fry basket Assorted fruit & veggies	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	Macaroni and cheese buttery corn bread, fresh seasoned green beans Assorted fruit & veggies	Meatball sub with sauce and cheese, crispy onion rings Kale salad Assorted fruit & veggies	 Veterans Day
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
Sweet pineapple chicken teriyaki & vegetable rice bowl Fortune cookie Assorted fruit & veggies	Crispy chicken filet sandwich Waffle sweet potato fries Assorted fruit & veggies	Mini cheese ravioli marinara Fresh French bread Assorted fruit & veggies	Beef and bean chili, corn muffin Chili topping Assorted fruit & veggies	Choice of fresh baked pizza with meat or veggie toppings Assorted fruit & veggies
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Jumbo Pretzels, honey mustard cup, yogurt and cheese sticks Assorted fruit & veggies	Classic cheeseburger, black bean burger, lettuce & tomato Sidewinder fries Assorted fruit & veggies	Manager's choice Assorted items available Salads & sandwiches Assorted fruit & veggies	THANKSGIVING DAY THANKSGIVING DAY	THANKSGIVING RECESS NO SCHOOL
MONDAY 28	TUESDAY 29	WEDNESDAY 30	Arlington School Lunch Program (781) 316-3641/3643 schoollunch@arlington.k12.ma.us	
Brunch for lunch Assorted egg sandwiches, pancakes and waffles, crispy hash browns Assorted fruit & veggies	Spicy chicken wings , blue cheese oven baked fries Creamy Cole slaw Assorted fruit & veggies	Grilled cheese and assorted soups Goldfish crackers Assorted fruit & veggies		



Please notify your server of food allergies.

"This institution is an equal opportunity provider"