Rests



Rests represent periods of silence in a measure. Each type of rest shares a duration with a certain type of note. For example, both a quarter rest and a quarter note occupy the same amount of time. While the note would make a sound, the rest is silent. Like notes, rests can have flags. The locations of these rests on a measure is *fixed*, unlike notes, which can be placed anywhere on, above, or below the staff (given the proper number of ledger lines!). The chart below shows the relationship between the different types of rests.

