## **Elizabeth Howe**

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Website: https://lilowriting.com/

### Personal statement

I am a medical and scientific writer with a Bachelor of Biomedical Science, majoring in Molecular Pathology at Victoria University of Wellington. I have created a freelance scientific and medical writing business, Lilo Writing. My passion lies in the general medicine and mental health sectors.

# **Experience**

Health communications writing for online health website

Research manuscript for journal publication

Continuing Medical Education (CME) article

### **Education**

2021 Victoria University of Wellington

Bachelor of Biomedical Science with a major in Molecular Pathology

2017 – 2020 University of Canterbury

Bachelor of Science with a major in Biochemistry

Courses transferred to complete my degree at Victoria University of Wellington

#### Skills and attributes

- Proficient in multiple referencing styles including:
  - o APA
  - o MLA
  - o Chicago
  - o AMA
  - o Vancouver
- Excellent teamwork skills gained from laboratory work and university group projects
- Experience in Figma software for preparing presentations
- Effective writing skills developed from laboratory report and essay writing
- Enthusiasm for innovation and developing new skills
- Experience in MS office applications for tasks such as preparing reports, presentations and collecting and displaying data
  - o Word
  - o Excel
  - PowerPoint
- Presentation skills gained from presenting research to my peers throughout university and through the youth action group in my home district
- Understanding of the evidence-based medicine principles
- Excellent time management skills developed through university laboratory and theory projects

### **Extracurricular interest**

- Regularly attend the gym 4-5 times a week
- Played in and managed a competitive tennis team
  Coaching junior 'Hot Shots' tennis programme
- All things crafty