




Josiah Greene:  Niner-Fit: Ind. Des. Spr 1

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Miro Board: https://miro.com/app/board/uXjVLjSk9Kk=?share_link_id=110303488645

Group Vision:

Our **PRODUCT VISION** is to be able to provide a free and fun way for UNC Charlotte students of all ages and experience levels to work out at the UREC.

Group Scenarios:

John's Scenario

For his New Year's resolution, John wants to lose roughly 50 lbs of fat and start building muscle mass. He knows that the UREC has a lot of equipment for working out, but he has never been to a gym before and doesn't know how to form a workout plan for himself.

John starts by asking some of his friends who go to the UREC what kind of workout plans they have and they recommend him the NinerFit application. John then downloads the NinerFit app and logs in using his Niner ID Number and password, and he completes a short survey about his fitness experience, his goals, and his schedule availability throughout the semester. Once the survey was completed, the app recommended a novice workout plan that includes short workout sessions 3-4 times a week and a diet that is meant to decrease fat while increasing muscle mass. This alleviates John's uncertainty about what to do for his fitness journey while allowing him to improve himself at a fast rate.

Amanda's Scenario

Amanda is a UNC Charlotte student who likes to play basketball regularly at the UREC and hosts small tournaments. However, she is unable to find enough people to play a game with her on a Thursday afternoon. She heard from some of the staff that there is an app called Niner-Fit that has a built-in group post forum that she can use to find more players.

Amanda downloads the app and goes to the group posts section to create a new post. She adds the details such as the date, time, place in the UREC, and how many people are needed. Within a couple of hours, a few people have already replied to her post confirming that they could come and play a game with her. Amanda is ecstatic because it never has been this easy for her to find people to build a basketball team.

Jack: He is a freshman who knows nothing about exercise nor has any friends who are knowledgeable about exercise. He wants to start somewhere but is unsure where to start for someone of his level. He and his friends meet up one day and decide to go to the UREC. Unsure where to start, they asked gym personnel who told them to download the NinerFit app which they did. In it, they are asked about their personal preferences and opinions towards exercise in general. After that, they are asked to log in to the Niner account and then the app gives them a quick tutorial on how the app works. Diet plans, exercise intensity, etc. With these factors, Jack and his friends can now feel a bit more confident about working out without messing up their bodies.

Group User Stories:

- As a personal trainer, I want students to become their best physical versions of themselves so that they can also excel academically
- As a dietician, I want students to eat healthily so that they can have longevity and a high quality of life
- As a fellow peer, I want to work out with others to build a strong sense of community within the UREC at UNC Charlotte

Group Feature List:

- Workout Plan manager
- Diet plan manager
- Gym traffic tracker
- Group post forum
- Different experience Levels
- Different workout types (weightlifting, running, swimming, plyometrics, etc.)

Group Journey Map:

