

Theoretical Foundations of Physics Simulation –

Key References

Classical Mechanics and Multibody Dynamics

- **Herbert Goldstein – *Classical Mechanics* (1950; 3rd ed. 2002):** A standard textbook on classical mechanics covering Newtonian dynamics, Lagrange's equations, Hamiltonian formalism, and rigid-body motion. It provides the mathematical and physical foundations (e.g. conservation laws, equations of motion) that underlie any physics simulation engine ¹. Goldstein's text is often referenced for its treatment of analytical mechanics as applied to particles, rigid bodies, and even continuum systems ², forming a theoretical bedrock for accurate physics modeling.
- **Roy Featherstone – *Rigid Body Dynamics Algorithms* (2008):** A comprehensive monograph on the computational algorithms for multibody dynamics. Featherstone introduces spatial vector algebra and presents efficient recursive methods (like the articulated-body and composite-body algorithms) for simulating chains of bodies and robots ³. This work contributes to high-accuracy simulation by explaining how to model and analyze rigid-body systems and by providing the “most comprehensive collection of the best rigid-body dynamics algorithms” in one source ³, which are crucial for real-time simulation of complex linkages (e.g. in robotics and game character physics).
- **Ahmed A. Shabana – *Dynamics of Multibody Systems* (4th ed. 2013):** An academic textbook that introduces the theory of multibody dynamics, including both **rigid** and **flexible** bodies. It covers kinematics, Newton-Euler and Lagrange formulations, constraint equations, and numerical methods for large-scale systems. Of particular note is its treatment of systems of interconnected rigid and deformable components (e.g. vehicles, robotic mechanisms), whose highly nonlinear dynamics usually require computer-based solutions ⁴. Shabana's book bridges theoretical fundamentals and practical computational techniques, providing examples of how to implement these for engineering-grade simulation ⁵.
- **Kenny Erleben, Jon Sporring, Knud Henriksen, & Henrik Dohlmann – *Physics-Based Animation* (2005):** A comprehensive textbook for computer graphics and simulation that teaches the **theory behind the mathematical models and techniques** used in physics-based animation ⁶. It covers a broad range of topics including geometry for physics, particle dynamics, rigid body mechanics, collision detection algorithms, numerical integration schemes, and constraint solving (with linear complementarity and impulse-based methods). This book is valued for connecting theoretical principles (e.g. differential equations and optimization) to practical simulation engine design, emphasizing correctness and stability in animations.
- **David H. Eberly – *Game Physics* (2nd ed. 2010):** A detailed reference focused on the simulation techniques relevant to real-time games, accompanied by rigorous mathematical background. It provides clear explanations of the fundamental concepts (kinematics, Newton's laws, energy, etc.) and delves into implementing rigid body dynamics, collision detection, contact resolution, and

numerical integration in an engine. As noted by reviewers, *Game Physics* serves as a “*comprehensive reference of physical simulation techniques relevant to games*” while also presenting the underlying mathematical concepts in a clear manner ⁷. This makes it a bridge between high-level theory and practical engine development for interactive simulations.

Rigid Body Dynamics, Collisions, and Constraint Solvers

- **David Baraff – “Non-Penetrating Rigid Body Simulation” (Eurographics ’93 report, 1994):** A foundational survey paper that reviews the state-of-the-art in rigid body dynamics with contact constraints up to the early 1990s. Baraff discusses both major aspects of a physics engine: collision detection (comparing continuous vs. discrete methods) and contact force computation. The report covers frictionless and frictional contacts and contrasts **penalty force methods** with **constraint-based** (impulse/Lagrange multiplier) approaches ⁸. This work (and Baraff’s related papers in 1989 and 1993) formalized the LCP (Linear Complementarity Problem) formulation for contact forces and addressed issues of existence/uniqueness ⁹, becoming a cornerstone for later physics simulators that must resolve collisions and resting contacts stably.
- **David Baraff & Andrew Witkin – “Large Steps in Cloth Simulation” (SIGGRAPH 1998):** While focused on cloth (a deformable surface), this paper introduced methods that influenced **constraint solvers** in general rigid body engines. Baraff and Witkin demonstrated the use of an **implicit integration** scheme coupled with constraint enforcement to allow **stable simulation with large time steps** ¹⁰. By formulating cloth stretch constraints and solving the resulting sparse linear system with a modified conjugate gradient (while exactly maintaining constraints), they eliminated the small-step instability that also plagues rigid body stacks. This work contributed techniques (implicit/iterative solvers and constraint stabilization) that improve the stability of both soft and rigid body simulations under stiff forces and contact constraints.
- **D. E. Stewart & J. C. Trinkle – “An Implicit Time-Stepping Scheme for Rigid Body Dynamics with Coulomb Friction” (Proc. ICRA 2000, also in IJNAM 2000):** A seminal research paper introducing a robust time-step integrator for systems of contacting rigid bodies. Stewart and Trinkle formulated the dynamics using impulse-momentum (velocity) updates over a time step, which avoids handling instantaneous impulses and can naturally accommodate simultaneous impacts ¹¹. Importantly, they cast the contact/friction conditions as an LCP solved each step, a *velocity-stepping* approach that guarantees non-penetration and can handle frictional stick-slip without requiring collision sequencing. This work improved stability for large contact stacks (at some cost to energy accuracy), and many modern physics engines (e.g. ODE, Havok) adopted similar **semi-implicit time-stepping** methods ¹² ¹³ for robust contact simulation.
- **Bernard Brogliato – *Nonsmooth Mechanics: Models, Dynamics, and Control* (1st ed. 1999):** A comprehensive scholarly book on the mathematics of mechanical systems with **impact and friction**, treating the subject with rigorous differential inclusions and complementarity theory. It covers the existence and uniqueness theory of solutions, impulsive and contact dynamics, Painlevé paradoxes, and various numerical methods for nonsmooth systems. Brogliato’s work is highly theoretical, but it underpins the development of physics engines by addressing the stability and consistency of frictional contact models ¹². It’s considered a key reference for understanding the **LCP-based formulation** of contact and the associated stability challenges, providing a foundation for high-accuracy simulators and robotics applications that require predictive contact dynamics.

- **Jan Bender, Kenny Erleben, Jeff Trinkle, & Erwin Coumans – “Interactive Simulation of Rigid Body Dynamics in Computer Graphics” (Eurographics 2012, State-of-the-Art Report):** A survey by experts from both academia and industry (including the creator of Bullet and a leading robotics researcher) that reviews the methods used for real-time rigid body simulation in games/graphics. It covers the entire pipeline: Newton-Euler equations of motion, broadphase and narrowphase collision detection, contact determination, and the various constraint-solving strategies for joints and contacts. The report contrasts solving constraints via **impulses (iterative solvers)** versus treating them as **quasi-static LCP problems**, and discusses numerical stability, friction models, and constraint stabilization techniques ⁹ ¹³. This work is valuable for engine developers as it connects foundational theory (e.g. LCP, shock propagation, splitting methods) with practical considerations in interactive simulation (performance trade-offs, tolerances) circa 2012.
- **Chris Hecker – “Physics Simulation for Game Programmers” series (1996–1998, Game Developer Magazine articles):** Although not a formal academic source, this series of articles (often cited in game development communities) laid out the basics of 2D and 3D rigid body physics for novices. Hecker explained core concepts like integration methods, energy conservation, collision response, and constraint stabilization in an accessible way. These articles provide intuitive theoretical insight (e.g. using impulse-based collision resolution and explaining why naive solvers jitter) and were foundational in educating a generation of game programmers. They complement academic works by focusing on *practical theoretical understanding* – e.g., the importance of frame-rate independent integration and the idea behind sequential impulse solvers – without delving into heavy mathematics. (Hecker’s articles are available on his website and often referenced in the game physics literature.)

Soft Body and Deformable Physics

- **Demetri Terzopoulos, John Platt, Alan Barr, & Kurt Fleischer – “Elastically Deformable Models” (SIGGRAPH 1987):** A pioneering paper that introduced physics-based **continuum modeling** to computer graphics. It formulates deformable objects (curves, surfaces, solids) using elasticity theory – defining energy functions for stretching, bending, and twisting – and derives equations of motion that respond realistically to forces ¹⁴ ¹⁵. This work demonstrated that applying physical laws (from continuum mechanics) to animate soft objects yields natural behavior, and it introduced concepts like elastic potential energy, damping, and stiffness that underlie later soft-body simulators. As one of the first to show *realistic dynamic responses of deformable objects to forces and constraints*, it laid the theoretical groundwork for cloth, flesh, and soft tissue simulation in both offline and real-time settings.
- **Andrew Nealen, Matthias Müller, Richard Keiser, Eddy Boxerman, & Mark Carlson – “Physically Based Deformable Models in Computer Graphics” (Eurographics 2005 STAR):** A widely-cited state-of-the-art report surveying deformable object simulation methods. Nealen et al. review the significant developments of the prior decades, covering **finite element methods**, finite difference/volume methods, **mass-spring systems**, mesh-free particle methods, and reduced-coordinate models ¹⁶. They discuss the pros and cons of each approach in terms of realism, computational cost, and suitability for **offline high-accuracy vs. real-time applications** ¹⁷. The report also addresses time integration schemes for deformables and specialized topics like plasticity, fracture, cloth and hair simulation, and soft tissue for virtual surgery. This comprehensive overview connects

theoretical models of continuous media with their discretized simulation techniques, guiding practitioners in choosing appropriate methods for their accuracy and speed needs.

- **David Baraff & Andrew Witkin – “Large Steps in Cloth Simulation” (SIGGRAPH 1998):** (Listed above in rigid body context as well.) In the realm of deformables, this paper is a landmark because it solved the stiffness problem in cloth (a kind of thin-shell soft body) by using an **implicit integration** method. The authors showed that, by formulating cloth forces and constraints appropriately, one can take time steps an order of magnitude larger than previously possible without numerical explosion ¹⁰. The theoretical contribution was demonstrating how **constraint projection and solver coupling** with an implicit integrator yields stability for very stiff systems (cloth has extremely high tension stiffness). This idea – combining implicit solvers with constraint enforcement – has influenced both cloth simulators and other soft-body solvers (e.g. for soft tissues) where stability is crucial.
- **Matthias Müller, Bruno Heidelberger, Marcus Hennix, & John Ratcliff – “Position Based Dynamics” (2007):** A highly influential paper (and follow-up tutorial) introducing a fundamentally different approach to simulating physical systems by operating directly on positions (instead of forces/velocities). The PBD method eschews explicit force integration and instead iteratively **projects particles to satisfy constraints** (distance constraints for springs, volume preservation, contact constraints, etc.), which leads to unconditionally stable behavior for many soft-body scenarios. Müller et al. showed that PBD produces plausible results for cloth, soft bodies, and even rigid body stacking, with larger time steps than force-based methods would allow. The paper is more implementation-focused, but it provides theoretical insight into **why solving constraints in positional form** can avoid instability (at the cost of some physical accuracy). It has become a cornerstone for real-time physics in games (e.g. for character cloth, ropes, and soft objects) due to its simplicity and robustness.
- **Marie-Paule Cani, Mathieu Desbrun, et al. – Various works on splines, shape-matching and continuum methods for soft bodies (1990s–2000s):** (Multiple authors) There are numerous other foundational works, such as shape matching for deformable solids (Müller et al. 2005), continuum-based **finite element** simulations for soft tissues (e.g. SIGGRAPH papers by Sifakis and colleagues in 2010–2015), and early particle-based models for fluids and deformables (Tonnesen 1991, Desbrun & Gascuel 1996 on smoothed particles, etc.). These works contribute theoretical tools like *shape matching energy* (for fast soft-body convergence) and *geometric elasticity formulations*. While too many to list individually, they collectively advance the theoretical understanding of how to simulate soft materials either by continuum discretization or by clever approximations, balancing accuracy and performance. Many are summarized in the Nealen et al. survey above, and they inform the soft-body modules of modern physics engines.

Physics Engine Documentation and Technical Papers

- **Erwin Coumans – Bullet Physics (open-source engine, Documentation & SIGGRAPH 2015 Course):** The Bullet physics engine is a widely used real-time physics library, and Coumans (its creator) has provided extensive documentation and talks on its underlying theory. Bullet employs continuous collision detection algorithms (e.g. GJK for convex objects) and a **sequential impulse constraint solver** (a form of Projected Gauss-Seidel) to resolve contacts and joint constraints ¹⁸. In Coumans’s SIGGRAPH 2015 course “Bullet Physics Simulation,” he outlines these methods, explaining

how the engine achieves stability and speed – for instance, using warm-starting, shock propagation for stacks, and constraint relaxation. Bullet’s manual and source also discuss theoretical aspects like constraint formulations and constraint stabilization (e.g. Baumgarte bias). This documentation is valuable for understanding how theoretical LCP solvers and impulse methods are implemented in a production engine for games and VR.

- **NVIDIA PhysX SDK (Engine Documentation and GDC presentations, c.2012–2019):** PhysX is a major commercial engine, and while much of its implementation is proprietary, NVIDIA has released technical guides describing its solver and techniques. PhysX 3.x introduced a **Temporal Gauss-Seidel (TGS)** solver, an improved iterative constraint solver that substeps the simulation to handle tough contact scenarios more robustly ¹⁹. Richard Tonge and others from NVIDIA have given presentations (GDC 2012, etc.) on PhysX’s contact solving, explaining tricks like *post-stabilization (projecting out errors at the position level)* and *friction model improvements*. The official *PhysX User Guide* also covers joint constraints, the rigid body pipeline, and approaches to improve stability (e.g. scaling the solver iterations per object, using PCM collision detection). In summary, PhysX documentation provides insight into industry practices for balancing theoretical fidelity (accurate friction, restitution, inertia tensor handling) with performance for real-time use.
- **Havok Physics (Engine Technical Overview, 2000–present):** Havok is another industry-standard physics engine used in countless games, known for its robust and fast simulation. While detailed docs are not public, Havok’s approach is known to be similar to PhysX: it uses a shock-propagation variant of the PGS solver for contacts, with hierarchy of broadphase–narrowphase collision handling and customizable constraints (ragdolls, vehicles, etc.). The **stability and performance** of Havok’s solver have been refined through years of practical use, often cited as “industry-leading.” In a brief description, “*Havok Physics is a mature... engine... with industry-leading solvers*” engineered for large-scale game scenarios ²⁰. Key theoretical aspects (gleaned from publications and SDK notes) include continuous physics options, constraint stabilization (both Baumgarte and post-stabilization available), and contact clustering to improve convergence. Havok’s success illustrates how sound theoretical methods (LCP solving, continuous collision detection, etc.) are applied in a production environment to achieve both reliability and speed.
- **Emanuel Todorov, Tom Erez, & Yuval Tassa – “MuJoCo: A physics engine for model-based control” (IROS 2012):** MuJoCo is a physics engine designed for robotics and machine learning, emphasizing **accuracy and control-awareness**. The authors describe using **generalized coordinates** and Featherstone’s recursive algorithms for articulated dynamics, which ensure efficient and exact calculations of multibody motion ²¹. For contact, MuJoCo implements a custom solver based on the modern **velocity-stepping approach** (similar in spirit to Stewart/Trinkle’s method) that avoids spring-damper penalties and instead solves contact constraints directly ²². The paper also highlights MuJoCo’s ability to compute inverse dynamics even with contacts (useful for optimization and control) and its support for actuator models like muscles. In summary, MuJoCo’s documentation and this paper contribute a perspective where theoretical rigor (in constraint solving and dynamics computation) meets the needs of model-based optimal control – providing a physics engine that is fast (capable of hundreds of thousands of evaluations per second) yet grounded in high-accuracy formulations for simulation and robotics research.
- **Other Engine Papers:** Additional technical papers and notes exist for specific engines or features – for example, Open Dynamics Engine (ODE) had notes by Russell Smith on its LCP solver (“quickstep”)

and joint constraints; AMD's open-source **BULLET** and **Flex** have whitepapers on GPU-based solvers and position-based fluids; and newer engines like **BeamNG (soft-body vehicle physics)** or **Chrono Engine** (multibody dynamics with deformables) have academic papers detailing their unique approaches. Each of these sources builds on the core theoretical themes above: the choice of integration method (implicit vs. explicit), the mathematical formulation of constraints (penalty vs. complementarity), and techniques for ensuring stability (constraint stabilization, sub-stepping, etc.). When designing a physics simulation engine, reviewing such engine-specific documents alongside the academic literature provides practical context for how theoretical concepts are tuned and implemented in real-world systems.

1 2 Classical Mechanics (Goldstein) - Wikipedia

[https://en.wikipedia.org/wiki/Classical_Mechanics_\(Goldstein\)](https://en.wikipedia.org/wiki/Classical_Mechanics_(Goldstein))

3 Rigid Body Dynamics Algorithms: Featherstone, Roy - Amazon.com

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9 12 13 Intersection-free Rigid Body Dynamics

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11 (PDF) An Implicit Time-Stepping Scheme for Rigid Body Dynamics with Coulomb Friction.

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18 Bullet Physics Manual

https://www.cs.kent.edu/~ruttan/GameEngines/lectures/Bullet_User_Manual

19 Solver2D :: Box2D

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20 High Performance Physics for Games - Havok

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²¹ ²² (PDF) MuJoCo: A physics engine for model-based control

https://www.researchgate.net/publication/261353949_MuJoCo_A_physics_engine_for_model-based_control