

Weekly Timelog Activity

Day of Week	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2/16/2021	2/17/2021	2/18/2021	2/19/2021	2/20/2021	2/21/2021	2/22/2021
6:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	
7:00 AM	Sleep	Sleep	Sleep	Sleep	Other	Other	
8:00 AM	Other	Other	Other	Other	Eat	Eat	
9:00 AM	Other	Eat	Eat	Eat	Work	Work	
10:00 AM	Study	Exercise	Study	Study	Work	Work	
11:00 AM	Study	Study	Study	Study	Work	Work	
12:00 PM	Eat	Class	Class	Class	Study	Class	
1:00 PM	Study	Class	Class	Class	Class	Class	
2:00 PM	Other	Other	Class	Eat	Class	Study	
3:00 PM	Study	Class	Study	Socialize	Class	Class	
4:00 PM	TV/Internet	Socialize	Study	Study	Eat	Eat	
5:00 PM	Exercise	Study	Eat	Study	Study	Socialize	
6:00 PM	Other	Study	Study	Eat	Study	Study	
7:00 PM	Other	Eat	Socialize	Socialize	Study	Study	
8:00 PM	Study	Study	Study	Socialize	Socialize	Eat	
9:00 PM	Eat	Socialize	Study	Study	Socialize	Socialize	
10:00 PM	Socialize	Study	Study	Socialize	Study	Other	
11:00 PM	Socialize	Other	Eat	Study	Study	Other	
12:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	
1:00 AM							
2:00 AM							
3:00 AM							
4:00 AM							
5:00 AM							

Daily and Weekly Totals

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Week	%
Study	5	5	8	6	6	3	0	0	0.1964285714
Class	0	3	3	2	3	3	0	0	0.08333333333
Sleep	3	3	3	3	2	2	0	0	0.09523809524
Work	0	0	0	0	3	3	0	0	0.03571428571
Socialize	2	2	1	4	2	2	0	0	0.07738095238
TV/Internet	1	0	0	0	0	0	0	0	0.005952380952
Exercise	1	1	0	0	0	0	0	0	0.0119047619
Eat	2	2	3	3	2	3	0	0	0.08928571429
Other	5	3	1	1	1	3	0	0	0.08333333333

Isaac's Weekly Schedule Activity

Use this spreadsheet to record your intended daily activities for the next week. Use the following strategy to create this schedule:

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
9/9/2022	9/10/2022	9/11/2022	9/12/2022	9/13/2022	9/14/2022	9/15/2022

6:00 AM	Sleeping Still	Sleeping in	Sleeping	Sleeping Still	Sleeping Still	Sleeping Still	Sleeping Still
7:00 AM	Wake Up	Sleeping in	Sleeping	Sleeping Still	Sleeping Still	Sleeping Still	Wake up and get ready
8:00 AM	Finish getting ready and i	Sleeping in	Wake Up, Get Ready	Wake up and Get Read	Wake up and get ready	Wake up and get ready	Have breakfast and head over to zeanah to start work study
9:00 AM	Eating breakfast around 5	Sleeping in	Eat Breakfast	Breakfast and walk to i	Eat breakfast and head to	Eat Breakfast and walk to zean	Work
10:00 AM	Arrive at Aries Hall for m	Sleeping in	Free time to relax and head	Missed my EF102 Class	Arrive at Study room for E	Study in the EF258 Study Room	Work
11:00 AM	Finish my test and head c	Woke up and had breakfast	Started working on EF141	Took time to study bef	Work on EF141 and still m	Work on COSC101 work.	Work
12:00 PM	Head to EF141 Class	Had lunch with my family a	Lunchtime	Head to EF141 Class	head to Lab Class for EF14	Work on my EF141 Notes	Head to EF 141 Lab
1:00 PM	Get out of EF141 by 1:30	Stayed with my family for a	Doing my EF141 Learning ?	Free block to do englis	Finish Lab for EF141	Head to my EF141 Class	Do EF141 Work
2:00 PM	Lunch Time because i ha	Relaxed and looked at some of my assignments for Eng	Finish some english wt	Head to Comp Sci 101	Get out of EF141 and do my E	Head to COSC101	
3:00 PM	Attend my MATH 131 Cla	Drove back to UT to watch	Did laundry and Finished E	Attend Calc 131	Get out of Comp Sci 101	Eat with friends	Head to Lunch
4:00 PM	Finish With class, then he	Submitted a late assignmer	Went with friends to relax	Head to Engage LLC Bn	Study COSC 101 Notes as	Head back to dorm and start	Relax for a second before heading to hodge's library
5:00 PM	Dinner with friends/room	Dinner with friends and finished the pit game		Study group at Hodges	Hopefully Eat	Study some more.	Go to hodge's and get coffee
6:00 PM	Did my English paper assignment and turned it in on	Got a flat tire		Studying and working	Hopefully Finish Studying	Eat with friends and go to a sc	Do my english paper work
7:00 PM	Drove home to my family and brought my things	Had the flat tire fixed and i	Ate after studying in the	Head to the art gallery at	Hang out with friends for a w	Do my calculus work	
8:00 PM	Late Dinner		Started on my Calculus 131	Socialized in the lobby	Head over to hodge's to st	Stay with friends then head b	Do my EF work
9:00 PM	Getting Ready for Bed	Getting Ready for bed		Walked around campus	Do my English Work	Study and go to study group	Continue doing EF Work
10:00 PM	Sleep			Studying and talking w	Do my EF work and Calcul	Socialize for a bit in Geier	Lobi Go back to dorm and do laundry
11:00 PM			Getting Ready for Bed	Getting Ready for Bed	Head back to dorm	Shower	Shower
12:00 AM	Sleep	Sleep	Sleep	Get Ready and go to bed	Go to sleep	Socialize	
1:00 AM				Sleeping Still		Go to Sleep	
2:00 AM							
3:00 AM							
4:00 AM							
5:00 AM							