What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?

I am interested in understanding how to get the iOS dev environment working properly as I'm currently working on Android while the rest are on iOS. I have always found it tricky to get working because I always run into issues which is why I've ended up using Android. However, this isn't really an issue for our project because the code will be identical for both platforms.

What is my contribution towards the team's deliveries? How can I help my team do better next sprint?

This week I have worked on showing the health data to the user. I have also assisted on some minor details on other frontend tasks.

Changes/improvements from last week's reflection?

During this week I put more focus on the actual function over presentation. The look of the app can be improved on later. Having a working app should be prioritized over aesthetics.