1. What do I want to learn or understand better? Consider e.g. teamwork, Scrum, agile processes, technologies etc?

The app is very static, so I would like to better understand how to animate widgets in Flutter so that I can improve the run tracker page that I worked on this week.

2. What is my contribution towards the team's deliveries? How can I help my team do better next sprint?

I have worked closely with Harry on developing a run tracker. It is fully functional. You can create a new workout where it tracks your distance moved, it shows a timer and some additional info. After the workout is complete it can be viewed in your workout history.

3. Changes/improvements from last week's reflection?

There haven't been a lot of personal changes or improvements this week, however, as stated above there has been a lot of improvement to the app itself.