

# Notes for High-Dimensional Probability: Random Vectors in High Dimensions

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## 1 Preliminaries

**Proposition 1.** *Let  $X$  be a real-valued random variable and  $Y = \sqrt{|X|}$ . Then  $X$  is sub-exponential if and only if  $Y$  is sub-Gaussian, and in such case  $\|X\|_{\psi_1} = \|Y\|_{\psi_2}^2$*

**Theorem 2** (Bernstein's inequality). *Let  $(X_i)_{i=1}^n$  be a sequence of independent real-valued zero-mean random variables such that  $\|X_i\|_{\psi_2} < \infty$ . Then, for every  $t > 0$*

$$\mathbb{P}(|\sum_{i=1}^n X_i| > t) \leq 2 \exp(-\frac{1}{2} \min(\frac{t^2}{\sum_{i=1}^n \|X_i\|_{\psi_1}}, \frac{t}{\max_i \|X_i\|_{\psi_1}})). \quad (1)$$

## 2 Concentration of the Norm

**Theorem 3** (Concentration of the  $L_2$  norm). *Let  $X = (X_1, \dots, X_n) \in \mathbb{R}^n$  be a random vector with independent sub-gaussian coordinates  $X_i$  that satisfy  $\mathbb{E}X_i^2 = 1$ . Then*

$$\|\|X\|_2 - \sqrt{n}\|_{\psi_2} \leq CK^2, \quad (2)$$

where  $K = \max_i \|X_i\|_{\psi_2}$  and  $C$  is an absolute constant.

*Proof.* We first note that  $K \geq 1$ . By Jensen's Inequality we have that  $\mathbb{E} \exp(\frac{X_i^2}{t^2}) \geq \exp(\frac{\mathbb{E}X_i^2}{t^2}) = \exp(t^{-2})$  and using  $t = 1$  we see that  $\mathbb{E} \exp(X_i^2) \geq e > 2$  so  $\|X_i\|_{\psi_2} \geq 1$  for all  $i \in \{1, \dots, n\}$ . Since  $K = \max_i \|X_i\|_{\psi_2} \geq 1$  we are done.

Now consider the quantity  $\frac{1}{n}\|X\|_2^2 - 1$  which we can write as

$$\frac{1}{n}\|X\|_2^2 - 1 = \frac{1}{n} \sum_{i=1}^n (X_i^2 - 1) = \frac{1}{n} \sum_{i=1}^n Y_i, \quad (3)$$

where  $Y_i = X_i^2 - 1$ . Since  $\mathbb{E}X_i^2 = 1$  for any  $i$ ,  $(Y_i)_{i=1}^n$  is a vector of zero-centred random variables. Since  $\|X_i\|_{\psi_2} < \infty$  we can show that  $\|Y_i\|_{\psi_1} < \infty$  since

$$\|X_i^2 - 1\|_{\psi_1} \leq C\|X_i^2\|_{\psi_1} \quad (4)$$

$$= C\|X_i\|_{\psi_2}^2 \quad (5)$$

$$\leq CK^2, \quad (6)$$

by use of centring property of sub-exponential norm, proposition 1 and definition of  $K$ . Since we showed that  $Y_i$ 's are sub-exponential we can apply Bernstein's Inequality Thm. 2 □