



Pushtimargiya Paathshala – Class 1

By



**Shree Vallabhacharya Shuddha-advaita Pushtimarg Trutiya Gruh –
Kankroli in association**

With

Shree Vakpati Foundation – Vadodara

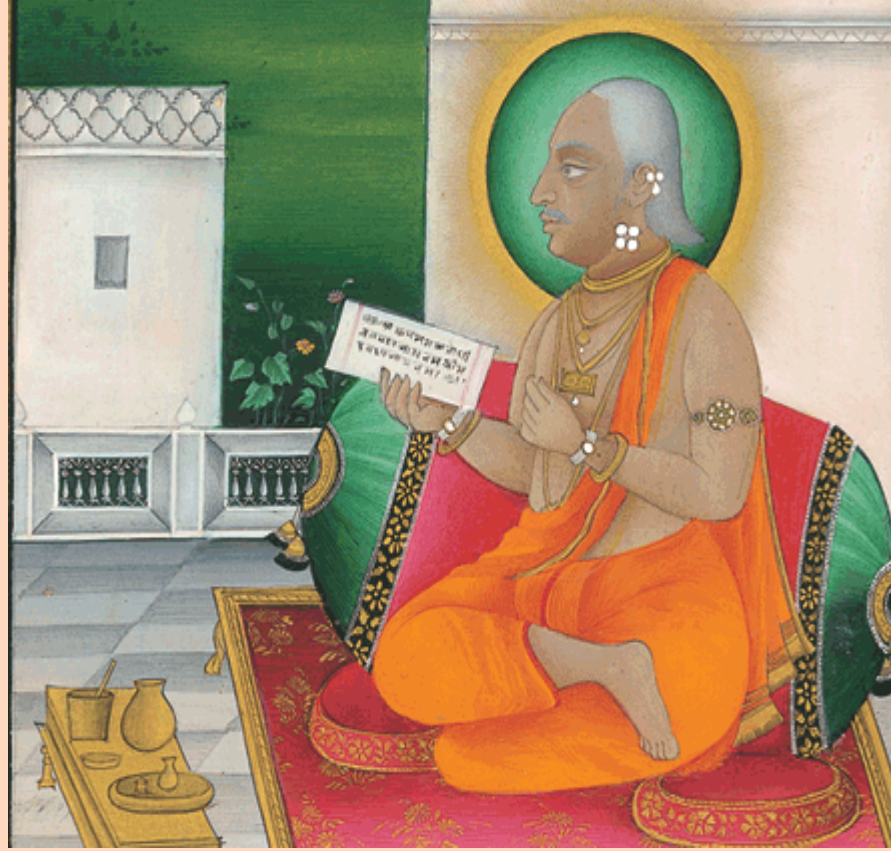
Official Course



श्रीमन नारायण नारद वेद व्यास विष्णुस्वामि-सम्प्रदाय समुद्धार
सम्भुत श्री पुरुषोत्तम वदनानलावतार सर्वाम्नाय सन्चार
वैष्णवाम्नाय प्राचुर्यप्रकार श्री बिल्वमङ्गलाचार्य साम्प्रदायि कार्ष्णि
साम्राज्य सनाखण्ड भुमण्डलाचार्य वर्याः जगद्गुरु महाप्रभुः श्रीमद
आचार्य चरणाः विजयन्ते विजयन्ते विजयन्ते !

Vaishvanara-avtar Shreemad Vallabhcharya Mahaprabhuji

Chintasantaanhantaro, yadpadanambuj renhva Swiyanan taanijacharyan, pranahmaami muhuhu-muhuhu



Shri Gopinath Prabhucharan – Eldest Son of Shree Mahaprabhuji

Yadnugrahojantu sarvadhukhatigo bhavet Tamaham sarvadavande Shrimad Vallabhanandanam

I also bow down to Shri Gopinathji who is the Oldest son of Shri Vallabh. Shri Gusainji's blessings are also capable of giving freedom from worries of all living being.



Shri Vitthalnathji (Shri Gusaiji) Prabhucharan – The younger son of Shri Mahaprabhuji

**Yadnugrahatojantu sarvadhukhatigo bhavet Tamaham sarvadavande Shrimad
Vallabhanandanam**

I also bow down to Shri Gusainji (Shri Vithalnathji) who is the son of Shri Vallabh. Shri Gusainji's blessings are also capable of giving freedom from worries of all living being.

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Third Son of Shri Gusaiji– Shri Balkrishnalalji

Agyaanatimirandhasya gyaananajana shalakaya Chakshurunmilitan yane tasmei Shriguruve Namha



**Trutiya Gruhadhish Param Pujya Goswami 108 Shree Vrajeshkumar
Maharajshri - Kankroli**

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Trutiya Gruh Nidhi - Shri Dwarkadhish Prabhu with Shri Swaminiji (Kankroli)

Namami hridaye sheshe lilakshirabadhi shayinam Lakshmisahashralilabhihi
Sevyamaanam kalanidhim

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Shree Yamuna Maharaniji

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Shri Girirajji – Shri Govardhan (Vraj)

Charturbhishcha Charturbhishcha Charturbhishcha tribhistatha Shadbhirviraajate yosoh
Panchadha hardeyemama.

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SYSTEM OF TRANSLITERATION

V O W E L S

अ	आ	इ	ई	उ	ऊ	
A	Ā	I	Ī	U	Ū	
ऋ	ॠ	ऌ	ॡ	ऐ	ओ	औ
Ṛ	Ṝ	ṌṚ	E	AI	O	AU
ANUSVĀRA		VISARGA		AVAGRAHA		
Ṃ (·)		Ḥ (:)		(˘)		

C O N S O N A N T S

क	ख	ग	घ	ङ	च	छ	ज	झ
KA	KHA	GA	GHA	ṆA	CA	CHA	JA	JHA
ण	ट	ठ	ड	ढ	ण	त	थ	द
ṆA	ṬA	ṬHA	ḌA	ḌHA	ṆA	TA	THA	DA
ध	न	प	फ	ब	भ	म	य	र
DHA	NA	PA	PHA	BA	BHA	MA	YA	RA
ल	व	श	ष	स	ह	क्ष	त्र	ज्ञ
LA	VA/WA	ŚA	ṢA	SA	HA	KṢA	TRA	JÑA



॥ અથ મંગલાચરણમ્ ॥
॥ ATHA MAṄGALĀCARAṄAM ॥

॥ શ્રી કૃષ્ણાય નમઃ ॥
॥ ŚRĪ KṚṢṆĀYA NAMAḤ ॥

॥ શ્રી ગોપીજનવલ્લભાય નમઃ ॥
॥ ŚRĪ GOPIJANAVALLABHĀYA NAMAḤ ॥

॥ શ્રીમદાચાર્ય ચરણકમલેભ્યો નમઃ ॥
॥ ŚRĪMADĀCĀRYA CARAṆAKAMALEBHYO NAMAḤ ॥

॥ શ્રી ગુંસાર્જીપરમદયાલવે નમઃ ॥
॥ ŚRĪ GUṆSĀJĪPARAMADAYĀLAVE NAMAḤ ॥

॥ શ્રી ગુરવે નમઃ ॥
॥ ŚRĪ GURAVE NAMAḤ ॥



(1)

પ્રાતઃસ્મરણમ્ - શ્રી નાથજી અને સાત સ્વરૂપ
PRĀTAḤSMARAṆAM - ŚRĪ NĀTHAJĪ ANE SĀT SWARŪPA

શ્રીગોવર્ધનનાથપાદયુગલં હૈયંગવીનપ્રિયં
ŚRĪGOVARDHANANĀTHAPĀDAYUGALAM HAIYAṄGAVĪNAPRIYAM

નિત્યં શ્રીમથુરાધિપં સુખકરં શ્રીવિઠ્ઠલેશં મુદા ।
NITYAM ŚRĪMATHURĀDHIPAM SUKHAKARAM ŚRĪVITHTHALEŚAM MUDĀ ।

શ્રીમદ્દ્વારવતીશ ગોકુલપતી શ્રીગોકુલેન્દુ વિભું
ŚRĪMADDWĀRAVATĪS' GOKULAPATĪ ŚRĪGOKULENDUM VIBHUM

શ્રીમન્મન્મથ મોહનં નટવરં શ્રીબાલકૃષ્ણં ભજે ॥૧॥
ŚRĪMANMANMATHA MOHANAM NATAWARAM ŚRĪBĀLAKRṢṆAM BHAJE ॥1॥

I remember ShriNathji, Shri Navnit Priyaji, Shri Mathureshji, Shri Vithhalnathji, Shri Dwarkadhishji, Shri Gokulnathji, Shri GokulChandramaji, Shri Madanmohanji, Shri Natvarlalji and Shri Balkrishnalalji.



(2)

શ્રીમહાપ્રભુજી અને એમના વંશ નું સ્મરણ
ŚRĪMAHĀPRABHUJĪ ANE EMANĀ VAṂSH NUṆ SMARAṆA

શ્રીમદ્વલ્લભવિઠ્ઠલો ગિરિધરં ગોવિંદરાયાભિધં
ŚRĪMADVALLABHAVITHTHALAU GIRIDHARAM GOVINDĀRĀYABHIDHAM

શ્રીમદ્બાલકકૃષ્ણ ગોકુલપતી નાથં રઘૂણંસ્તથા ।
ŚRĪMADBĀLAKAKRṢṢṆA GOKULAPATĪ NĀTHAM RAGHŪṆĀMSTATHĀ ।

એવં શ્રીયદુનાયકં કિલ ઘનશ્યામં ચ તદ્વંશજાન્
EVAM ŚRĪYADUNĀYAKAM KILA GHANŚYĀMAM CA TADVAṂS'AJĀN

કાલિંદીં સ્વગુરું ગિરિં ગુરુવિભૂં સ્વીયપ્રભૂંશ્ચ સ્મરેત્ ॥૨॥
KĀLINDĪM SWAGURUM GIRIM GURUVIBHUM SVĪYAPRABHŪNŚCA SMARET ॥2॥

I also remember Shri Mahaprabhuji, Shri Gusainji, Shri Giridharji, Shri Govindraiji, Shri Balkrishnalalji, Shri Gokulnathji, Shri Raghunathji, Shri Yadunathji, Shri Ghanshyamji, Shri Vallabhkul Parivaar, Shri Yamunaji, my Gurudev, Shri Girirajji, my Gurudev's Sevyā Swarup and mine Sevyā Swarup.



(3)

શ્રીમહાપ્રભુજી ને પ્રણામ
ŚRĪMAHĀPRABHUJĪ NE PRAṆĀM

ચિંતાસંતાનહંતારો યત્પાદાંબુજરેણવઃ ।
CINTĀSANTĀNAHAṆTĀRO YATPĀDĀMBUJAREṆAVAḤ ।

સ્વીયાનાં તાંનિજાચાર્યાન્ પ્રણમામિ મુહુર્મુહુઃ ॥૧॥
SVĪYĀNĀN TĀNNIJĀCĀRYĀN PRAṆAMĀMI MUHURMUHUḤ ॥1॥

The divine dust from Shri Vallabh's lotus feet is capable of conquering all the spiritual worries of his devotee. Therefore, I always bow to him.

(4)

શ્રી ગુંસાઈજી ને વંદન
ŚRĪ GUṆSĀĪJĪ NE VAṆDANA

યદનુગ્રહતો જંતુઃ સર્વદુઃખાતિગો ભવેત્ ।
YADANUGRAHATO JAṆTUH SARVADUKHĀTIGO BHAVET ।

તમહં સર્વદા વંદે શ્રીમદ્વલ્લભનંદમ્ ॥૨॥
TAMAHAM SARVADĀ VAṆDE ŚRĪMADVALLABHANĀNDANAM ॥2॥

I also bow to Shri Gopinathji and Shri Gusainji (Shri Vithalnathji) who are sons of Shri Vallabh. Shri Gopinathji and Shri Gusainji's blessings are also capable of giving freedom from all the various causes of spiritual worries.



(5)
પોતાના ગુરુ ને નમન
POTĀNĀ GURU NE NAMANA

અજ્ઞાનતિમિરાંધસ્ય જ્ઞાનાઝ્જનશલાકયા
AJÑĀNATIMIRĀNDHASYA JÑĀNĀÑJANAŚALĀKAYĀ ।
ચક્ષુરુન્મીલિતં યેન તસ્મૈ શ્રીગુરવે નમઃ ॥૩॥
CAKṢURUNMĪLITAṂ YENA TASMAI ŚRĪGURAVE NAMAḤ ॥3॥

I bow to my Gurudev (Shri Vallabh) who is capable of giving me knowledge of spiritual and physical world.

(6)
પ્રભુ ને નમન
PRABHU NE NAMANA

નમામિ હૃદયે શેષે લીલાક્ષીરાબ્ધિશાયિનમ્ ।
NAMĀMI HṚDAYE ŚEṢE LĪLĀKṢĪRĀBDHIŚĀYINAM ।
લક્ષ્મીસહસ્રલીલાભિઃ સેવ્યમાનં કલાનિધિમ્ ॥૪॥
LAKṢMĪSAHASRALĪLĀBHIḤ SEVYAMĀNAṂ KALĀNIDHIM ॥4॥

In kshirsagar, Lord Narayan sleeps happily and comfortably on the bed which is like chest of Sheshnag. In the same way, the sea of Shri Krishna's leela's rise in my heart. In that sea, like a thousand Laxmi's the Gopis are serving the Purna Purshottam Lord Shri Krishna (Liladhari). I am bowing to that same Lord Krishna.



(7)

દશમસ્કંધરૂપ પ્રભુ નાં હૃદય માં બિરાજવું
DAŚAMASKAṆDHARŪPA PRABHU NĀṆ HRDAYA MĀṆ BIRĀJAVUṆ

ચતુર્ભિશ્ચ ચતુર્ભિશ્ચ ચતુર્ભિશ્ચ ત્રિભિસ્તથા ।
CATURBHIŚCA CATURBHIŚCA CATURBHIŚCA TRIBHISTATHĀ ।

ષડ્ભિર્વિરાજતે યોડસૌ પાંચધા હૃદયે મમ ॥૫॥
ṢADBHIRVIRĀJATE YO'SAU PĀNCADHĀ HRDAYE MAMA ॥5॥

The Tenth canto [chapter] of SHRIMAD BHAGHAVATAM describes the Lilas of Eternal Lord SHREE KRISHNA. It is divided into Five Prakarannas, [divisions] they are:-

1. Four (4) addhyayeh [chapters] of JANMAH Prakaran.
2. Four (4) sub-divisions of Tamas Prakaran.
3. Four (4) sub-divisions of Rajas Prakaran.
4. Three (3) sub-divisions of Satvik Prakaran.
5. Six (6) addhyayeh [chapters] of Gunah: Prakaran.

I prostrate before LORD KRISHNA who lies in my heart and whose SWARUP arises out of the Tenth canto [chapter] which is divided in to 5 Prakaranas.



(8)

વેણુનાદ સમય ના શ્રી કૃષ્ણ સ્વરૂપ નું ધ્યાન
VEṆUNĀDA SAMAYA NĀ ŚRĪ KṚṢṆA SWARŪPA NUṆ DHYĀNA

બર્હાપીડં નટવરવપુઃ કર્ણયોઃ કર્ણિકારમ્
BARHĀPĪDAM NAṬAWARVAPUḤ KARṆAYOḤ KARṆIKĀRAM

બિભ્રદ્વાસઃ કનકકપિશં વૈજયંતિં ચ માલામ્ ।
BIBHRADVĀSAḤ KANAKAKAPIŚAM VAIJAYANTIM CA MĀLĀM ।

રંધ્રાન્ વેણોરધરસુધયા પુરયં ગોપવૃંદૈઃ
RANDHRAN VEṆORADHARASUDHAYĀ PURAYAN GOPAVṚṆDAIḤ

વૃંદારણ્યં સ્વપદરમણં પ્રાવિશદ્ ગીતકીર્તિઃ ॥૧॥
VṚṆDĀRAṆYAM SWAPADARAMANAM PRĀVIŚAD GĪTAKĪRTIḤ ॥1॥

(9)

શ્રી મહાપ્રભુજી ના સ્વરૂપ નું ધ્યાન
ŚRĪ MAHĀPRABHUJĪ NĀ SWARŪPA NUṆ DHYĀNA

સૌંદર્ય નિજહૃદ્ગતં પ્રકટિતં સ્ત્રીગૂઢભાવાત્મકં
SAUṆDARAYAM NIJAHRDGATAM PRAKAṬITAM STRĪGŪḐHABHĀVĀTMAKAM

પુંરૂપં ચ પુનસ્તદંતરગતં પ્રાવીવિશત્ સ્વપ્રિયે ।
PUMRŪPAṆ CA PUNASTADAṆTARAGATAM PRĀVĪVIŚAT SWAPRIYE ।

સંશ્લિષ્ટાવુભયોર્બભૌ રસમયઃ કૃષ્ણો હિ યત્સાક્ષિકં
SANŚLIṢṬĀVUBHAYORBABHAU RASAMAYAḤ KṚṢṆO HI YATSĀKŚIKAM

રૂપં તત્ ત્રિતયાત્મકં પરમભિધ્યેયં સદા વલ્લભમ્ ॥
RŪPAM TAT TRITAYĀTMAKAM PARAMABHIDHYEYAM SADĀ VALLABHAM ॥



(10)

શ્રી ગોપીનાથજી ના સ્વરૂપ નું ધ્યાન
ŚRĪ GOPĪNĀTHAJĪ NĀ SWARŪPA NUṆ DHYĀNA

શ્રી વલ્લભપ્રતિનિધિં તેજોરાશિં દયાર્ણવમ્ ।
ŚRĪ VALLABHAPRATINIDHIṆ TEJORĀŚIṆ DAYĀRṆAVAM ।

ગુણાતીતં ગુણનિધિં શ્રીગોપીનાથમાશ્રયે ॥
GUṆĀTĪTAM GUṆANIDHIṆ ŚRĪGOPĪNĀTHAMĀŚRAYE ॥

(11)

શ્રી ગુંસાઈજી ના સ્વરૂપ નું ધ્યાન
ŚRĪ GUṆSĀIJĪ NĀ SWARŪPA NUṆ DHYĀNA

સાયં કુંજાલયસ્થાડસનમુપવિલસત્સ્વર્ણપાત્રં સુધૌતમ્
SĀYAṆ KUṆJĀLAYASTHĀSANAMUPAVILASATSWARṆAPĀTRAM SUDHAUTAM

રાજદ્યજ્ઞોપવીતં પરિતનુવસનં ગૌરમંભોજવક્ત્રમ્ ।
RAJADYAJÑOPAVĪTAM PARITANUVASANAM GAURAMAMBHOJAVAKTRAM ।

પ્રાણાનાયમ્યનાસાપુટનિહિતકરં કર્ણરાજદ્વિમુક્તમ્
PRĀṆĀNĀYAMYANĀSĀPUṬANIHITAKARAM KARṆARĀJADVIMUKTAM

વંદે ધૌન્મીલિતાક્ષં મૃગમદતિલકં વિઠ્ઠલેશં સુકેશમ્ ॥
VAṆDE DHONMĪLITĀKṢAM MRĠGAMADATILAKAM VITHTHALEŚAM SUKEŚAM ॥

॥ ઇતિ મંગલાચરણમ્ સંપૂર્ણમ્ ॥
॥ ITI MAṆGALĀCARAṆAM SĀMPŪRṆAM ॥



Who are we ??



- We are “Ansh” of Supreme being. Part of whole.
 - How? (Refer: Scriptures of Sanatan Dharma)

यथाग्नेः क्षुद्राविस्फुटिङ्गाः स्वेच्छयायन्ति ।

- Inherently, Servants of the Supreme Being
 - How? Because we are part of it.
- Some may deny this and some may accept it.
 - But truth is truth. Who will deny that he/she is not child of his/her parents?



Whats the objective?



- The Universe (“Brahmand”) and Jeevas (“we”) are created by, within, with Supreme Being.
- Why are they created?
 - It’s a “**Divine Play**” of Supreme Being. (Ref: Vedas)
- Not because “we did sins in previous births”.
- Not because someone else other then Supreme being has created it.
- “Decide you want to be Atheist or theist.” (Truth is Truth, you can’t deny)
- Do not be agnostic, negative, frustrated.

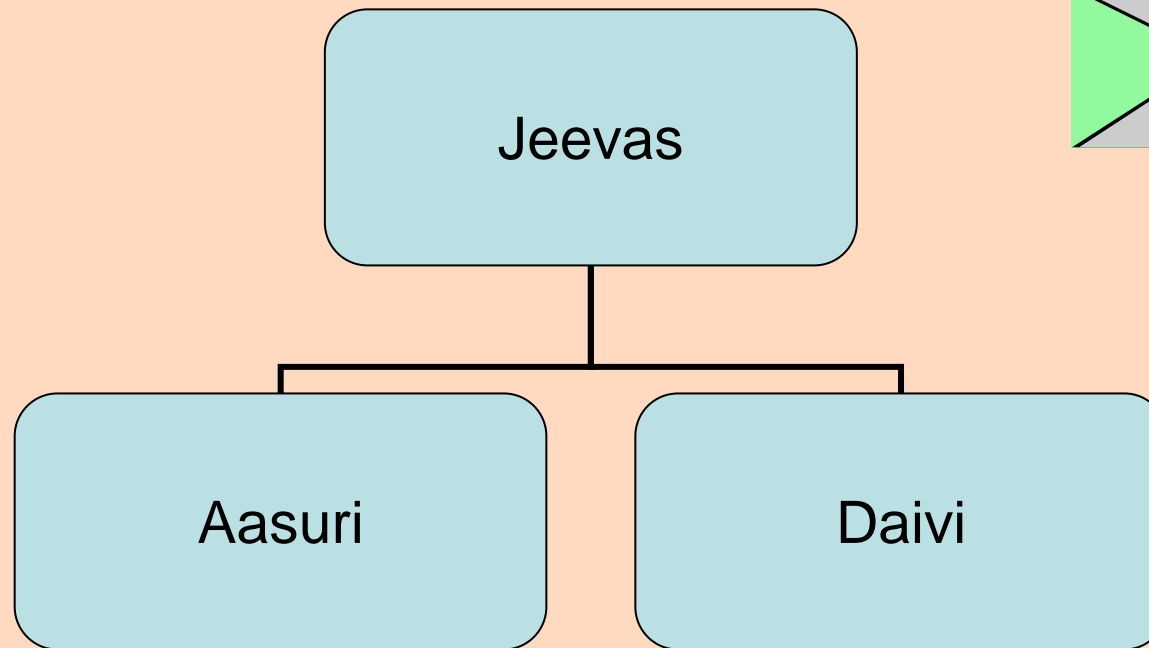
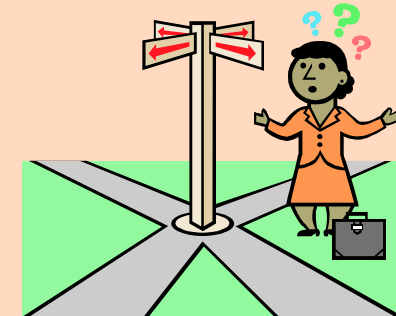


So, what is our duty?

- If you know who you are and where you came from and where am I, then it is logically implied that **ONE SHOULD SERVE SUPREME BEING**. (For e.g. “Won’t you serve your parents???”)
- Does everyone understand/Act this? No. Why? Because it’s a “Divine play”. But that doesn’t mean to knowingly not understand and act.
- Why one does not understand this fact? Because Supreme being has basically created 2 types of Jeevas
 - Details on next slide.



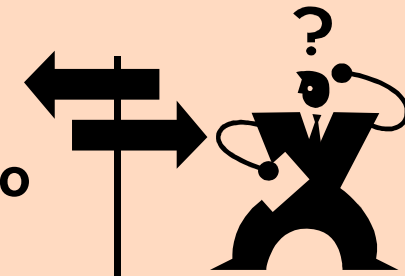
Types of Jeevas



-Aasuri: Duty is NOT to follow Supreme Being's Orders

-Daivi: Duty is follow Supreme Being's Orders

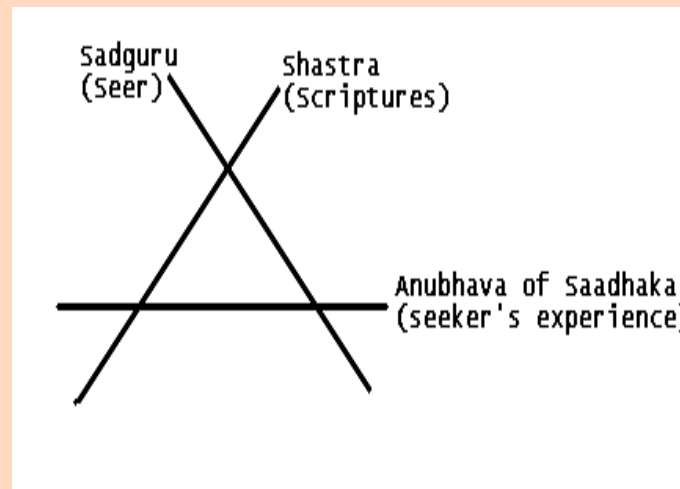
Know and Decide what are you and what you want to be!!!!!!!!!!!!





What should I do, I am Daivi.

- Read, Understand and Act Scriptures of Sanatan Dharma
- But, what are scriptures? What is the classification?
 - Details on Next Slide





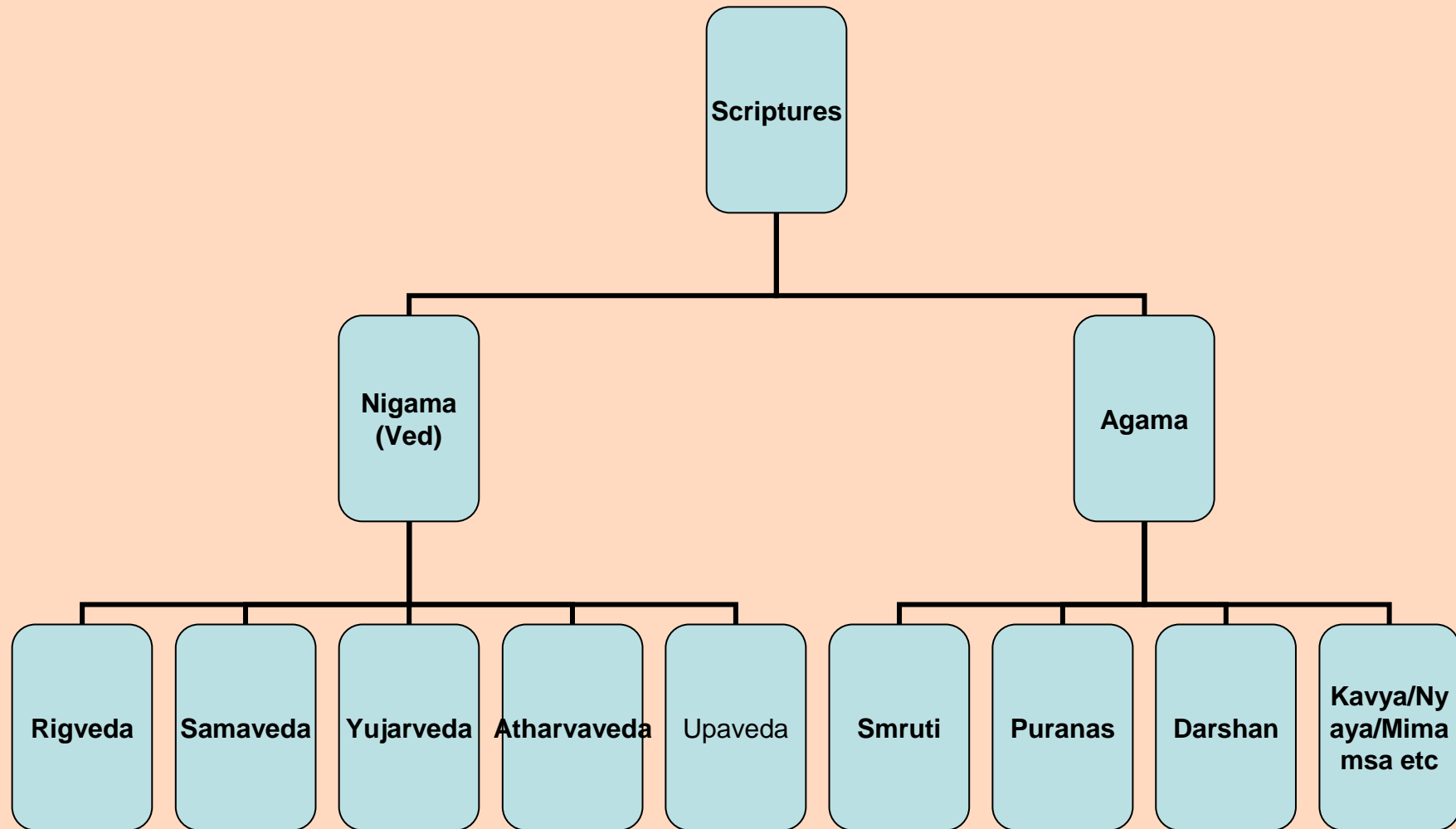
WHAT IS VEDA ???

Vedas are the eternal truths revealed by GOD to the great Ancient Rishis of India. The Rishis saw the truths or Heard them. Therefore, the Vedas are what are heard (Shruti). The Rishi did not create it out of his mind. He Was the Seer of truth which existed already. He was Only the Spiritual Discoverer of the thought.

Vedas came from SUPREME BEING HIMSELF and are not from any Messengers of God or man made.



Classification of Scriptures of Sanatam Dharma





MORE ON VEDAS



Veda Vyasa Muni

The great compiler of the Veda and Puranas is Vyasa Krishna Dwaipayana.

Hindus traditionally hold that Vyasa categorised the primordial single [Veda](#) into four. Hence he was called Veda Vyasa, or "Splitter of the Vedas," the splitting being a feat that allowed people to understand the divine knowledge of the Veda. The word Vyasa means split, differentiate, or describe.

VEDAS are revelations of Truth without Beginning or End. Other religions claim their authority as being delivered by messenger of God, but the Vedas owe their authority to SUPREME BEING ITSELF.



Religion and Dharma

1. Etymology of word “Religion”:

Latin word “Re” + “Ligare”. “Re” means Again and “Ligare” means “Join with Supreme Being”. In Sanskrit terms, its called “Yoga”.

2. “Dharma”: The word “Dharma” cannot literally mean “Religion” in English. It can be conveyed as “Duties” in terms of English.

Biggest Difference between Human Being and Animal??

- MIND (HIGHER IQ), Intelligence, Emotions (Bhav)



DIFFERENCES BETWEEN HUMAN AND ANIMAL

- Ability to discriminate between Right and Wrong actions
- Ability to think of its own Existence
- Self-Realization (Atma-Gnan), Study of Soul
- Human form needed to perform Good Actions
- Human form needed to acquire Knowledge of GOD(Supreme Being) and Knowledge of Soul.
- Human Form needed to devote Oneself to God. Bhakti or Devotion can only be done in Human Form out of all the infinite Species in this whole Universe.
- Human Form needed to attain Liberation from the cycle of life and death.
- In Human Form you can identify yourself as a part of SuperSoul and realize that you have been wandering in this world for thousands of years and it is time to awaken yourself from this deep sleep and start following a righteous path of life leading to Devotion to God.
- In Human Form only you can have a relation with God (Brahmasambandh).



- Even after knowing the differences why do we still live like an animal ??? (eg. not devoting oneself to God, multi affairs)
- Why do we still behave like animals ??? (e.g. anger, ego, our behaviour)
- Can we change ourselves??? YES WE CAN!!!
- We don't want to waste this human life and also miss this opportunity which can unite us with Lord Himself.
- If you don't realize this now, then it will be too late for you might never get another opportunity.



GRACES (KRUPA) Lord Shri Krishna HAS DONE ON YOU:

1. You have a HUMAN LIFE
2. You Have a HEALTHY HUMAN LIFE (no inborn mental/Physical conditions)
3. You are born in a VAISHNAV FAMILY!!!
4. You have a GURUDEV (Vallabhkul Guru)
5. YOU HAVE TAKEN BRAHMASAMBANDH (Relationship with LORD)
6. YOUR FAMILY MEMBERS ARE DOING SEVA OF Lord Shri Krishna

Inspite of all ambient conditions and if we are not doing anything then there is something lacking from our side and not from Shri Thakorji's side.

We have to ignite the Fire of Self Realization within OURSELVES for the Upliftment of Our Soul for our Own self.



What should I do for the upliftment of my soul & others???

In this TV age, with less parental control on what their kids watch and as a result our values, principles have gone very down and is on verge of complete destruction.

Giving Religious Sanskars to Children at early ages. If not done at early ages, then it will be very difficult to turn them at later age and you may see your child as a non believer in God and you may lose your child in the strong flow of unstable and uncertain world. Movies and serials promote smoking/drinking as a way of social life and only way you can protect your child is by giving Strong Values of our Pushti Culture.

It is also a duty of every Parent and Grand Parent try to inculcate our Pushti Sanskars in our Children for the upliftment of their souls. Parents and grand parents should spend time with children instead watching senseless serials and should make a habit of daily Satsang at home. If Parents/ Grandparents won't do it then how can you expect your kids to do it??



Also, everyone is exposed to other religions and beliefs which leads to more confusion especially to young kids as what to follow. And once they grow up, at an elderly age it is difficult to mend their beliefs. As a result, our kids will be unknown of our Pushtimarga and they might become non-believer in God.

The objective of this class is to get accustomed to Basics of our culture, knowledge of Swarups, Recitation of Stotras and it is very beneficial if started at early age. We highly encourage parents and grandparents to take more interest and try to inculcate few basic things in their daily life and also in their kids and grandkids lives too. If kids at young age will receive basic education of our Marg, then they will develop interest in getting more spiritual education and will qualify them more to attain a higher spiritual level.

Even if parents are unknown about the basics then also you don't have to worry. It is always better to be late than NEVER. You can complete your basic education class and pass this teachings to your kids and incorporate in their daily lifestyle.



JAI SHREE KRUSHNA

SHREE KRUSHNAH SHARANAM MAM

SHREE VALLABHADHISH KI JAI

JAI SHREE VALLABH JAI SHREE VITTHAL
JAI SHREE YAMUNA JAI SHREE NATHJI

SAY WITH LOVE : “JAI SHREE KRUSHNA”



Supreme Being: Shree Krishna

- But, who is the Supreme Being??
 - Lord Shree Krishna is the Supreme Being. He is omnipresent, omniscient and omnipotent.
- How?
 - Scriptures says so. Sanatan Dharm Scriptures i.e. Vedas, Smritis, Puranas, Itihasas etc reveals the identity of Supreme Being.
- What are the references?
 - Numerous references in scriptures. Some are quoted below:
 - Vedas:
 - Gayatri Mantra: ‘Savituhu’ word refers to Shree Krishna. Thus, this mantra describes Krishna only.

तत्सवितुर्वरेण्यं भर्गो देवस्य



Supreme Being: Shree Krishna

- Vedas:

Gopal Tapiniya Upanishad: Gives the Etymology of name 'Krishna' as Supreme God Head.

कृषिर्भूवायकः शब्दो ज्ञश्च निर्वृति वायकः ।
तयोरैक्यं परब्रह्म कृष्ण इत्यभिधीयते ॥

- Infact, word 'Brahm' refers to Shree Krishna ONLY in Vedas

- Smritis:

- Bhagwad Geetaji(15-18): Shree Krishna says to Arjuna that “I am ParBrahm, and Purushottam. No one is above me.”

“यस्मात्क्षरमतीतोऽहमक्षरादपि योत्तमः ।
अतोऽस्मि लोके वेदे च प्रथितः पुरुषोत्तमः ॥”

- Shatataap Smriti:

गोविन्दगोपीजनवल्लभेशः कंसासुरघ्न स्त्रिदशेशबन्धः
भोदानृतः कुहतेदयालुरशाननाथादपितारिवर्गः ॥ २



Supreme Being: Shree Krishna

- Puranas:

- Shreemad Bhagwatam:

- Satyam Param Dhimahi (1-1-1)

जन्माद्यस्य यतोऽन्वयादि तरतश्चार्थेष्वभिज्ञ स्वराद् ।
तेने ब्रह्म हृदा य आदिकवये मुह्यति यत्सूरयः ॥
तेजोवारीमृदां यथा विनिमयो यत्रः त्रिसर्गोऽभूषा ।
धाम्ना स्वेन सदा निरस्तकुष्ठकं सत्यं परं धीमहि ॥ १ ॥

- SatyaVratam Satya Param ... (10-2-26)
 - Satyam Param Dhimahi (12-13-19)
 - Krishna is the Supreme Bhagwan.

“कृष्णस्तु भगवानं स्वयम्”



Supreme Being: Shree Krishna

- Puranas:

- Garg Samhita: All others like Vyasa, Marichi, Kapila, Shiva etc are Guna, Avesh, Ansh avatars (Partial Manifestation) of Shree Krishna only. But, Shree Krishna is Anshi of all. Whole of part.

* श्रीनारद उवाच

अंशांशोऽशस्तथाऽऽवेशः कला पूर्णः प्रकथ्यते । व्यासाद्यैश्च स्मृतः षष्ठः परिपूर्णतमः स्वयम् ॥
अंशांशस्तु मरीच्यादिरंशा ब्रह्मादयस्तथा । कलाः कपिलकूर्माद्या आवेशा भार्गवादयः ॥
पूर्णे नृसिंहे रामश्च श्वेतद्वीपाधिपो हरिः । वैकुण्ठोऽपि तथा यज्ञो नरनारायणः स्मृतः ॥
परिपूर्णतमः साक्षाच्छ्रीकृष्णो भगवान् स्वयम् । असंख्यब्रह्माण्डपतिर्गोलोके धाम्नि राजते ॥
कार्याधिकारं कुर्वन्तः सदंशास्ते प्रकीर्तिताः । तत्कार्यभारं कुर्वन्तस्तेऽंशांशा विदिताः प्रभोः ॥

- Tantra: Narad Panchratra:

“सानन्दं परमानन्दं गोविन्दं नन्द नन्दनम् ।
भज तात परं ब्रह्म स्मर शश्वत् सुरेश्वरम् ॥”



Supreme Being: Shree Krishna

- Shree Mahaprabhuji Shree Vallabhacharyaji: Numerous references. Some are quoted below:

- Nibandh (Shastrarth Prakaran): (karika 11)

“યજ્ઞરૂપો હરિઃ પૂર્વકાણ્ડે બ્રહ્મતનુઃ પરે ।
અવતારી હરિઃ કૃષ્ણઃ શ્રીભાગવત ઈર્યતે ॥”

- Nibandh (Shastrarth Prakaran)

મંત્રોઽપ્યેકં સ્તસ્યનામાનિયાનિ

- Siddhant Muktavali:

“પરંબ્રહ્મ તુ કૃષ્ણો હિ”

- Antahkaran Prabodh:

કૃષ્ણાત્પરં નાસ્તિ દેવં

- Krishnashraya:

પ્રાકૃતાઃ સકલા દેવા ગણિતાનંદકં બૃહત્ ।
પૂર્ણાનંદો હરિસ્તસ્માત્કૃષ્ણ એવ ગતિર્મમ ॥



Supreme Being: Shree Krishna

- Subodhini:

श्रीकृष्णं परमानन्दं दशवीणायुतं सदा ।
सर्वभक्तसमुच्चरे विस्फुरन्तं परं नुमः ॥

“नमो भगवते तस्मै कृष्णायाद्भुत कर्मणे ।
रूप नाम विभेदेन जगत् कीडति यो यतः ॥”

- Mudhusudan Sarasvati (Shankar Mat): Krishna is Param Tatva.
 - No one is above this tatva
 - Krishnatparam Kimapi Tatvamaham Na Jaane”



Supreme Being: Shree Krishna

- What about Brahma, Vishnu, Mahesh and other Demi Gods?
 - They are the partial manifestation, circumstantial manifestation of Lord Shree Krishna.
 - They are controlled by Supreme Lord Shree Krishna only.
- For e.g. Hierarchical Structure of Power of control.



Lord Shrinathji



Shri Goverdhannathji
Patotsav – Maha Sud 7
Appeared at Shri Giriraji, Jatipura
Currently at Nathadwara, Rajasthan

Lord ShriNathji is also known as Shri Goverdhannathji. ShriNathji appeared from Girikandra. This Goverdhan mountain is located in Jatipura (Vraj), Uttar Pradesh, India. Our Gurudev, Shri Mahaprabhuji brought Shrinathji out, from the cave in the Giriraj mountain known as “Girikandra” and placed ShriNathji inside the temple, which they had built so devotionally.

Note: Shri Giriraji is not an ordinary mountain, but is a swarup of Shri Nathji Himself. That is why even Lord Krishna worshipped it by offering the Annakut Bhog.

After many years Lord Shrinathji traveled from Vraj to Nathadwara, Rajasthan, India.

“Lord Shrinathji is Lord Shri Krishna”



Shri Yamunaji – Mother of Pushti Jeev

Shri Yamunaji's form is Aloukik (not a worldly form). She resides on earth in the form of a flowing river. Maharanima gives Darshan to her Bhaktas at Vishram Ghat in Mathura and also at Govind Ghat in Gokul. Every morning at 5am and evening at 6 pm on Vishram Ghat, Shri Yamuna Maharani's Aarti is done.

Those who sip Your waters are never tormented by Yama, the God of retribution, for how could He ever harm the children of His younger sister, even if they are bad? Those who worship You become beloved to Hari just like Gopis.

With the Grace of Shri Yamunaji, Shri Thakorji gets pleased over us and he also accepts Seva from us. Atleast once in our lifetime, we should do Yamuna Darshan and Yamuna Paan (sip Yamuna water). Shri Yamunaji's another name is Kalindiji. Everyday we should remember Shri Yamunaji.

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Shyam Sundar
Shri Yamuna Maharani
Ki Jai



Shri MahaPrabhuji

Shri MahaPrabhuji appeared at Champaran, India. Shri Thakorji HIMSELF appeared in the form of Shri MahaPrabhuji. His father's name is Shri Lakshman Bhatji and mother's name is Smt. Ilamagaruji. At a very small age, Shri MahaPrabhuji acquired all Vedic knowledge.

With open feet, Shri MahaPrabhuji traveled all over India "THREE TIMES" and gave Brahmasambandh to lot of Vaishnavs and made them Sevaks.

Shri MahaPrabhuji is the Founder of Pushtimarga and he also wrote many Granths which teaches us the principles of Pushtimarga and attainment of God. He has 84 Nirguna Sevaks. Shri MahaPrabhuji is everyone's Gurudev and we bow to him.



Acharya Charan
Shri Mahaprabhuji Shri Vallabhacharya

Pragatya Location : Champaran, India
Pragatya Day : Savant 1535 Chaitra Vad 11



Shri Gopinathji – Eldest son

Shri Mahaprabhuji has 2 sons. Elder son's name is Shri Gopinathji, the eldest of the two, was very studious and extremely intelligent. He was a great scholar and wrote a number of treatises to explain the inner workings of Pushti Marg as set up by his father. One of the works i.e. 'Sadhan Deepika' is a wonderful text full of bhav and gives precise instructions on acharan - the dos and don'ts of the sect.

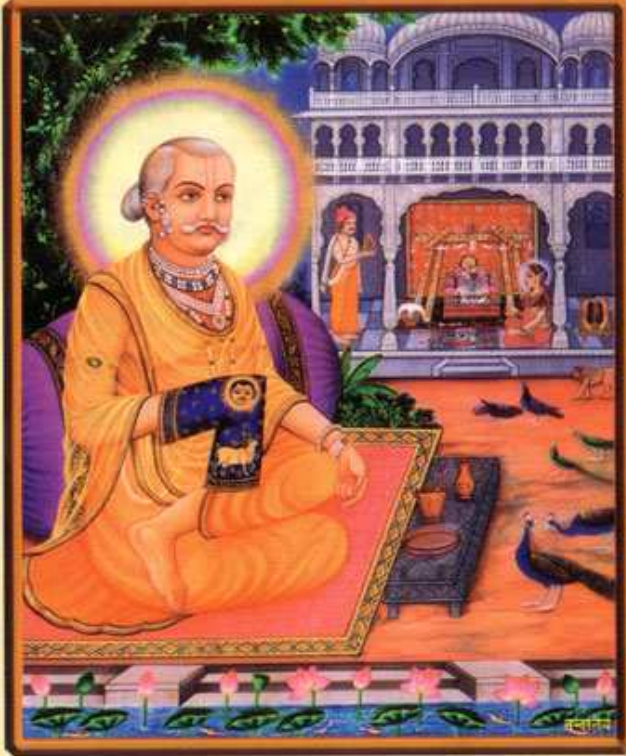
Shri Gopinathji was so immersed in worshipping the Lord and reading the 10th Canto of Shrimad Bhagvatam, that he would not even have his meal till he had completed all his spiritual duties. Often this meant that he was not free till late in the afternoon. Ever compassionate, Shri Vallabh composed PurushottamSahasranama and instructed Gopinathji to recite that text in place of the Shrimad Bhagvatam. Though this is shorter in length, it contains the essence of the Lord and His lilas and is thus equal in merit to reading the entire 10th Canto of S.Bh. This freed up more time for Gopinathji to assist his father in spreading the Pushti philosophy



**Shri Gopinath Prabhucharan –
Eldest Son of Shree Mahaprabhuji**



Shri Gusainji



શ્રી વિકલનાથજી - શ્રીગુસાંઈજી

પ્રાકટ્ય : સં. ૧૫૭૨ માગશર વદિ- ૯

Prabhucharan Shri Vithalnathji

Pragatya Location : Charnat

Shri Mahaprabhuji has 2 sons. Elder son's name is Shri Gopinathji and younger son's name is Shri Vithalnathji (Shri Gusainji). Shri Mahaprabhuji established a new marga called Pushtimarga and Shri Gusainji expanded Pushtimarga. God Himself appeared in the form of Shri Gusainji. Therefore, He had all qualities of God. Shri MahaPrabhuji initiated Shri Thakorji's Seva and Shri Gusainji propagated this Seva Marga. Shri Gusainji has knowledge in all the fields and in Shri Thakorji's Seva he added different kinds of clothing, ornaments, samagri, kirtan which is still followed today.

Shri Gusainji appeared at Charnat village located near Benares, India. He lived most of his life in Gokul and everyday He would perform Seva of Shri Navnitpriyaji at Home and then he would ride a horse to Jatipura to perform Seva of Shri Nathji. Both Nidhi Swarups are currently at Nathadwara, Rajasthan, India.

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શ્રી ય મુ નાષ્ ટ કમ્ ŚRĪ YA MU NĀṢ ṬA KAM

શ્રી યમુનાજી ના દિવ્ય સ્વરૂપ નું વર્ણન
ŚRĪ YAMUNĀJĪ NĀ DIVYA SWARŪPA NUṆ VARṆANA

ના મા મિ ય મુ ના મા હં સા ક લા સિદ્ધિ હે તું મુ દા
NA MĀ MI YA MU NĀ MA HAṆ SA KA LA SID DHI HE TUṆ MU DĀ

મુ રા રિ પ દ પં ક જ સ્ફુ ર દ મં દ રે ઇત્ ક ટા મ્ ।
MU RĀ RI PA DA PAṆ KA JA SPHU RA DA MAṆ DA RE NŪT KA ṬĀM

તા ટસ્ થ ના વા કા ના ના પ્રા ક ટ મો દ પુષ્ પાં બુ ના
TA ṬAS THA NA VA KĀ NA NA PRA KA ṬA MO DA PUṢ PĀM BU NĀ

સુ રા સુ ર સુ પૂ જિ ત સ્મા ર પિ તુઃ શ્રિ ય બિ ભ્રા તીમ્ ॥૧॥
SU RĀ SU RA SU PŪ JI TA SMA RA PI TUH ŚRĪ YAM BI BHRA TĪM ॥1॥

I (Shri Vallabh) bow joyfully to Shri Yamunaji, the giver of divine super natural powers for experiencing the Bhagvadleela. Shri Yamunaji is loaded with the glistening sands emanating from the lotus feet of Murari Shri Krishna. The water of Shri Yamuna is scented with the perfumes of blossomed flowers from the forests located on the banks of Shri Yamuna. Such Shri Yamuna is worshipped by demi-gods and demons equally. II1II



ક લિં દ ગિ રિ મ સ્તા કે પ ત દ મં દ પૂ રોજ્ જ્વા લા
KA LIÑ DA GI RI MA STA KE PA TA DA MAÑ DA PŪ ROJ JWA LĀ
વિ લા સ ગ મ નોલ્ લા સત્ પ્ર ક ટ ગણ્ડ શૈ લોન્ ન તા ।
VI LĀ SA GA MA NOL LA SAT PRA KA ṬA GAṆDA ŚAI LON NA TĀ ।
સ ઘો ષ ગ તિ દં તુ રા સ મ ધિ રુ ઢ દો લોત્ ત મા
SA GHO ṢA GA TI DAÑ TU RĀ SA MA DHI RU ḌHA DO LOT TA MĀ
મુ કું દ ર તિ વર્દિ ની જ ય તિ પદ્ મ બં ધોઃ સુ તા ॥૨॥
MU KUÑ DA RA TI VARDDHI NĪ JA YA TI PAD MA BAÑ DHOḤ SU TĀ ॥2॥

"Falling forcefully from the top of Mount Kalindi Shri Yamunaji appers to be crystal white and looks beautiful with her luxurious flow through cheek like rocks of mountain. Shri Yamunaji follows a zig-zag path noisily and while she flows up and down she looks as if sitting on a beautiful swing. Shri Yamunaji is superior as she enhances our love towards lotus-feet of Lord Mukund. II2II



ભુ વં ભુ વ ન પા વ ની મ ધિ ગ તા મ ને ક સ્વ નૈઃ
BHU VAṂ BHU VA NA PĀ VA NĪ MA DHI GA TĀ MA NE KA SVA NAIḤ

પ્રિ યા ભિ રિ વ સે વિ તાં શુ ક મ યૂ ર હં સા દિ ભિઃ ।
PRI YĀ BHI RI VA SE VI TĀM ŚU KA MA YU RA HAṆ SĀ DI BHIḤ ।

ત રં ગ ભુ જ કં ક ણ પ્ર ક ટ મુક્ તિ કા વા લુ કા
TA RAṆ GA BHU JA KAṆ KA ṆA PRA KA ṬA MUK TI KĀ VĀ LU KĀ

નિ તં બા ત ટ સું દ રીં ના મ તા કૃ ષ્ણ તુર્ય પ્રિ યામ્ ॥૩॥
NI TĀM BA TA ṬA SUNḌA RĪM NA MA TA KṚ ṢṆA TURYA PRI YĀM ॥3॥

Bow down to Shri Yamunaji the fourth beloved of Lord Shri Krishna, who has come down to earth to sanctify it and on earth she is served by parrots, peacocks, swans etc. with melodious noises as if served by loving friends. Shri Yamunaji wears bangles in the form of waves and sand on them looks like pearls. Shri Yamunaji looks beautiful with hips in the form of her two banks. ॥3॥



અ નાં ત ગુ ણા ભૂ ષિ તે શિ વ વિ રં ચિ દે વસ્ તુ તે
A NAÑ TA GU ÑA BHŪ ŚI TE ŚI VA VI RAÑ CI DE VAS TU TE
ઘ ના ઘ ન નિ ભે સ દા ધ્રુ વ પ રા શ રા ભીષ્ ટ દે ।
GHA NĀ GHA NA NI BHE SA DĀ DHRĀ VA PA RĀ ŚA RĀ BHĪṢ ṬA DE ।
વિ શુદ્ધ ધ મ થુ રા ત ટે સ ક લ ગો પ ગો પી વૃ તે
VI ŚUD DHA MA THU RĀ TA ṬE SA KA LA GO PA GO PĪ VR TE
કૃ પા જ લ ધિ સં શ્રિ તે મ મ મ નઃ સુ ખં ભા વ ય ॥૪॥
KR PĀ JA LA DHI SAÑ ŚRI TE MA MA MA NAḥ SU KHAÑ BHĀ VA YA ॥4॥

Shri Yamunaji is adorned with countless virtues and is worshipped by Shiv, Brahma and other gods. She has a luster of rain filled clouds and fulfills the desires of sages like Dhruv and Parasher. Pious city Mathura is situated on her banks and she is surrounded by Gop and Gopees whose only refuge is Kripasagar Shri Krishna. O Shri Yamuna! please bless me with the happiness of mind ॥4॥



ય યા ચ રણ પદ્મ જા મુ ર રિ પોઃ પ્રિ યં ભા વુ કા
YA YĀ CA RA ṆA PAD MA JĀ MU RA RI POḤ PRI YAM̐ BHĀ VU KĀ

સ મા ગ મ ન તો ડ ભ વત્ સ ક લ સિદ્ધિ દા સે વ તામ્ ।
SA MĀ GA MA NA TO' BHA VAT SA KA LA SID DHI DĀ SE WA TĀM ।

ત યા સ દ શ તા મિ યાત્ ક મ લ જા સ પત્ની વ યત્
TA YĀ SA DR̥ ŚA TĀ MI YĀT KA MA LA JĀ SA PATNĪ VA YAT

હ રિ પ્રિ ય ક લિં દ યા મ ન સિ મે સ દા સ્થી ય તામ્ ॥૫॥
HA RI PRI YA KA LIN DA YA MA NA SI ME SA DĀ STHĪ YA TĀM ॥5॥

Shri Gangaji who has emerged from the lotus feet of God could become beloved of Krishna and fulfilled every wish of her followers only after her merger with Shri Yamunaji. Shri Yamunaji can be compared with lotus born Shri Lakshmiji only, who is also Shri Krishna's beloved. Shri Yamunaji who destroys all the ills of Shri Krishna's devotees may live in my (Shri Vallabh's) heart forever. II5II



ના મો ડ સ્તુ ય મુ ને સા દા ત વ ચ રિ ત્ર મ ત્યાદ્ ભુ તમ્
NA MO' STU YA MU NE SA DĀ TA VA CA RI TRA MA TYAD BHU TAM

ના જા તુ ય મ યા ત ના ભા વ તિ તે પ યઃ પા ન તઃ ।
NA JĀ TU YA MA YĀ TA NĀ BHA VA TI TE PA YAḤ PĀ NA TAḤ ।

ય મો ડ પિ ભા ગિ ની સુ તાં ક થ મુ હન્ તિ દુષ્ ટા ન પિ
YA MO' PI BHA GI NĪ SU TĀN KA THA MU HAṆ TI DUṢ ṬĀ NA PI

પ્રિ યો ભા વ તિ સે વ નાત્ ત વ હ રેર્ય થા ગો પિ કાઃ ॥૬॥
PRI YO BHA VA TI SE WA NĀT TA VA HA RERYA THĀ GO PI KĀḤ ॥6॥

O Shri Yamuna! Your character is wonderful!! A person who partakes your water has no fear of pain inflicted by *Yama*-the god of death-as how could he hurt his sister's sons (devotees). However wicked they may be because they become beloved of Shri Krishna like Gopikas by serving you! O Shri Yamuna! Let us pay obeisance to you incessantly.॥6॥



મ મા ડ સ્તુ ત વ સં નિ ધૌ ત નુ ન વ ત્વા મે તા વ તા
MA MĀ' STU TA VA SAṆ NI DHAU TA NU NA VA TVA ME TĀ VA TĀ
ના દુર્લા ભા ત મા ર તિર્મુ ર રિ પૌ મુ કું દ પ્રિ યે ।
NA DURLA BHA TA MĀ RA TIRMU RA RI PAU MU KUṆ DA PRI YE ।
અ તો ડ સ્તુ ત વ લા લ ના સુ ર ધુ ની પ રં સં ગ માત્
A TO' STU TA VA LĀ LA NĀ SU RA DHU NĪ PA RAṆ SAṆ GA MĀT
ત વૈ વ ભુ વિ કીર્તિ તા ન તુ ક દા પિ પુષ્ ટિ સ્થિ તૈઃ ॥૭॥
TA VAI VA BHU VI KĪRTI TĀ NA TU KA DĀ PI PUṢ ṬI STHI TAIḤ ॥7॥

O beloved of Mukund, Shri Yamuna! By your nearness let my body become new (worthy) so to gain the love of Shri Krishna-the enemy of demon Mura- is not difficult. So let us shower you with love (by reciting your name) as Ganga became famous only after merging with you and was not worshipped by Pushti-Jivas before that.II7II



સ્તુ તિં ત વ ક રો તિ કઃ ક મ લ જા સ પ ત્નિ પ્રિ યે
STU TIM TA VA KA RO TI KAḤ KA MA LA JĀ SA PA TNI PRI YE

હ રેર્ય દ નુ સે વ યા ભ વ તિ સૌ ખ્ય મા મો ક્ષ તઃ ।
HA RERYA DA NU SE WA YĀ BHA VA TI SAU KHYA MĀ MO KṢA TAḤ ।

ઈ યં ત વ ક થા ડ ધિ કા સ ક લ ગો પિ કા સં ગ મઃ
I YAM TA VA KA THĀ' DHI KĀ SA KA LA GO PI KĀ SAṅ GA MAḤ

સ્મ ર શ્ર મ જ લા હુ ભિઃ સ ક લ ગા ત્ર જૈઃ સં ગ મઃ ॥૮॥
SMA RA ŚRA MA JA LĀ ṆU BHIḤ SA KA LA GĀ TRA JAIḤ SAṅ GA MAḤ ॥8॥

O! Shri Yamunaji! the co-wife of Laxmiji! The beloved of Krishna!! No one is competent enough to praise you. By worshipping Laksmiji with Shri Hari one gets the bliss of salvation only while you give much more- as your water is mixed with sweat generated by the bodies of Shri Krishna and Gopikas while having exotic sports and by worshipping you the devotee gets the bliss of this too.॥8॥



ત વા ડ ષ્ટ ક મિ દં મુ દા પ ઠ તિ સૂ ર સૂ તે સ દા
TA VĀ' ṢṬA KA MI DAM MU DĀ PA ṬHA TI SŪ RA SŪ TE SA DĀ
સ મ સ્ત દુ રિ ત ક્ષ યો ભા વ તિ વૈ મુ કું દે ર તિઃ ।
SA MA STA DU RI TA KṢA YO BHA VA TI VAI MU KUṆ DE RA TIḥ ।
ત યા સ ક લા સિદ્ધ યો મુ ર રિ પુશ્ચા સં તુ ષ્યા તિ
TA YĀ SA KA LA SID DHA YO MU RA RI PUŚCA SAṆ TU ṢYA TI
સ્વ ભા વ વિ જ યો ભા વેદ્ વ દ તિ વલ્ લ ભાઃ શ્રી હ રેઃ ॥૯॥
SWA BHĀ VA VI JA YO BHA VED VA DA TI VAL LA BHAḥ ŚRĪ HA REḥ ॥9॥

O Shri Yamuna! Daughter of Sun!! A person who always recites these eight stanzas with **joy** gets freedom from all of his sins and he surely gets affection of Lord Shri Krishna by which he attains all the super natural powers. Shri Krishna-the enemy of demon Mura-becomes satisfied and devotee conquers his nature so says Shri Vallabh.II9II

॥ ઇ તિ શ્રી વલ્ લ ભા ચાર્ય વિ ર ચિ તં શ્રી ય મુ નાષ્ ટ ક સ્તો ત્રં સં પૂર્ણમ્ ॥
II I TI ŚRĪ VAL LA BHĀ CĀRYA VI RA CI TAṆ ŚRĪ YA MU NĀṢ ṬA KA STO TRAṆ SAṆ PŪRṆAM II



॥ અથ કૃષ્ણાશ્રયઃ ॥ ॥ ATHA KṚṢṆĀŚRAYAḤ ॥

આ વિકટ સમય માં શ્રીકૃષ્ણ શરણા વિના કોઈ સાધન નથી - શ્રીઆચાર્યમહાપ્રભુજી

Ā VIKAT SAMAYA MĀN ŚRĪKṚṢṆA ŚARANA VINĀ KOĪ SĀDHANA NATHĪ - ŚRĪĀCĀRYAMAHĀPRABHUJĪ

સર્વમાર્ગેષુ નષ્ટેષુ કલૌ ચ ખલધર્મિણિ ।
SARVAMĀRGEṢU NAṢṬEṢU KALAU CA KHALADHARMIṆĪ ।

પાષણ્ડપ્રચુરે લોકે કૃષ્ણા એવ ગતિર્મમ ॥૧॥
PAṢAṆDAPRACURE LOKE KṚṢṆA EVA GATIRMAMA ॥1॥

In this malignant age of Kaliyuga, when all the paths leading to God are obscured, and people are hypocrites, Lord Shri Krushna is my only eternal refuge.

મ્લેચ્છાક્રાંતેષુ દેશેષુ પાપૈકનિલયેષુ ચ ।
MLECCHĀKRĀNTEṢU DEṢEṢU PĀPAIKANILAYEṢU CA ।

સત્પીડાવ્યગ્રલોકેષુ કૃષ્ણા એવ ગતિર્મમ ॥૨॥
SATPĪDĀVYAGRALOKEṢU KṚṢṆA EVA GATIRMAMA ॥2॥

When the country is afflicted by the "Mlechhas" (sinners) and has become an abode of sinners, the good amongst them suffer a great deal. At such a time, the Lord Shri Krushna is my only eternal refuge.



ગંગાદિતીર્થવર્યેષુ દુષ્ટૈરેવાવૃતેષ્વિહ ।
GANGĀDITĪRTHAVARYEṢU DUṢṬAIREVĀVRTEṢVIHA ।

તિરોહિતાધિદૈવેષુ કૃષ્ણા એવ ગતિર્મમ ॥૩॥
TIROHITĀDHIDAIVEṢU KṚṢṆA EVA GATIRMAMA ॥૩॥

When holy places, such as the Ganges, are surrounded by wicked people, and the demi-gods that reside in such places have abandoned them, Lord Shri Krushna is my only eternal refuge.

અહંકારવિમૂઢેષુ સત્સુ પાપાનુવર્તિષુ ।
AHAṆKĀRAVIMŪḌHEṢU SATSU PĀPĀNUVARTIṢU ।

લાભપૂજાર્થયત્નેષુ કૃષ્ણા એવ ગતિર્મમ ॥૪॥
LĀBHAPŪJĀRTHAYATNEṢU KṚṢṆA EVA GATIRMAMA ॥૪॥

When even the intelligent people are full of pride and are following the path of wickedness, and, when all worship of the Gods is done purely for selfish benefit, let Lord Shri Krushna be my only eternal refuge.



અપરિજ્ઞાનનષ્ટેષુ મંત્રેષ્વવ્રતયોગિષુ ।
APARIJÑĀNANAŚṬEṢU MAṆTREṢVAVRATAYOGIṢU ।

તિરોહિતાર્થદૈવેષુ કૃષ્ણ એવ ગતિર્મમ ॥૫॥
TIROHITĀRTHADAIVEṢU KṚṢṆA EVA GATIRMAMA ॥5॥

When the true knowledge of the Vedas and other scriptures has been forgotten, when, by chanting great mantras we are unable to invoke the Gods of the respective mantras, at such a time, Lord Shri Krushna is my only eternal refuge. (Gods will only answer mantras and prayers when the devotee prays with true devotion, devoid of all hypocrisy, false pride and selfishness. As a direct result of this, the Gods have abandoned their respective abodes (holy places, temples, rivers, lakes etc.) and mantras. This is all due to the evil effects of the Kali Yuga and how that has affected the minds of all people.)

નાનાવાદવિનષ્ટેષુ સર્વકર્મવ્રતાદિષુ ।
NĀNĀVĀDAVINAŚṬEṢU SARVAKARMAVRATĀDIṢU ।

પાષણ્ડૈકપ્રયત્નેષુ કૃષ્ણ એવ ગતિર્મમ ॥૬॥
PĀṢANDAIAKAPRAYATNEṢU KṚṢṆA EVA GITIRMAMA ॥6॥

When sectarian ideas are splitting us apart, when all good and pious karmas are also done with hypocrisy at their heart, let Lord Shri Krushna be my only eternal refuge.



અજામિલાદિદોષાણાં નાશકોડનુભવે સ્થિતઃ
AJĀMILĀDIDOŚĀṆĀM NĀŚAKONUBHAVE STHITAḤ ।

જાપિતાખિલમાહાત્મ્યઃ કૃષ્ણ એવ ગતિર્મમ ॥૭॥
JĀPITĀKHILAMĀHĀTMYAḤ KṚṢṆA EVA GATIRMAMA ॥7॥

Lord Shri Krishna is kind and benevolent. Out of infinite kindness, He has destroyed a multitude of sins of such evil sinners as Ajamil ! And all this for accidentally reciting His holy name ! Let such great Lord Shri Krushna be my only eternal refuge.

પ્રાકૃતાઃ સકલા દેવા ગણિતાનંદકં બૃહત્ ।
PRĀKṚTĀḤ SAKALĀ DEVĀ GAṆITĀNĀNDAKAṂ BRĤAT ।

પૂર્ણાનંદો હરિસ્તસ્માત્ કૃષ્ણ એવ ગતિર્મમ ॥૮॥
PŪRNĀNANDO HARISTASMĀT KṚṢṆA EVA GATIRMAMA ॥8॥

All lesser deities are embodiment of the prakriti, and are hence limited in their power. Even the greater Gods and demi gods can only bestow limited amount of bliss and happiness. Only the Lord Hari is capable of bestowing infinite bliss. Hence, let Lord Shri Krushna be my only eternal refuge.



विवेकधैर्यभक्त्यादिरहितस्य विशेषतः ।

VIVEKADHAIRYABHAKTYĀDIRAHITASYA VIŚEṢATAḤ ।

पापसक्तस्य दीनस्य कृष्ण एव गतिर्मम

PĀPĀSAKTASYA DĪNASYA KṚṢṆA EVA GATIRMAMA ॥9॥

My Lord, I am bereft of "vivek", ie power of discrimination, and I have no "dhairya" ie patience. I am addicted to sinful actions and am a wretch beyond description. Yet, with a sincere heart I request the Lord Shri Krushna to be my only eternal refuge.

सर्वसामर्थ्यसहितः सर्वत्रैवाभिलार्थकृत् ।

SARVASĀMARTHYASAHITAḤ SARVĀTRAIVĀKHILĀRTHAKṚT ।

शरणस्थसमुद्धारं कृष्णं विज्ञापयाम्यहम् ॥१०॥

ŚARAṆASTHASAMUDDHĀRAM KṚṢṆAM VIJÑĀPAYĀMYAHAM ॥10॥

Lord Krishna, who is Omnipotent, Omnipresent and savior of all those who seek His protection, unto that great Lord, I submit this request for my "ashraya" ie refuge. Let such great Lord Shri Krushna be my only eternal refuge.



કૃષ્ણાશ્રયમિદં સ્તોત્રં યઃ પઠેત્કૃષ્ણાસંનિધૌ ।
KṚṢṆĀŚRAYAMIDAM STOTRAM YAḤ PAṬHETKṚṢṆASAÑNIDHAU ।
તસ્યાશ્રયો ભવેત્કૃષ્ણા ઇતિ શ્રીવલ્લભોઽબ્રવીત્ ॥૧૧॥
TASYĀŚRAYO BHAVETKṚṢṆA ITI ŚRĪVALLABHO'BRAVĪT ॥11॥

He who recites this Krushnashraya (prayer seeking refuge of the Lord Shri Krushna) in the presence of the Lord, will be graced with divine protection, so says Shri Vallabhacharyaji.

॥ ઇતિ શ્રીવલ્લભાચાર્યવિરચિતં કૃષ્ણાશ્રયસ્તોત્રં સંપૂર્ણમ્ ॥
॥ ITI ŚRĪVALLABHĀCĀRYAVIRACITAM KṚṢṆĀŚRAYASTOTRAM SAM PŪRNAM ॥



॥ અથ ચતુઃશ્લોકી ॥

॥ ATHA CATUḤSLOKĪ ॥

॥ પુષ્ટિમાર્ગ ના ચાર પુરુષાર્થ નું વર્ણન ॥

॥ PUṢṬIMĀRGA NĀ CĀRA PURUṢĀRTHA NUṆ VARṆANA ॥

Four Ideals of Pushti Marg.

Short translation of the four ideals of Pushti Marg. They represent the four most powerful goals that we should all aspire to as human beings.

સર્વદા સર્વભાવેન ભજનીયો વ્રજાધિપઃ ।

SARVADĀ SARVABHĀVENA BHAJANĪYO VRAJĀDHIPAH ।

સ્વસ્યાયમેવ ધર્મો હિ નાન્યઃક્વાપિ કદાચન ॥૧॥

SWASYĀYAMEVA DHARMO HI NĀNYĀKWAPI KADĀCANA ॥1॥

Always, in all ways, with all bhav, worship the Lord of Vraj. This is the eternal dharma of all souls, at all times.



એવં સદાસ્મકર્તવ્યં સ્વયમેવ કરિષ્યતિ ।

EVAM SADĀSMAKARTAVYAM SWAYAMEVA KARIṢYATI ।

પ્રભુઃ સર્વસમર્થો હિ તતો નિશ્ચિંતતામ્ વ્રજેત્ ॥૨॥

PRABHUḤ SARVASAMARTHO HI TATO NIŚCINTATĀM VRAJET ॥2॥

Hence, one should always worship the Lord. The Lord will look after the devotee and do all that is necessary for them. Knowing that the Lord is Omnipotent, the devotee should not worry about anything in his/her life.

યદિ શ્રીગોકુલાધીશો ધૃતઃ સર્વાત્મનાહૃદિ ।

YADI ŚRĪGOKULĀDHĪṢO DHṚTAḤ SARVĀTMANĀHRDI ।

તતઃકિમપરંબૃહિ લોકિકૈર્વૈદિકૈરપિ ॥૩॥

TATAḤKIMAPARAMBṚHI LAUKIKAIRVAIDIKAIRAPI ॥3॥

In your hearts, once you have chosen the Lord of Gokul, as your beloved, why worry about your material and spiritual wellbeing ? The Lord will take care of it all. All your karmas and their fruits will be taken care by the Lord.



अतः सर्वात्मनाशश्वद् गोकुलेश्वर पादयोः ।
ATAḤ SARVĀTMANĀŚAŚVAD GOKULEŚWARA PĀDAYOḤ ।

स्मरणं भजनं चापि न त्याज्यमिति मे मतिः ॥४॥
SMARAṆAM BHAJANAM CĀPI NA TYĀJYAMITIMEMATIḤ ॥4॥

For this reason, it is best not to abandon the worship of the Lord's lotus feet and One should recite Lord's name and do Bhajan, this is the considered opinion of mine (i.e. Shrimad Vallabhacharyaji.)

॥ इति श्रीवल्लभाचार्य विरचिता चतुःश्लोकी समाप्ता ॥
॥ ITI ŚRĪVALLABHĀCĀRYA VIRACITĀ CATUḤSLOKĪ SAMĀPTĀ ॥



|| Madhurashtakam ||

**adharam madhuraṃ vadanam madhuraṃ nayanam madhuraṃ hasitam madhuraṃ
hrudayaṃ madhuraṃ gamanam madhuraṃ madhuradi-pater akhilaṃ madhuraṃ**

"His lips are sweet, His face is sweet, His eyes are sweet, His smile is sweet, His heart is sweet, His walk is sweet.
Everything is sweet about the Lord of sweetness." (1)

**vachanam madhuraṃ charitam madhuraṃ vasanam madhuraṃ valitam madhuraṃ
chalitam madhuraṃ bhramitam madhuraṃ madhuradi-pater akhilaṃ madhuraṃ**

"His words are sweet, His character is sweet, His garments are sweet, His navel is sweet, His movement is sweet,
His wanderings are sweet, Everything is sweet about the Lord of sweetness." (2)

**venur madhuro renur madhuraḥ panir-madhuraḥ padau madhuraḥ
nrtyam madhuraṃ sakhyam madhuraṃ madhuradi-pater akhilaṃ madhuraṃ**

"His flute is sweet, His dust of His Lotus feet is sweet, His hands are sweet, His feet are sweet, His dancing is
sweet, His friendship is sweet, Everything is sweet about the Lord of sweetness." (3)

**gitam madhuraṃ pitam madhuraṃ bhuktam madhuraṃ suptam madhuraṃ
rupam madhuraṃ tilakam madhuraṃ madhuradi-pater akhilaṃ madhuraṃ**

"His singing is sweet, His drinking (buttermilk) is sweet, His eating is sweet, His sleeping is sweet, His form is
sweet, His tilaka is sweet, Everything is sweet about the Lord of sweetness." (4)



**karanam madhura taranam madhura haranam madhura ramanam madhura
vomitam madhura shamitam madhura madhuradi-pater akhilam madhura**

"His activities are sweet, His Path of Salvation is sweet, His thieving is sweet, His loving sports are sweet, His offerings are sweet, His peacefulness is sweet, Everything is sweet about the Lord of sweetness." (5)

**gunja madhura mala madhura yamuna madhura vichi madhura
salilam madhura kamalam madhura madhuradi-pater akhilam madhura**

"His gunja-mala is sweet, His flower-garland is sweet, His Yamuna is sweet, His Yamuna's ripples are sweet, His water is sweet, His lotuses in Yamuna are sweet, Everything is sweet about the Lord of sweetness." (6)

**gopi madhura lila madhura yuktam madhura muktam madhura
ishtam madhura shistam madhura madhuradi-pater akhilam madhura**

" His Gopis are sweet, His pastimes are sweet, His meeting is sweet, His salvation is sweet, His happiness is sweet, His etiquette is sweet, Everything is sweet about the Lord of sweetness." (7)

**gopa madhura gavo madhura yashtir madhura shrushtir madhura
dalitam madhura phalitam madhura madhuradi-pater akhilam madhura**

"His cowherd boys are sweet, His cows are sweet, His herding-stick is sweet, His creation (world) is sweet, His trampling is sweet, His fruitfulness is sweet, Everything is sweet about the Lord of sweetness." (8)



OUR DHARMA (DUTIES)

- We all are Pushtimargiya Vaishnavs
- Lord ShriNathji is our Personal God
- Shri Yamuna Maharani is our Mother.
- Shri MahaPrabhuji is our Guru (Spiritual Teacher).
- Currently, Shri MahaPrabhuji resides in the form of an Acharya in Vallabhkul Family.
- ShriNathji Bawa is a Swarup (form) of Shri Krishna. Remembering Shri Krishna's at all times is our Mantra, hence we should always keep on reciting " Shri Krishnah Sharanam Mam".
- We should always greet our elders and other Vaishnavs by saying "Jai Shree Krishna" with folding of both the hands and with a little bowing of head.



PUSHTIMARGA (Path of Grace)

The path to receive Grace of our Dear Shri Thakorji is Pushtimarga. Shri MahaPrabhuji is the founder of this Pushtimarga. Chief principle in Pushtimarga is performing Seva of Shri Thakorji. Every Vaishnav should ritually Pusht Shri Thakorji from their respective Vallabhkul Guru and start performing Seva of their Thakorji.

In Pushtimarga, Lord Shri Krishna is our Personal God, hence in this marga we perform Seva of Shri Thakorji. Pushtimarga Seva is performed right from the morning when Shri Thakorji wakes up until he goes back to sleep at night everyday.

Seva should be done with love and affection then only Thakorji talks with us and plays with us.



8 Darshans

Different types of Darshan in Pushtimarga Seva can be seen from morning to evening.

- 1) **Mangala** : When Thakorji wakes up in the morning
- 2) **Shringaar** : After Thakorji's Shringaar is completed, we get to see Shringaar Darshan
- 3) **Gwaal** : After VrajBhaktas give offerings to Thakorji, we get to see Gwaal Darshan
- 4) **RajBhog** : After Thakorji takes his Bhojan (Lunch), we get to see Rajbhog Darshan
- 5) **Uthapan** : After Thakorji wakes up from the afternoon nap, we get to see Uthapan Darshan
- 6) **Bhog** : After Thakorji has taken Phalaahar (Fruits only), we get to see Bhog Darshan
- 7) **Sandhya Aarti** : After Thakorji is done with cattle grazing, when he returns home from the forest, mother Yashoda performs Aarti of Thakorji, we get to see Sandhya Aarti Darshan
- 8) **Shayan** : Shayan Darshan we get to see before Thakorji goes to sleep

Jay Shree Krishna

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