



**Instructions**

- Your assignment should be submitted as a **PDF** document.
- The answer should be in proper English. Be careful of grammar. Avoid the use of ungrammatical expressions within your answer.
- There is a zero-tolerance policy for plagiarism. Assignments found with copy-pasted material from the internet or copied from fellows will not be accepted.
- Submit your assignment on your CU Online LMS portal within the given time frame. Emailed assignments will not be entertained.

**Question [10 Marks, CLO1-C1]**

The following passage has been taken from an essay. Read it thoroughly and answer the questions given below:

- i. Identify the section of the essay from which the paragraph has been taken for understanding an essay's structure.
- ii. Justify your answer by naming the different parts of the identified section.

Sample:

People are increasingly suffering from sicknesses as a result of stress. According to research from Stress.org, 77% of people regularly experience physical symptoms caused by stress. Stress can affect all parts of our life, including our emotions, behaviors, thinking ability, and physical health. No part of the body is immune. But, because people handle stress differently, symptoms of stress can vary. This essay will discuss the main causes of stress-related sicknesses including longer working hours and increased job pressures. This essay will also suggest solutions to these problems including improving one's work-life balance and diet.

*Good luck!*