

Patient Intake Form — Diabetes Risk Assessment

Patient Name: John Doe

SSN: 123-45-6789

Age: 45

Gender: Male

Over the past several weeks, the patient has noticed a clear change in their day-to-day health patterns. They report needing to urinate far more frequently than usual, including multiple times during the night, and this has been accompanied by a persistent sensation of thirst that does not seem to improve even with increased fluid intake. During the same period, the patient has experienced a noticeable and unintended loss of body weight, despite maintaining their normal diet and, in some instances, feeling hungrier than usual and consuming larger meals.

In addition to these metabolic symptoms, the patient mentions occasional episodes of blurred vision, particularly later in the day, as well as increased irritability that they attribute to fluctuations in their overall well-being. However, they explicitly deny experiencing generalized weakness or fatigue that interferes with daily activities. The patient reports no history of genital fungal infections such as thrush and denies any ongoing itching or skin irritation. They also state that minor cuts or wounds heal at their usual pace, without prolonged delays.

From a neurological and musculoskeletal standpoint, the patient denies any symptoms suggestive of nerve involvement, including partial muscle paralysis, numbness, or stiffness, and reports no unusual muscle rigidity. They have not observed any abnormal hair loss and do not report changes in scalp or body hair. When discussing longer-term risk factors, the patient does not consider themselves obese and does not perceive excess body weight as a concern.

All information described above is based solely on the patient's self-reported symptoms and risk factors. This narrative is intended to capture subjective clinical observations only and does not include any diagnostic assessment, clinical interpretation, or outcome classification.