FocusMate Study Session Report

Session Overview

Session ID:	session_20251017_214303
Date:	October 17, 2025 at 09:43 PM
Subject:	Mathematics
Study Mode:	Review
Difficulty:	Medium
Status:	Ended Early

Performance Metrics

Focus Score:	90%	Excellent
Planned Duration:	60 minutes	
Actual Duration:	1.3 minutes	
Total Paused Time:	0.0 minutes	
Number of Pauses:	0	
Breaks Taken:	0	

AI Detection Summary

Distraction Warnings:	2
Posture Warnings:	0
Help Requests:	1
Total Events Logged:	13

Emotions Detected

Emotion	Count
Neutral	7
Sad	3
Angry	2

Recommendations

• Outstanding focus! Keep up the excellent work.

• Try to complete your full planned study session for better learning retention.