

FocusMate Month Study Report

Summary Statistics

Total Sessions:	4
Total Study Time:	0.0 hours
Average Focus Score:	100%
Most Studied Subject:	Science
Total Breaks Taken:	0
Report Period:	Month

Individual Sessions

Date	Subject	Duration	Focus Score	Status
10/13/2025 04:43 PM	Science	0m	100%	✗
10/13/2025 04:38 PM	History	0m	100%	✗
10/13/2025 04:37 PM	Science	1m	100%	✗
10/12/2025 09:48 PM	Mathematics	0m	100%	✗

Insights & Recommendations

- Your average focus score is 100%. Excellent!
- You completed 0% of your planned study sessions.
- You studied Science most frequently.
- Total study time: 0.0 hours across 4 sessions.

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