

FocusMate Study Session Report

Session Overview

Session ID:	session_20251018_152453
Date:	October 18, 2025 at 03:24 PM
Subject:	Language
Study Mode:	Practice
Difficulty:	Medium
Status:	Ended Early

Performance Metrics

Focus Score:	100%	Excellent
Planned Duration:	25 minutes	
Actual Duration:	1.6 minutes	
Total Paused Time:	0.0 minutes	
Number of Pauses:	0	
Breaks Taken:	0	

AI Detection Summary

Distraction Warnings:	0
Posture Warnings:	0
Help Requests:	0
Total Events Logged:	10

Emotions Detected

Emotion	Count
Sad	5
Neutral	3
Angry	2

Recommendations

- Outstanding focus! Keep up the excellent work.
- Try to complete your full planned study session for better learning retention.

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