

# FocusMate Study Session Report

## Session Overview

Session ID:	session_20251012_214857
Date:	October 12, 2025 at 09:48 PM
Subject:	Mathematics
Study Mode:	Writing
Difficulty:	Medium
Status:	Ended Early

## Performance Metrics

Focus Score:	100%	Excellent
Planned Duration:	25 minutes	
Actual Duration:	0.4 minutes	
Total Paused Time:	0.0 minutes	
Number of Pauses:	0	
Breaks Taken:	0	

## AI Detection Summary

Distraction Warnings:	0
Posture Warnings:	0
Help Requests:	0
Total Events Logged:	4

## Emotions Detected

Emotion	Count
Neutral	3
Angry	1

## Recommendations

- Outstanding focus! Keep up the excellent work.
- Try to complete your full planned study session for better learning retention.

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