

FocusMate Month Study Report

Summary Statistics

Total Sessions:	13
Total Study Time:	0.2 hours
Average Focus Score:	99%
Most Studied Subject:	Mathematics
Total Breaks Taken:	0
Report Period:	Month

Individual Sessions

Date	Subject	Duration	Focus Score	Status
10/17/2025 09:43 PM	Mathematics	1m	90%	✗
10/14/2025 11:26 PM	Mathematics	1m	100%	✗
10/14/2025 11:17 PM	Mathematics	2m	100%	✗
10/14/2025 01:27 PM	Mathematics	0m	100%	✗
10/14/2025 12:10 AM	Mathematics	1m	100%	✗
10/13/2025 11:54 PM	Science	3m	100%	✗
10/13/2025 10:19 PM	Mathematics	1m	100%	✗
10/13/2025 10:05 PM	Mathematics	0m	100%	✗
10/13/2025 10:04 PM	Mathematics	1m	100%	✗
10/13/2025 04:43 PM	Science	0m	100%	✗

10/13/2025 04:38 PM	History	0m	100%	✗
10/13/2025 04:37 PM	Science	1m	100%	✗
10/12/2025 09:48 PM	Mathematics	0m	100%	✗

Insights & Recommendations

- Your average focus score is 99%. Excellent!
- You completed 0% of your planned study sessions.
- You studied Mathematics most frequently.
- Total study time: 0.2 hours across 13 sessions.

Generated by FocusMate on October 17, 2025 at 09:47 PM