FocusMate Study Session Report

Session Overview

Session ID:	session_20251014_132706
Date:	October 14, 2025 at 01:27 PM
Subject:	Mathematics
Study Mode:	Reading
Difficulty:	Medium
Status:	Ended Early

Performance Metrics

Focus Score:	100%	Excellent
Planned Duration:	25 minutes	
Actual Duration:	0.5 minutes	
Total Paused Time:	0.0 minutes	
Number of Pauses:	0	
Breaks Taken:	0	

AI Detection Summary

Distraction Warnings:	0
Posture Warnings:	0
Help Requests:	1
Total Events Logged:	5

Emotions Detected

Emotion	Count
Neutral	2
Angry	2

Recommendations

• Outstanding focus! Keep up the excellent work.

• Try to complete your full planned study session for better learning retention.