

Ishwor Subedi

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🎓 Studying Bachelor of Information technology

Completed Diploma of Information Technology

Completed High School in Management

Career Objective:

Dedicated and detail-oriented cleaner with extensive experience in maintaining high standards of cleanliness in both commercial and residential settings. Seeking a position with a reputable cleaning company to leverage my skills in ensuring a safe, hygienic, and welcoming environment for clients.

Summary of Skills

- **Professional Cleaning Expertise:** Experienced in performing a wide range of cleaning duties, including general cleaning, carpet care, and disinfection.
- **Technical Proficiency:** Skilled in the use of both manual and automated cleaning tools, ensuring efficiency and thoroughness.
- **Attention to Detail:** Strong understanding of cleanliness standards and the ability to deliver meticulous results in high-pressure environments.
- **Physical Stamina:** Capable of lifting and moving heavy objects (up to 70 lbs) with ease, ensuring thorough cleaning of all areas.
- **Reliability & Work Ethic:** Known for being dependable, punctual, and committed to maintaining a clean and safe environment.
- **Team Collaboration:** Excellent communication and teamwork skills, with experience in coordinating with teammates to ensure all tasks are completed to the highest standards.
- **Adaptability:** Flexible with working hours and adept at adjusting to various cleaning tasks and environments.

Work Experience:

Westfield Cleaning, Town Hall March 2022 – February 2023

- Performed daily general cleaning duties, including sweeping, mopping, dusting, and vacuuming, ensuring all areas were spotless.
- Conducted occasional deep cleaning of carpets and upholstery, enhancing the overall appearance and hygiene of the facility.
- Maintained the cleanliness of desks, meeting rooms, and offices, with particular attention to detail when handling delicate and expensive items.
- Collaborated with team members to follow strict safety protocols, particularly when working in high-traffic areas.
- Regularly cleaned and sanitised restrooms, lobbies, and common areas, ensuring a safe and welcoming environment for all visitors.

Maintenance Officer & Cleaner at St Charbel's Care Centre February 2023 – Present)

- Carried out routine inspections and preventive maintenance, ensuring the longevity and functionality of all equipment and facilities.
- Diagnosed and repaired mechanical, electrical, and plumbing issues promptly, minimising downtime and disruption.
- Managed the inventory and procurement of cleaning and maintenance supplies, ensuring all necessary materials were available.
- Maintained cleanliness throughout the care centre, paying particular attention to high-traffic and sensitive areas.
- Ensured compliance with safety and cleanliness standards, contributing to a safe and comfortable environment for residents and staff.

Customer Service Representative

*Hamro Dokan, Rockdale
September 2022 - May 2023*

- Provided exceptional customer service in a busy retail environment, assisting customers with inquiries and ensuring their needs were met.
- Handled cash transactions and maintained accurate records, contributing to the smooth operation of the store.
- Ensured the store was clean, organised, and well-stocked, enhancing the shopping experience for customers.
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Sandwich hand and prep chef @ Eatalo Café, Martin Place(2024/03/20 – 2024/06/25)

- Quick and efficient sandwich making
- Creativity in sandwich combinations
- Attention to presentation
- Good customer service skills

- Ability to follow instructions
- Cleanliness and organization
- Knowledge of food safety practices
- Good time management
- Ability to work in a fast-paced environment
- Strong teamwork skills

Level 1 Cook Abdul's Lebanese Restaurant, Surry Hills (2022/09/03 – Present)

- Worked in a bustling kitchen environment, efficiently performing tasks during peak hours to ensure timely food preparation and service.
- Specialized in grill section, expertly grilling a variety of meats and vegetables to perfection, adhering to quality standards and customer preferences.
- Demonstrated proficiency in preparing salads, maintaining freshness and presentation standards while catering to diverse dietary requirements.
- Managed fryer operations, consistently delivering crispy and flavourful fried foods in adherence to safety and sanitation guidelines.

Assisted in the pan section, contributing to the preparation of sautéed dishes and sides with attention to detail and flavour.

Cook at busy café Canopy, Museum (2023/09/02 – 2024/03/02)

- Assisted chefs in food preparation tasks such as chopping vegetables, portioning ingredients, and marinating meats.
- Maintained cleanliness and organisation of kitchen stations, including washing dishes, sanitising surfaces, and disposing of waste.
- Supported inventory management by restocking ingredients and supplies as needed and rotating stock to ensure freshness.
- Followed food safety protocols and sanitation standards to uphold hygiene and prevent contamination.
- Collaborated with kitchen team members to ensure smooth workflow and timely service during peak hours.
- Provided assistance during busy periods by performing tasks such as plating dishes, garnishing plates, and running food to the dining area.
- Communicated effectively with supervisors and coworkers to coordinate tasks and address any issues or concerns.

Additional Skills

- Strong problem-solving and time management abilities
- Proficient in preventive maintenance techniques
- Fluent in English, Nepali, and Hindi

Other Interests

- Traveling, Cooking, Music, Football, Photography
- Fully vaccinated
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References

Available upon request.

