

Transactional Analysis

Transaction Diagnosis

1

- A: "Would you like me to buy you anything from the supermarket?"
B: "You sure know how to take care of me."

2

- A: "Have you been able to write the report?"
B: "Yes - I am about to email it now."

3

- A: "Can you tell me what time is it?"
B: "You are always late, and you forgot your watch again!"

4

- A: "Have you been able to write the report?"
B: "Will you stop hassling me? I'll do it eventually!"
A: "If you don't change your attitude, you'll get fired."

5

- A: "It's lovely weather for this time of year."
B: "Yes, isn't it nice to see the sun."

6

- A: "Ow! I've cut myself"
B: "Oh dear, come here and let me clean it up for you".

7

- A: "Would you like to skip this meeting and go watch a film with me instead?"
B: "I'd love to - I don't want to work anymore. How about watching 'Jurassic World'?"

8

- A: "Can you tell me what time is it?"
B: "Why are you always rushing me?"

9

- A: "Is your room tidy yet?"
B: "I'm just going to do it, actually."

10

- A: "You're late again! You better make the time up!"
B: "How dare you speak to me like that? Never shout at me again!"