
Emotions (Part 1)

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1 Levels of emotions



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happy	sad
happy	sad
cheerful	unhappy
joyful	gloomy
delighted	sorrowful
elated	dejected
thrilled	miserable
ecstatic	heartbroken
overjoyed	depressed

<p>overjoyed</p> <p>ecstatic</p> <p>thrilled</p> <p>elated</p> <p>delighted</p> <p>joyful</p> <p>cheerful</p> <p>happy</p>	<p>depressed</p> <p>heartbroken</p> <p>miserable</p> <p>dejected</p> <p>sorrowful</p> <p>gloomy</p> <p>unhappy</p> <p>sad</p>
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2 Examples

2.1 Happy

- “I was happy to see my friend, but I was overjoyed when they surprised me with tickets to the concert.”

💡 Tip

Happy is a baseline, overjoyed is a much stronger level of happiness.



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- “She felt cheerful after a good workout, but she was ecstatic when she learned she got the job she had been hoping for.”

💡 Tip

Cheerful is a mild happiness, ecstatic is an intense, overwhelming joy.

- “He was delighted to receive a birthday card, but he was thrilled to win the lottery.”

💡 Tip

Delighted is a pleasant level of happiness, thrilled is an exciting and exhilarating feeling.

2.2 Sad

- “I felt sad when it rained on my picnic, but I was heartbroken when my pet died.”

💡 Tip

Sad is a general feeling of unhappiness, while heartbroken is a much deeper and more intense sadness.

- “She was unhappy about the traffic delay, but she was miserable after losing her job.”

💡 Tip

Unhappy is a mild form of discontent, while miserable describes a state of extreme unhappiness and discomfort.

- “He felt dejected after losing the game, but he was depressed for weeks after the breakup.”

💡 Tip

Dejected is a feeling of sadness and discouragement, while depressed is a more severe and persistent state of sadness.



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