

Description of Variables

Variable Name	Definition	Measurement/Description
Age_Range	Range of age	<ul style="list-style-type: none"> ○ 18-24 ○ 25-34 ○ 35 or above
Gender	Gender	<ul style="list-style-type: none"> ○ Male ○ Female ○ Other ○ Prefer not to say
Current_City	The city where the respondent currently resides, regardless of their place of birth or upbringing.	Open-ended text response for the city name.
Current_EducationLevel	Current level of education	<ul style="list-style-type: none"> ○ Bachelor's degree 1st year ○ Bachelor's degree 2nd year ○ Bachelor's degree 3rd year ○ Bachelor's degree 4th year ○ Master's degree 1st year ○ Master's degree 2nd year
Employment_Status	Employment status	<ul style="list-style-type: none"> ○ Employed full-time ○ Employed part-time ○ Student ○ Self-employed
Marital_Status	Marital status	<ul style="list-style-type: none"> ○ Single ○ Married ○ Divorced ○ Widowed ○ In a relationship
EatLess_OnWeightGain	Eats less when gaining weight	<ul style="list-style-type: none"> ○ Never ○ Seldom ○ Sometimes ○ Often
EatLess_AtMealtime	Consciously eats less at mealtimes	<ul style="list-style-type: none"> ○ Never ○ Seldom ○ Sometimes ○ Often
RefuseFood_WeightConcern	Refuses offered food due to weight concerns	<ul style="list-style-type: none"> ○ Never ○ Seldom ○ Sometimes ○ Often
Monitor_Food	Monitors food intake	<ul style="list-style-type: none"> ○ Never ○ Seldom ○ Sometimes

		<input type="radio"/> Often
Eat_SlimmingFoods	Deliberately eats weight-loss foods	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
EatLess_AfterOvereating	Eats less after overeating	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
EatLess_ToPreventWeightGain	Eats less to avoid weight gain	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
AvoidSnacks_BetweenMealsForWeightConcern	Avoids snacks between meals due to weight concerns	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
AvoidEveningEating_ForWeightConcern	Avoids evening eating due to weight concern	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
ConsiderWeight_WhenEating	Considers weight when choosing food for eating	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenIrritated	Feels urge to eat when irritated	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenUnoccupied	Feels urge to eat when unoccupied or has nothing to do	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenDepressedOrDiscouraged	Eats when feeling depressed or discouraged	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenLonely	Feels urge to eat when lonely	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenSomeoneLetYouDown	Eats when someone let you down	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often

Eat_WhenAngry	Feels urge to eat when angry or irritated	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenExpectingBad	Eats when facing unpleasant events	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenAnxious	Eats when anxious, worried, or tense	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenThingsGoWrong	Feels urge to eat when things go wrong or against you	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenFrightened	Feels urge to eat when frightened	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenDisappointed	Eats when disappointed	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenEmotionallyUpset	Eats when emotionally upset	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenBoredOrRestless	Eats when bored or restless	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
EatMore_IfFoodTasty	Eats more when food tastes good	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
EatMore_IfFoodSmellsOrLooksGood	Eats more when food smells or looks good	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenSeeDeliciousFood	Eats when see delicious food	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_DeliciousFoodImmediately	Eats delicious food right away	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes

		<input type="radio"/> Often
DesireToBuy_FromBakery	Desires to buy food from bakery	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
DesireToBuy_FromSnackBarOrCafe	Desires to buy food from snack bar or cafe	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
DesireToEat_WhenSeeOthersEating	Desire to eats when seeing others eat	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Resist_DeliciousFood	Ability to resist eating delicious food	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
EatMore_WhenSeeOthersEating	Eats more when seeing others eating	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Eat_WhenPreparingMeal	Feels urge to eat when cooking	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Days_DesireForFlatStomach	Days desired a flat stomach over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_FeltFat	Days felt overweight over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-5 days <input type="radio"/> 6-12 days <input type="radio"/> 13-15 days <input type="radio"/> Every day
Days_WeightAffectedSelfJudgment	Days weight affected self-judgment over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_ShapeAffectedSelfJudgment	Days shape affected self-judgment over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_DissatisfiedWithWeight	Days dissatisfied with weight over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day

Days_DissatisfiedWithShape	Days dissatisfied with shape over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_UncomfortableToSeeOwnBody	Days uncomfortable seeing own body over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_UncomfortableOthersSeeingYourShape	Days uncomfortable because others seeing your shape over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_TriedLimitFoodToControlShapeOrWeight	Days tried to limit food for weight control over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_FastedToControlShapeOrWeight	Days fasted to control weight over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_ExcludedFoodToControlShapeOrWeight	Days excluded foods to control weight over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_FollowedRulesToControlShapeOrWeight	Days followed eating rules for weight control over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Days_FearLosingControlOverEating	Days feared losing control over eating over the past 28 days	<input type="radio"/> No days <input type="radio"/> 1-12 days <input type="radio"/> 13-27 days <input type="radio"/> Every day
Eat_SpecificFoodsHabitually	Eats specific foods habitually	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Location_TriggersHabitualEating	Location triggers habitual eating	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
AutomaticEating_WhenExperiencingStrongEmotion	Automatic urge to eat when experiencing strong emotion	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often

Realize_AfterEatingOutOfHabit	Realizes eating out of habit afterward	<input type="radio"/> Never <input type="radio"/> Seldom <input type="radio"/> Sometimes <input type="radio"/> Often
Perception_EatingDisorder	Perceives self as having an eating disorder	<input type="radio"/> No, I don't believe I do <input type="radio"/> Yes, I believe I do
