

خطة وتوصيف مساق									
اسم المساق	أسس التمريض (1) عملي	رقم المساق	BNUD1112	نوع المساق	تخصص	عدد فصول المساق	12	عدد محاضرات المساق	12
القسم	تمريض	التخصص	تمريض	المتطلب السابق	بدون	المتطلب اللاحق	أسس تمريض (2) عملي	عدد ساعات المساق	1
المحاضر	د. عزات العسكري	رقم الجوال	059 9334010	بريد إلكتروني	easkari@israa.edu.ps	الساعات المكتبية		الفصل الدراسي	الأول
<p>This course introduces classic nursing principles that underpin future clinical practice. Principles include nursing process focus, familiarity with its components will reinforce its use in the skills and nursing care plans throughout the text. Performing basic client needs, comfort measures, assistance with daily living activities, environmental concerns, positioning and transporting, asepsis and sterile technique, Infection Control: isolation techniques, PPE, infection control precautions. Recording & Reporting, Admission, discharge, transfer, & referral, vital signs: measuring pulse, respiration, and blood pressure, hygiene, use of the nursing process with particular emphasis on the intervention component and maintaining oxygenation. The laboratory will afford practical experience in application of the principles and skills taught in the theory portion. Highlighting essential education points for nurses to communicate to clients and their families.</p>									وصف المساق

أهداف المساق ومخرجاته						
نوع مخرجات التعليم (مختصر)				مخرجات المساق	أهداف المساق مع نهاية هذه المساق، سيتمكن الطلاب من ...	#
مهارات عامة	مهارات تقنية وفنية	مهارات ذهنية	معرفة وفهم			
Ability to apply the nursing process steps	Demonstrate fundamental nursing psychomotor skills in a safe manner. Try to apply the nursing process steps. Interpret the data collected from a client	Interpret and manage human responses of clients either actual or potential health problems. Give examples for objective and subjective data. Discuss three outcomes that result from evaluation	Describe six characteristics of the nursing process. Understand the nursing process at a beginning level of skill. Differentiate between data base, focus, and functional assessments	Knowledge and understanding, Cognitive skills, practical skills, and General skills	Maintain quality & safety in nursing practice	1.
	Utilize the nursing process in the care of all clients Apply assessment step of the and diagnosis	Able to identify health problems Able to formulate short- and long-term goals	Ability to assess the patient condition Name at least two outcomes	Knowledge and understanding, Cognitive skills, practical skills		

نوع مخرجات التعليم (مختصر)				مخرجات المساق	أهداف المساق مع نهاية هذه المساق، سيتمكن الطلاب من ...	#
مهارات عامة	مهارات تقنية وفنية	مهارات ذهنية	معرفة وفهم			
Able to document data in client's records. Able to use written forms and communicate information about clients	Uses the different charting methods. Writing the nursing notes using the approved abbreviations. Converting time from traditional to military time	Differentiate between source oriented and problem-oriented records. Discuss why it is important to use only approved abbreviations when charting. Explain how to convert traditional time to military time	Identify seven uses for medical records. Identify six methods of charting Identify four written forms used to communicate information about clients	Knowledge and understanding, Cognitive skills, practical skills, and General skills	Fostering Communication	.2
	Able to do: Hand washing – surgical hand antisepsis Creating a sterile field Donning sterile gloves Donning a sterile gown	Differentiate between pathogenic and nonpathogenic Differentiate between medical and surgical asepsis Discuss the concepts of asepsis	Know how to prevent infection Name six components in the chain of infection	Knowledge and understanding, Cognitive skills, practical skills	Performing basic client needs	.3
	Use the personal protective equipment properly. Choose the suitable transmission-based precautions properly.	Discuss situations in which nurses use standard precautions & transmission-based Precautions. Discuss the unique characteristic of older adults in relation to infectious diseases. Discuss the rationale for removing PPE in a specific sequence after caring for a client with an infection.	Differentiate between infection and colonization. List five stages in the course of an infectious disease. Describe the rationale for using airborne, droplet, and contact precautions.	Knowledge and understanding, Cognitive skills, practical skills	Maintaining Asepsis	.4
Arrange for discharging a client to go home easily	Preparing the client's room Providing discharge instructions	Discuss the purpose of minimum data set (MDS)	List four major steps involved in the admission process List the steps involved in the discharge process	Knowledge and understanding, Cognitive skills, practical skills, and General skills	Admission Process	.5
Able to communicate data concerning normal and abnormal findings in vital signs.	Able to measure temperature, pulse, and respiration	Explain at least four terms used to describe abnormal breathing characteristics	List four signs or symptoms that accompany a fever or subnormal body temperature	Knowledge and understanding, Cognitive skills, practical skills, and General skills	Vital Signs -Temperature	.6

نوع مخرجات التعليم (مختصر)				مخرجات المساق	أهداف المساق مع نهاية هذه المساق، سيتمكن الطلاب من ...	#
مهارات عامة	مهارات تقنية وفنية	مهارات ذهنية	معرفة وفهم			
	Able to measure a blood pressure.	Discuss the physiologic data that can be inferred from a blood pressure assessment	Name the most commonly used site for pulse assessment.	Knowledge and understanding, Cognitive skills, practical skills		.7
	Providing a tub bath or shower Administering perineal care. Giving a bed bath. Giving oral hygiene to unconscious client. Shampooing hair	Discuss the reasons for sound disturbances experienced by people.	Define hygiene Name five hygiene practices that most people perform regularly. Name three items recommended for oral hygiene.	Knowledge and understanding, Cognitive skills, practical skills	Assisting with basic Needs: Hygiene	.8
	Making an unoccupied bed Making an occupied bed Giving a back massage	Differentiate between comfort, rest and sleep.	Describe four ways to modify the client environment to promote comfort, rest, and sleep	Knowledge and understanding, Cognitive skills, practical skills	Modify Client Environment	.9
	Apply all measures needed to promote comfort, rest and sleep	Discuss unique characteristics of sleep among older adults	Name 10 factors that affect sleep. Describe four categories of sleep disorders	Knowledge and understanding, Cognitive skills, practical skills		
		Discuss the purpose of the national patient safety goals and methods for implementing them.	Name six injuries that result from environmental hazards.	Knowledge and understanding, Cognitive skills	Promoting Client safety	
	Using physical restraints	Explain why older adults Are prone to falling	Name at least six common substances associated with poisoning Give at least four criteria for applying a physical restraint	Knowledge and understanding, Cognitive skills, practical skills	Promoting Client safety	10.
	Preparing a patient-controlled analgesia infuser	Explain the differences between pain perception, pain threshold, and pain tolerance	Give a general definition of pain. Name at least five types of pain. Define addiction Define placebo and explain the basis for its positive effect.	Knowledge and understanding, Cognitive skills, practical skills	Managing Client Pain	11.

نوع مخرجات التعليم (مختصر)				مخرجات المساق	أهداف المساق مع نهاية هذه المساق، سيتمكن الطلاب من ...	#
مهارات عامة	مهارات تقنية وفنية	مهارات ذهنية	معرفة وفهم			
Documenting the administration of oxygen correctly	Using a pulse oximeter Administering oxygen Maintaining a water-seal Chest tube drainage system	Explain the difference between ventilation and respiration	Name two methods for assessing the oxygenation status of clients at the bedside.	Knowledge and understanding, Cognitive skills, practical skills, and General skills	Promoting Client Oxygenation	12.
	Uses suitable items to provide oxygen therapy safely.	Differentiate between external and internal respiration Discuss two hazards related to the administration of oxygen Discuss at least two facts concerning oxygenation that affect the care of older adults	List at least five signs of inadequate oxygenation Name two nursing interventions that can be used to improve ventilation and oxygenation. Identify four items that may be needed when providing oxygen therapy.	Knowledge and understanding, Cognitive skills, practical skills	Promoting Client Oxygenation	13.

مصفوفة التعليم والتعلم																	
أساليب التقويم المرحلية 3-2-1-0					أساليب التعليم والتعلم 3-2-1-0					مخرجات المحاضرة 3-2-1-0				محتويات المقرر	اليوم	الأسبوع	
اختبار نهائي عملي	اختبارات قصيرة	اختبار نهائي نظري	مشاركة داخل المعمل	مناقشة	تكليفات/ واجبات	أسئلة /حل مشكلات	عروض تقديمية	مناقشة جماعية /استضافة خبير	محاضرات	مهارات عامة	مهارات تقنية وفنية	مهارات ذهنية	معرفة وفهم				
2	3	0	3	3	3	3	3	3	3	3	1	3	3	Nursing Process: Steps of Nursing process			1.
2	3	0	3	3	3	3	3	3	3	3	1	3	3	Nursing Process: Steps of Nursing process			
2	2	0	2	3	1	2	2	3	3	3	1	3	3	Asepsis: Handwashing, personal protective equipment (PPE)			2.
2	2	0	2	3	1	2	2	3	3	2	2	3	3	Infection Control: isolation techniques, PPE infection control precautions.			3.

2	2	0	2	3	1	2	2	3	3	2	2	3	3	Infection Control: isolation techniques, PPE infection control precautions			.4
2	2	0	2	3	1	1	2	2	3	3	3	3	3	Recording & Reporting			.5
2	2	0	1	2	2	2	3	2	3	1	3	1	3	Admission, discharge, transfer, & Referral			.6
2	2	0	1	2	2	2	3	2	3	3	3	2	3	Vital signs: measuring temperature			.7
2	2	0	1	2	2	2	3	2	3	3	3	2	3	Vital signs: measuring pulse, respiration, and blood pressure			
2	2	0	1	2	2	2	3	2	3	1	3	2	3	Personal Hygiene & bed making			.8
2	2	0	1	2	2	2	3	2	3	1	3	2	3	Personal Hygiene & bed making			
2	2	0	2	2	2	2	2	2	3	2	3	3	3	Comfort & Rest			.9
2	2	0	2	2	2	2	2	2	3	1	1	3	3	Sleep & Relation techniques			
2	2	0	2	2	2	2	2	2	3	1	2	2	3	Pain Management			.10
2	2	0	2	2	2	2	2	2	3	3	3	2	3	Maintaining Oxygenation			.11
														Final Examination			

Timby B.K. (2017). Fundamentals nursing skills and concepts. (11th ed.). Unites States: Lippincott Williams and Wilkins.	الكتاب المقرر
Berman, A., Snyder, S. J., Kozier, B., Erb, G. L., Levett-Jones, T., Dwyer, T., ... & Parker, B. (2014). <i>Kozier & Erb's Fundamentals of Nursing Australian Edition</i> (Vol. 3). Pearson Higher Education AU.	كتاب مساند / إضافي
Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2016). <i>Fundamentals of Nursing-E-Book</i> . Mosby: Elsevier health sciences.	
Carol Taylor,Carol Lillis, Pamela Lynn, (2015). Fundamentals of nursing: The art and science of person-centered nursing care (8 th ed.). Philadelphia: Lippincott.	
Potter, P. A., Perry, A. G., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (2018). <i>Canadian Fundamentals of Nursing-E-Book</i> . Elsevier Health Sciences.	
Scully, N and Wilson, D. (2014). <i>Clinical Cases: Fundamentals of Nursing Case Studies</i> . Elsevier Australia	
Williana, P. (2018). <i>Study Guide for Dewit's Fundamental Concepts and Skills for Nursing</i> . (5 th ed.) Williams Saunders: Elsevier.	

المجموع	اختبار نهائي-عملي	اختبار نهائي-نظري	أنشطة فصلية		توزيع درجات المساق
			اختبارات قصيرة	حضور ومشاركة	
100 درجة	50 درجة	30 درجة	10 درجات	10 درجات	

المسؤول	محاضر المساق	رئيس القسم	عميد الكلية	المناهج والمقررات	الشؤون الأكاديمية
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التوقيع	د. عزات العسكري	د. عزات العسكري	د. طالب أبو معلا		

تعريف المصطلحات

المعرفة والفهم: تعني المعارف والمفاهيم التي يكتسبها الطالب من المساق

المهارات الذهنية: تعني القدرات العقلية التي تتنامى بتحصيل المعارف والمناقشات الصفية، وما يصاحبها من الاستدلال والاستنتاج، وما يكتسب الطالب من الأنشطة غير الصفية

المهارات التقنية والفنية: تعني المهارات التي يكتسبها الطالب لتحويل ما حصله من معارف نظرية إلى قدرات ومهارات تطبيقية عملية، تمكنه من توظيف معارفه في أدائه المهني

المهارات العامة: وهي التي يكتسبها الطالب من البرنامج، لتمكنه من التواصل مع المؤسسات المجتمعية كالتفاعل معها

الجوانب الوجدانية: ونعني بها القيم والاتجاهات وأوجه التقدير التي توجه انفعالات الطالب وسلوكياته

تعريف الأرقام: (0: لا يستخدم)، (1: بدرجة قليلة)، (2: بدرجة متوسطة)، (1: بدرجة كبيرة)

