



Cafe Iterum  
Harvest Bowl  
Type  
menu 2024

Menu Price		Gross Margin		Per Serving	
\$14		81.68%		\$2.56	
Food Cost		Labor Cost		Prime Cost	
\$2.56 18.32%		\$0.00 0.00%		\$2.56	
Serving	Serving Size	Prep Time	Cook Time		
	1	mins	mins		

ALLERGENS

Eggs	Fish	Gluten	Milk	Peanuts	Sesame	Shellfish	Soy	Tree Nuts
No	No	No	Does	No	No	No	No	Does

INGREDIENTS

20 gram	Wash Cut Kale	\$0.08	50 gram	Cooked Wild Rice	\$0.1
30 gram	Cheese, goat	\$0.62	40 gram	Roasted Sweet Potatoes	\$0.2
100 gram	Herb Roasted Chicken 11	\$1.03	20 gram	Herb Vinaigrette	\$0.08
5 gram	Salt, Kosher	\$0.01	5 gram	Spices, black pepper	\$0.13
10 gram	House Herby Mix	\$0.15	20 gram	Crunchy Mix	\$0.17