



Menu Price		Gross Margin		Per Serving	
\$12		71.47%		\$3.42	
Food Cost		Labor Cost		Prime Cost	
\$3.42 28.53%		\$0.00 0.00%		\$3.42	
Serving	Serving Size	Prep Time	Cook Time		
	1	mins	mins		

ALLERGENS

Eggs	Fish	Gluten	Milk	Peanuts	Sesame	Shellfish	Soy	Tree Nuts
No	No	No	No	No	No	No	No	No

INGREDIENTS

100 gram	Blanched Lo Mein	\$1.27	50 gram	Marinated Tomatoes	\$0
100 gram	Marinated Tofu	\$0.31	20 gram	Pickled Red Onion	\$0.07
0.25 each	Avocados	\$0.31	0.12 gram	Steamed Cauliflower	\$0.16
5 gram	Furikake, seaweed	\$0.85	2 gram	Spices, gochugaru	\$0.04
5 gram	Sliced Scallions	\$0.14	2	Lo Mein Salad Vinegret	\$0.28
			tablespoon		