

BY SUBTRACTION

$$\begin{array}{r} 36 \\ -18 \\ \hline \end{array} \quad \begin{array}{r} 54 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 75 \\ -26 \\ \hline \end{array} \quad \begin{array}{r} 36 \\ -38 \\ \hline \end{array} \quad \begin{array}{r} 75 \\ -26 \\ \hline \end{array} \quad \begin{array}{r} 87 \\ -18 \\ \hline \end{array} \quad \begin{array}{r} 58 \\ -39 \\ \hline \end{array} \quad \begin{array}{r} 93 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 37 \\ -28 \\ \hline \end{array}$$

$$\begin{array}{r} 63 \\ -58 \\ \hline \end{array} \quad \begin{array}{r} 55 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 27 \\ -38 \\ \hline \end{array} \quad \begin{array}{r} 36 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 72 \\ -29 \\ \hline \end{array} \quad \begin{array}{r} 48 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 73 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 46 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 37 \\ -19 \\ \hline \end{array}$$

$$\begin{array}{r} 42 \\ -25 \\ \hline \end{array} \quad \begin{array}{r} 56 \\ -37 \\ \hline \end{array} \quad \begin{array}{r} 37 \\ -68 \\ \hline \end{array} \quad \begin{array}{r} 82 \\ -29 \\ \hline \end{array} \quad \begin{array}{r} 64 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 38 \\ -29 \\ \hline \end{array} \quad \begin{array}{r} 82 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 34 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 75 \\ -29 \\ \hline \end{array}$$

$$\begin{array}{r} 37 \\ -28 \\ \hline \end{array} \quad \begin{array}{r} 63 \\ -36 \\ \hline \end{array} \quad \begin{array}{r} 45 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 46 \\ -29 \\ \hline \end{array} \quad \begin{array}{r} 34 \\ -16 \\ \hline \end{array} \quad \begin{array}{r} 52 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 76 \\ -38 \\ \hline \end{array} \quad \begin{array}{r} 46 \\ -28 \\ \hline \end{array} \quad \begin{array}{r} 37 \\ -18 \\ \hline \end{array}$$

$$\begin{array}{r} 38 \\ -18 \\ \hline \end{array} \quad \begin{array}{r} 96 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 28 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 36 \\ -19 \\ \hline \end{array} \quad \begin{array}{r} 45 \\ -26 \\ \hline \end{array} \quad \begin{array}{r} 63 \\ -37 \\ \hline \end{array} \quad \begin{array}{r} 52 \\ -39 \\ \hline \end{array} \quad \begin{array}{r} 85 \\ -27 \\ \hline \end{array} \quad \begin{array}{r} 92 \\ -39 \\ \hline \end{array}$$

DOUBLE 3 DIGIT

167	129	114	153	175	141	186	195	168
193	127	233	255	242	298	215	270	224
254	239	294	271	216	264	335	349	373
336	391	366	352	374	358	313	337	372
426	483	443	469	421	476	548	562	589
656	634	697	622	788	863	831	877	819
951	985	944	978	925	996	911	965	938

DOT TRICK

9	5	9	5	4	8	8	7	9	9	6
+3	+6	+6	+9	+8	+4	+7	+6	+9	+7	+4
+8	+9	+5	+4	+6	+5	+4	+7	+6	+5	+6
+7	+7	+4	+5	+8	+6	+5	+8	+5	+6	+4
<u>+4</u>	<u>+5</u>	<u>+8</u>	<u>+7</u>	<u>+7</u>	<u>+5</u>	<u>+3</u>	<u>+6</u>	<u>+5</u>	<u>+7</u>	<u>+8</u>

9	7	4	6	5	6	5	7	5	5	7
+3	+3	+5	+8	+6	+5	+9	+9	+9	+9	+9
+9	+9	+6	+2	+8	+7	+6	+4	+4	+4	+8
+8	+7	+5	+6	+7	+6	+5	+6	+9	+9	+4
<u>+5</u>	<u>+5</u>	<u>+7</u>	<u>+5</u>	<u>+4</u>	<u>+8</u>	<u>+7</u>	<u>+5</u>	<u>+7</u>	<u>+3</u>	<u>+8</u>

5	3	6	8	5	8	7	5	5	8	9
+7	+6	+8	+6	+5	+9	+9	+3	+4	+7	+6
+7	+7	+5	+7	+6	+4	+8	+4	+9	+6	+5
+9	+6	+9	+8	+7	+6	+6	+8	+8	+4	+7
<u>+8</u>	<u>+8</u>	<u>+7</u>	<u>+8</u>	<u>+8</u>	<u>+8</u>	<u>+3</u>	<u>+6</u>	<u>+6</u>	<u>+8</u>	<u>+8</u>

DOT TRICK

3	8	8	9	9	9	5	6	9
+7	+6	+8	+9	+6	+3	+7	+8	+7
<u>+9</u>	<u>+5</u>	<u>+5</u>	<u>+5</u>	<u>+4</u>	<u>+4</u>	<u>+7</u>	<u>+6</u>	<u>+6</u>

8	6	5	8	9	8	4	9	8
+6	+8	+8	+7	+9	+6	+9	+5	+9
<u>+5</u>	<u>+7</u>	<u>+9</u>	<u>+4</u>	<u>+3</u>	<u>+5</u>	<u>+8</u>	<u>+6</u>	<u>+4</u>

8	8	4	8	6	9	8	9	7
+9	+7	+9	+9	+8	+6	+5	+8	+6
<u>+8</u>	<u>+7</u>	<u>+8</u>	<u>+6</u>	<u>+8</u>	<u>+8</u>	<u>+7</u>	<u>+7</u>	<u>+5</u>

ADDING MENTAL

54 96 41 85 75 85 54 25 69 47
+87 +27 +69 +27 +16 +28 +39 +88 +49 +26

27 24 15 38 27 58 49 37 24 85
+25 +48 +39 +45 +96 +58 +39 +48 +39 +49

39 48 27 85 64 48 29 42 39 85
+45 +49 +39 +45 +36 +48 +38 +49 +39 +49

36 49 78 85 36 48 26 15 85 63
+75 +67 +26 +28 +48 +55 +49 +49 +26

2 / 3



46 95 36 96 85 36 48 36 29 48
+34 +68 +67 +58 +68 +37 +45 +36 +52 +49

DOT TRICK

15	36	46	36	63	48	96	96	37	76
+26	+45	+63	+74	+26	+63	+37	+37	+96	+96
+37	+42	+52	+56	+39	+48	+46	+74	+74	+38
+45	+35	+34	+75	+76	+64	+49	+46	+49	+46
<u>+49</u>	<u>+45</u>	<u>+48</u>	<u>+45</u>	<u>+88</u>	<u>+48</u>	<u>+34</u>	<u>+49</u>	<u>+63</u>	<u>+85</u>

38	96	19	39	99	68	42	95	63	38
+76	+30	+46	+76	+63	+37	+33	+36	+38	+29
+96	+58	+37	+45	+85	+96	+37	+54	+96	+75
+85	+87	+59	+96	+35	+48	+55	+58	+52	+48
<u>+67</u>	<u>+48</u>	<u>+74</u>	<u>+72</u>	<u>+74</u>	<u>+36</u>	<u>+74</u>	<u>+37</u>	<u>+24</u>	<u>+45</u>

63	75	38	41	17	63	55	85	36	47
+63	+52	+28	+36	+25	+45	+63	+49	+57	+63
+74	+63	+47	+52	+35	+53	+58	+66	+96	+44
+36	+48	+48	+27	+46	+52	+37	+58	+49	+49
<u>+85</u>	<u>+48</u>	<u>+36</u>	<u>+41</u>	<u>+44</u>	<u>+41</u>	<u>+75</u>	<u>+47</u>	<u>+35</u>	<u>+48</u>

BY ADDITION (+9)

54	96	41	85	75	85	54	25	69	47
<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>
27	24	15	38	27	58	49	37	24	85
<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>
39	48	27	85	64	48	29	42	39	85
<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>
36	49	78	85	36	48	26	15	85	63
<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>
46	95	36	96	85	36	48	36	29	48
<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>	<u>+9</u>

VERTICAL AND CROSSWISE

22 32 41 24 25 21 45 47 45 21
x21 x33 x22 x23 x26 x34 x36 x32 x25 x23

24 25 41 85 75 85 54 25 69 47
x33 x41 x63 x15 x24 x21 x47 x52 x47 x22

41 25 63 48 25 48 25 25 33 32
x87 x27 x25 x42 x36 x44 x41 x52 x48 x36

54 42 24 33 26 52 53 63 53 26
x22 x27 x69 x27 x16 x28 x39 x88 x49 x26

25 13 24 33 21 32 36 23 45 45
x13 x12 x14 x42 x36 x25 x42 x41 x32 x55

ADDING MENTAL

36 48 75 68 42 36 45 25 36 45
+77 +36 +27 +49 +59 +25 +65 +48 +66 +85

26 16 26 46 59 26 49 26 48 36
+63 +74 +96 +35 +38 +17 +26 +48 +58 +36

49 27 85 76 39 15 16 25 28 95
+27 +39 +58 +49 +49 +34 +56 +66 +77 +88

26 94 26 49 47 26 36 46 26 43
+49 +36 +74 +29 +46 +39 +49 +47 +58 +96

63 32 27 43 16 47 26 18 36 24
+85 +39 +48 +35 +63 +48 +96 +47 +66 +57

LEARN 5 GROUP

45 26 84 75 82 96 33
+25 +24 +16 +15 +38 +14 +27

46 27 52 36 75 85 36
+44 +23 +88 +64 +45 +25 +74

15 26 49 32 49 26 75
+45 +14 +31 +48 +61 +84 +25

DOUBLE 4 DIGIT

1167	1219	1143	1253	1275	1341	1486
2193	2327	2433	2455	2342	2198	2145
3254	3239	2394	3271	4216	4264	4335
4336	4391	4366	4352	5374	5358	5312
4526	5483	5443	5469	5421	5476	5548
6656	6634	6697	6622	6788	8863	8831
7951	7985	9944	9978	5925	3996	9911

ST. KABIR CLASSES

BY KABIR SIR

DOT TRICK

158	136	146	136	263	148	296	196
+264	+245	+263	+274	+126	+263	+337	+237
+327	+142	+352	+356	+339	+348	+446	+374
+245	+235	+234	+275	+476	+164	+249	+546
<u>+139</u>	<u>+345</u>	<u>+348</u>	<u>+345</u>	<u>+388</u>	<u>+248</u>	<u>+234</u>	<u>+249</u>

318	196	219	319	199	168	142	195
+276	+230	+146	+726	+263	+237	+233	+236
+396	+258	+327	+415	+185	+396	+337	+354
+185	+187	+529	+926	+235	+248	+455	+258
<u>+367</u>	<u>+428</u>	<u>+114</u>	<u>+732</u>	<u>+374</u>	<u>+336</u>	<u>+274</u>	<u>+237</u>

613	175	328	141	217	463	355	285
+625	+252	+218	+236	+525	+545	+263	+249
+724	+363	+457	+352	+335	+653	+158	+636
+136	+248	+428	+527	+546	+252	+137	+528
<u>+285</u>	<u>+418</u>	<u>+336</u>	<u>+341</u>	<u>+644</u>	<u>+341</u>	<u>+575</u>	<u>+457</u>

ST. KABIR CLASSES

BY KABIR SIR