

## **DHARMA SASTHA TEMPLE**

### **Sabarimala, Pathanamthitta, Kerala, India**

God

Sabarimala Sri Ayyappa Swamy is the main deity of this temple and facing in East direction. Here Lord is installed by Parasurama and we see Lord here in a sitting form both his legs bent and pressed on the floor and his Dhoti is tied tightly around his knees.

#### **Interesting Facts**

18 Golden Steps of Sabarimala Ayyappa Temple.

The temple is situated on a hilltop at an altitude of 1260 m (4,133 ft) above mean sea level, and is surrounded by mountains and dense forests.

The temple remains open only for 127 days a year.

According to a popular belief, the first 5 steps signify the five indriyas or the senses, the following 8 the ragas (tatwa, kama, krodha, moha, lobha, madha, matsraya, and ahamkara), the next 3 the gunas (satwa, rajas and thamas) followed by vidya and avidya.

#### **Best Season To Visit**

The best season to visit the temple is Winter season. The best months to visit are September to February.

## Weather

Highest - April to June (38°C during day and 35°C during night) Average - May (32°C during the day and 25°C during night) Lowest - December to February (26°C during day and 21°C during night) Monsoon season - July to September

## Dress Code

For men the dress code is Shirt & Trouser, Dhoti or Pyjamas with upper cloth.

For women the preferred dress code is saree or half-saree with blouse or chudidhar with pyjama and upper cloth.

Shorts, mini-skirts, middies, sleeveless tops, low-waist jeans and short-length T-shirts are not allowed.

## Do's & Dont's

Do bathe and wear clean clothes before you enter the temple.

Do respect ancient customs and co-pilgrims while at temple.

Smoking and drinking is prohibited in this temple.

Chewing betel leaves, tobacco, gutka and spitting inside temple is strictly prohibited.

transport connections

Name

Distance

Contact Number

Pampa Bus Stand

1.5 KM

0473-5203445

Chengannur Railway Station

85 KM

0479-2452340

Cochin International Airport

159 KM

0484-2610115

Deity

God

Sabarimala Sri Ayyappa Swamy is the main deity of this temple and facing in East direction. Here Lord is installed by Parasurama and we see Lord here in a sitting form both his legs bent and pressed on the floor and his Dhoti is tied tightly around his knees.

Interesting Facts

## 18 Golden Steps of Sabarimala Ayyappa Temple.

The temple is situated on a hilltop at an altitude of 1260 m (4,133 ft) above mean sea level, and is surrounded by mountains and dense forests.

The temple remains open only for 127 days a year.

According to a popular belief, the first 5 steps signify the five indriyas or the senses, the following 8 the ragas (tatwa, kama, krodha, moha, lobha, madha, matsraya, and ahamkara), the next 3 the gunas (satwa, rajas and thamas) followed by vidya and avidya.

### Best Season To Visit

The best season to visit the temple is Winter season. The best months to visit are September to February.

### Weather

<p>

Highest - April to June (38&deg;C during day and 35&deg;C during night)Average - May (32&deg;C during the day and 25&deg;C during night)Lowest - December to February (26&deg;C during day and 21&deg;C during night)Monsoon season - July to September</p>

## Dress Code

For men the dress code is Shirt & Trouser, Dhoti or Pyjamas with upper cloth.

For women the preferred dress code is saree or half-saree with blouse or chudidhar with pyjama and upper cloth.

Shorts, mini-skirts, middies, sleeveless tops, low-waist jeans and short-length T-shirts are not allowed.

## Do's & Dont's

Do bathe and wear clean clothes before you enter the temple.

Do respect ancient customs and co-piligrims while at temple.

Smoking and drinking is prohibited in this temple.

Chewing betel leaves, tobacco, gutka and spitting inside temple is strictly prohibited.

## Bus Stations

Bus Station Name

Distance

Contact Number

Pampa Bus Stand

1.5 KM

0473-5203445

## Railway Stations

Railway Station Name

Distance

Contact Number

Chengannur Railway Station

85 KM  
0479-2452340

## Airports

Airport Name  
Distance  
Contact Number

Cochin International Airport  
159 KM  
0484-2610115