



Symptoms of Dengue and Testing

 For Everyone
AUG. 7, 2025 •

KEY POINTS

- 1 in 4: About one in four people infected with dengue will get sick.
- For people who get sick with dengue, symptoms can be mild or severe.
- Severe dengue can be life-threatening within a few hours and often requires care at a hospital.



Symptoms

The most common symptom of dengue is **fever** with any of the following:

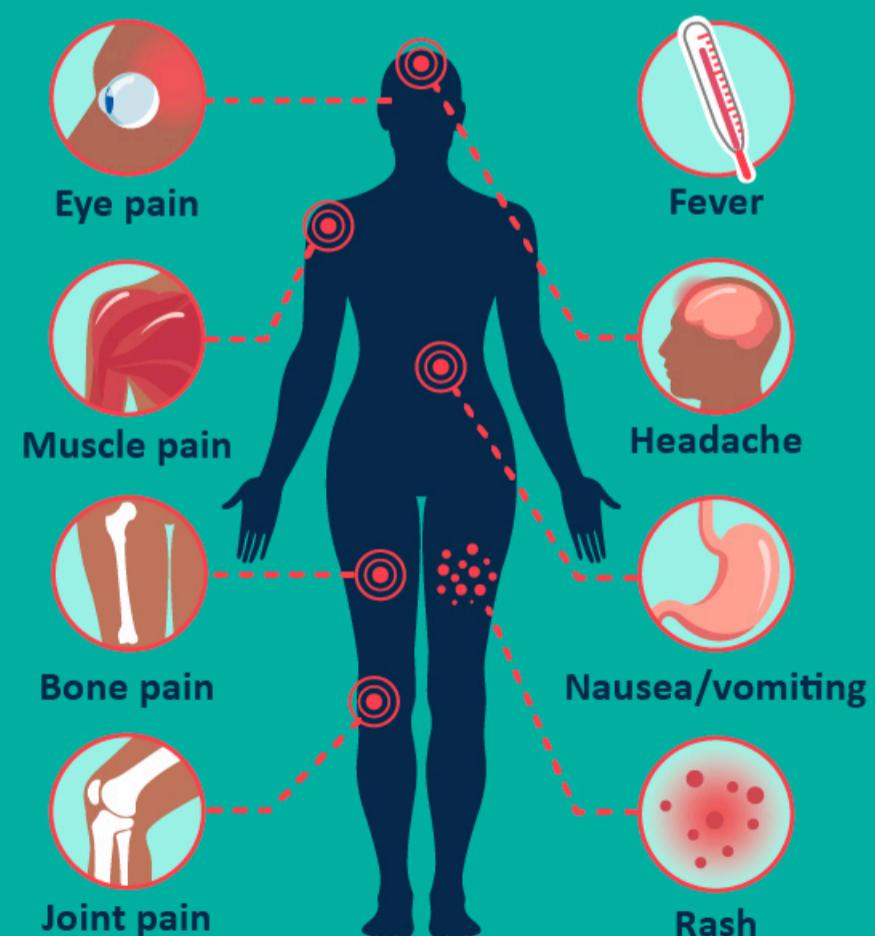
- Aches and pains (eye pain, typically behind the eyes, muscle, joint, or bone pain)
- Nausea, vomiting
- Rash
- Any warning sign

DENGUE SYMPTOMS

Fever with any of the following



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Dengue symptoms

Fever with any of the following

- Eye pain
- Muscle pain
- Bone pain
- Joint pain
- Headache
- Nausea/vomiting
- Rash

CDC logo

- Mild symptoms of dengue can be confused with other illnesses that cause fever.
- Symptoms of dengue typically last 2–7 days.
- Most people will recover after about a week.

When to seek emergency help

Symptoms of dengue can become severe within a few hours. **Severe dengue is a medical emergency.**

About 1 in 20 people who get sick with dengue will develop severe dengue. Severe dengue can result in shock, internal bleeding, and death.

Warning signs are symptoms that indicate a person may be at higher risk for developing severe dengue. Immediately go to a local clinic or emergency room if you or a family member has any of the following warning signs:

- Belly pain or tenderness
- Vomiting (at least 3 times in 24 hours)
- Bleeding from the nose or gums
- Vomiting blood, or blood in the stool
- Feeling extremely tired or restless

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