WORKING EXAMPLE 1

In: A guide to test association between Polygenic Risk Scores and psychological and psychiatric traits: practical examples

Itziar Irigoien, Patricia Mas-Bermejo, Sergi Papiol, Neus Barrantes-Vidal, Araceli Rosa, and Concepción Arenas

Working flow and code

In this example we simulate 9 PRSs, and a continuous trait, with sex, clinical diagnosis (with 2 categories), age, and two Principal Components as covariates.

• data reading

```
dat <- read.table("WExample1.csv", header=TRUE, sep=";", dec=",")</pre>
names(dat) #
    [1] "Sex"
                       "Diagnostic" "Age"
                                                                 "PRS.1"
                                                   "Trait"
    [6] "PRS.2"
                                     "PRS.4"
                                                   "PRS.5"
                       "PRS.3"
                                                                 "PRS.6"
## [11] "PRS.7"
                       "PRS.8"
                                     "PRS.9"
                                                   "PC1"
                                                                 "PC2"
```

• do not forget to declare the categorical variables as factors

```
dat$Sex <- as.factor(dat$Sex)
dat$Diagnostic <- as.factor(dat$Diagnostic)</pre>
```

1. What full model should be considered?

First, given a particular PRS (named PRS.i), consider all the possible full models:

- FM_{WI} : Trait versus PRS.i + Sex + Diagnostic + Age + PC1 + PC2
- FM_{Sex} : Trait versus $PRS.i + Sex + PRS.i \cdot Sex + Diagnostic + Age + PC1 + PC2$
- FM_{Diagnostic}: Trait versus PRS.i + Sex + Diagnostic + PRS.i · Diagnostic + Age + PC1 + PC2
- FM $_{Sex/Diagnostic}$: Trait versus PRS.i + Sex + PRS.i · Sex + Diagnostic + PRS.i · Diagnostic + Age + PC1 + PC2

2. How to make a PRS ranking to find the important ones?

As is described in the paper, for each model, calculate the coefficient of determination R^2 and calculate the sum: $S = R_{WI}^2 + R_{Sex}^2 + R_{Diagnostic}^2 + R_{Sex/Diagnostic}^2$.

According to S, list the PRSs in decreasing order:

```
out <- orderR2(dat, yname="Trait", prsname = "PRS.")
head(out)</pre>
```

```
## PRS.4 0.06561329 0.07420427 0.12600084 0.15146070 0.4172791
## PRS.6 0.05596966 0.06220536 0.13638253 0.15759204 0.4121496
## PRS.2 0.04973955 0.05309214 0.11850006 0.12356753 0.3448993
## PRS.5 0.05308815 0.06728312 0.10264612 0.11770778 0.3407252
```

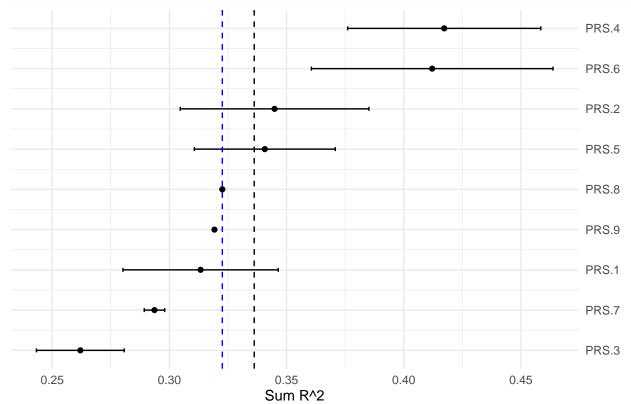
```
## PRS.8 0.07995274 0.08034903 0.08088220 0.08141782 0.3226018

## PRS.9 0.07932875 0.08028067 0.07933969 0.08030066 0.3192498

write.csv2(out,file="WExample1_Ordered_PRS.csv")
```

Plot the sum of coefficients of determination S_{R^2} . Lines: in blue the median; in black the mean

```
out <- data.frame(out)</pre>
nPRS <- dim(out)[1]
select <- grep("Model", names(out), value=FALSE)</pre>
out$effect <- out$Sum</pre>
sds <- apply(out[, select], 1, sd)</pre>
out$lower <- out$effect - sds</pre>
out$upper <- out$effect + sds</pre>
out$rank <- nPRS:1</pre>
n <- dim(out)[1]</pre>
ggplot(data=out, aes(y=rank, x=effect, xmin=lower, xmax=upper)) +
  geom_point() +
  geom_errorbarh(height=.1) +
  scale_y_continuous(name=NULL, breaks= n:1, labels=row.names(out), position="right") +
  labs(title='', x='Sum R^2', y = 'PRS') +
  geom_vline(xintercept=mean(out$effect), color='black', linetype='dashed') +
  geom_vline(xintercept=median(out$effect), color='blue', linetype='dashed') +
  theme_minimal()
```



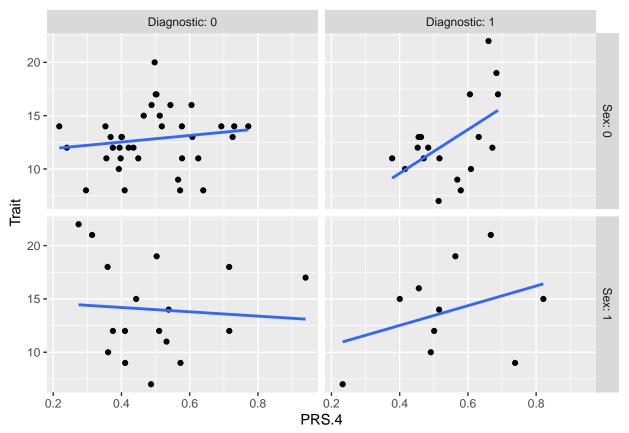
According to the obtained results, first, PRS.4 is selected to analyse its possible association with the Trait.

3. Which model, of all the possible ones, should be used?

The following Figure represents the scatter plot of Trait versus PRS.4 separated by Sex and Diagnostic groups.

```
# First candidate PRS.4
# Plot it
ggplot(dat, aes(x=PRS.4, y=Trait)) +
  geom_point() +
  geom_smooth(method=lm, se=FALSE)+
  facet_grid(Sex ~ Diagnostic, labeller=label_both)
```

`geom_smooth()` using formula = 'y ~ x'



Observing the slopes of the lines, it seems that a different relationship between Trait and PRS.4 could be expected depending on the diagnostic group, but not depending on the sex group. Thus, we set the full model candidate (FM): $Trait \sim PRS + Sex + Diagnostic + PRS \cdot Diagnostic + PC1 + PC2$.

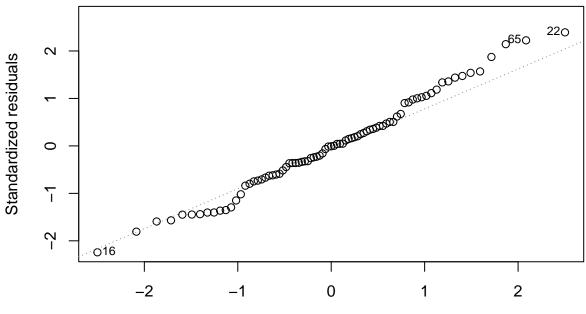
4. For a continuous trait, what steps should be followed for a correct analysis?

• 4.1. How is the candidate model validated?

First, we validate the normality of the errors and the constant variance conditions (see the figures and the results of Shapiro test and Levene test.

```
#model
FM <- lm(Trait ~ PRS.4*Diagnostic + Sex + Age + PC1 + PC2, data=dat)
#qq-plot for normality
plot(FM,2)</pre>
```

Q-Q Residuals

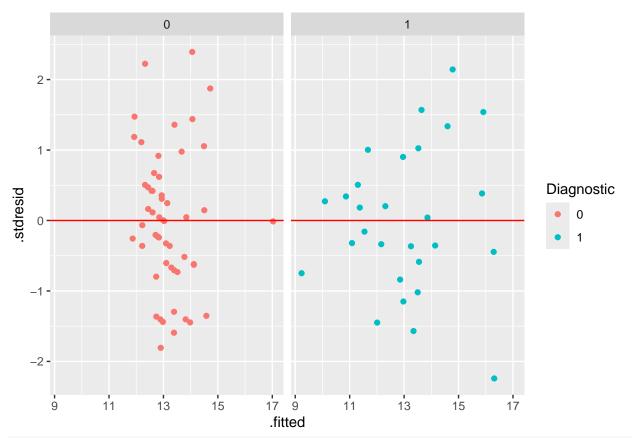


Theoretical Quantiles
Im(Trait ~ PRS.4 * Diagnostic + Sex + Age + PC1 + PC2)

```
#Shapiro-Wilk test
shapiro.test(FM$residuals)

##
## Shapiro-Wilk normality test
##
## data: FM$residuals
## W = 0.98413, p-value = 0.4166

#plot for variances
d <- fortify(FM)
ggplot(d,aes(x=.fitted, y=.stdresid, colour=Diagnostic)) +
    geom_point() +
    geom_hline(yintercept=0, col="red") +
    facet_wrap(.~Diagnostic)</pre>
```



#Levene's test leveneTest(.stdresid ~ Diagnostic, data=d)

```
## Levene's Test for Homogeneity of Variance (center = median)
## Df F value Pr(>F)
## group 1 0.1193 0.7307
## 79
```

Having the full model validated, we can use it.

• 4.3 How a possible association is established?

summary(FM)

```
##
## Call:
## lm(formula = Trait ~ PRS.4 * Diagnostic + Sex + Age + PC1 + PC2,
##
       data = dat)
##
## Residuals:
                1Q Median
## -7.3117 -2.1180 -0.0277 1.6987 7.9418
##
## Coefficients:
                     Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                     14.81613
                                 2.80605
                                           5.280 1.28e-06 ***
## PRS.4
                     -1.04058
                                 3.71031 -0.280
                                                    0.7799
## Diagnostic1
                                 3.62154 -2.298
                     -8.32066
                                                   0.0245 *
```

```
## Sex1
                      1.29952
                                 0.83922
                                           1.548
                                                   0.1258
## Age
                     -0.07070
                                 0.08635
                                          -0.819
                                                   0.4156
                                 6.45497
## PC1
                      0.92650
                                           0.144
                                                   0.8863
                                                   0.2013
                                 6.22984
                                           1.289
## PC2
                      8.03272
## PRS.4:Diagnostic1 15.02560
                                 6.69040
                                           2.246
                                                   0.0277 *
##
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 3.541 on 73 degrees of freedom
## Multiple R-squared: 0.126, Adjusted R-squared: 0.04219
## F-statistic: 1.503 on 7 and 73 DF, p-value: 0.1796
```

Next table shows the parameters and hypothesis (columns 1-3), together with the standard output for this type of analysis (columns 4-7). This output allows the model equation to be built and it would be used if the objective of the study is to predict the Trait values.

| | Parameter | Null Hypothesis | Estimate | Std. Error | t value | <i>p</i> -value |
|-------------------|-----------|-----------------|----------|------------|---------|-----------------|
| Intercept | b_0 | $b_0 = 0$ | 14.816 | 2.806 | 5.280 | 1.28e-06 |
| PRS.4 | b_1 | $b_1 = 0$ | -1.041 | 3.710 | -0.280 | 0.780 |
| Diagnostic1 | b_2 | $b_2 = 0$ | -8.321 | 3.622 | -2.298 | 0.025 |
| Sex1 | b_3 | $b_3 = 0$ | 1.300 | 0.839 | 1.548 | 0.126 |
| Age | b_4 | $b_4 = 0$ | -0.071 | 0.086 | -0.819 | 0.416 |
| PC1 | b_5 | $b_5 = 0$ | 0.927 | 6.455 | 0.144 | 0.886 |
| PC2 | b_6 | $b_6 = 0$ | 8.033 | 6.230 | 1.289 | 0.201 |
| PRS.4:Diagnostic1 | b_7 | $b_7 = 0$ | 15.026 | 6.690 | 2.246 | 0.028 |

Table 1: Working example 1. Parameters, null hypothesis, estimates, standard errors, t statistics, and p-values for the regression coefficients in the $FM_{Diagnostic}$.

The PRS.4 coefficient will vary depending on the diagnostic group each individual belongs to, being:

- if Diagnostic = 0, $\widehat{Trait} = 14.816 + -1.041 \, PRS.4 + 1.3 \, Sex 0.071 \, Age + 0.927 \, PC1 + 8.033 \, PC2$
- if Diagnostic = 1, \widehat{Trait} = (14.816 8.321) + (-1.041 + 15.022) PRS.4 + 1.3 Sex 0.071 Age + 0.927 PC1 + 8.033 PC2

where Sex takes values 0 or 1, depending on whether the individual under study is male or female, affecting only the value of the intercept.

However, if the objective is to evaluate the possible association between Trait and PRS.4, it can be interesting to check whether the respective PRS.4 coefficients under each Diagnostic group are considerable or not. Note that these coefficients vary according to the Diagnosis group being b_1 for the Diagnostic group 0, which has been taken as the basal group; $b_1 + b_7$ for the Diagnostic 1:

```
summary(glht(FM, "PRS.4 = 0"))
```

```
##
     Simultaneous Tests for General Linear Hypotheses
##
##
## Fit: lm(formula = Trait ~ PRS.4 * Diagnostic + Sex + Age + PC1 + PC2,
##
       data = dat)
##
## Linear Hypotheses:
##
              Estimate Std. Error t value Pr(>|t|)
## PRS.4 == 0
                -1.041
                             3.710
                                     -0.28
## (Adjusted p values reported -- single-step method)
```

```
summary(glht(FM, "PRS.4 + PRS.4:Diagnostic1 = 0"))
```

```
##
##
    Simultaneous Tests for General Linear Hypotheses
##
## Fit: lm(formula = Trait ~ PRS.4 * Diagnostic + Sex + Age + PC1 + PC2,
##
      data = dat)
##
## Linear Hypotheses:
                                Estimate Std. Error t value Pr(>|t|)
##
## PRS.4 + PRS.4:Diagnostic1 == 0 13.98
                                               5.55
                                                       2.52 0.0139 *
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## (Adjusted p values reported -- single-step method)
```

That means that for Diagnostic group 0 there is no relevant association (coeff = -1.041), but for Diagnostic group 1, the association is strong, positive (coeff = 13.980), and significant (p-value = 0.014).

-Last step: We move to the next PRS.