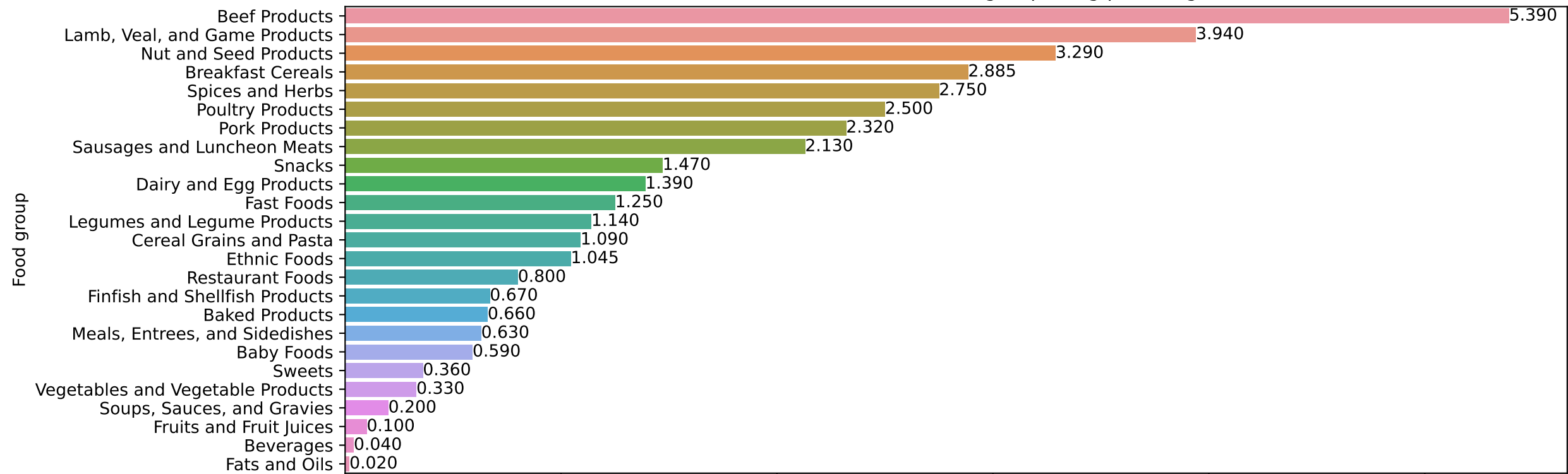


U.S. Department of Agriculture Food Database Analysis

Median zinc values in Food groups (mg per 100g)



Median Vitamins values in Food Groups (mg per 100g)

