

17th March 2017

To: All the students of Makerere university.

From: Mutumba Ivan.

Subject: The very efficient ways to help reduce unwanted pregnancies at campus.

A little investigations have been taking place around various universities and it has been found that among students, there have been so many abortions in so many small medical centers and this has been led to their closure, as abortion is a very dangerous point to reach at in the life of a female student. Many students have reached a near death point, lost a lot of blood, have been infected with HIV, dropped out of school, have been left as single mothers as the responsible men have denied to pregnancies, among others.

1 Some of the causes of unwanted pregnancies.

Unprotected sex and some students tend to enjoy it without protection and this is one of the leading causes of the problem.

Some students say they tend to forget to ask their partners if they have condoms with them.

Poverty or limited funds given to some female students by their parents, and they tend to look for it by themselves by indulging in sexual activities in order to get money to leave the kind of life they want.

Religious beliefs followed by various believers tend to stop them from using protection when they indulge in sexual activities and many of them end up getting pregnant.

Alcoholism among many university students, both male and female, this leads them into sexual activities and hence end up forgetting to protect themselves. This is also a leading cause of the spread of HIV.

Rape of female students by male students or even other outsiders, as female students tend to go out a lot and end up going back to their residences in the late hours of the night hence end up being raped.

There are many more causes of unwanted pregnancies among student, but according to the little findings made, the above are the leading.

2 How to pre-vent the lead-ing causes of unwanted pregnancies among students.

Abstinence is one of the best ways to control the above mentioned problem and this can be done by sensitizing the students about early pregnancy and its dangers.

Ensuring that students protect themselves from this problem by using condoms. This can be done by ensuring a very efficient supply of the condoms around the university.

Parents, guardians and sponsors should ensure that their children have the necessary requirements and are financially stable at campus in order for the students not to go around looking for money using other methods that could lead to pregnancies.

Students with religious and traditional beliefs should then be sensitized on the dangers they have and how they can put them aside and protect themselves.

Students should be advised on the way they spend their money while at campus and this will control the problem of alcoholism and its causes. This will also help them improve on their saving skills.

Students should also make sure they get to their places of residence in time in order to control the problem of rape that they face often when they move late in the night, and should have trusted male friends.

The few above preventive methods could help prevent the leading cause of university students school dropout and could also help control the spread of sexually transmitted diseases among various people.