By Lagrange Multiplies Method, $E(f) = f^{T}Cf - \lambda_{1}(f^{T}f - 1) - \lambda_{2}(f^{T}e)$ $\frac{d}{df}E(f) = 0 \Rightarrow Cf - \lambda_{1}f - \lambda_{2}e = 0$ $\Rightarrow e^{t}Cf - \lambda_{1}e^{t}f - \lambda_{2} = 0$ $\Rightarrow \lambda_{1}e^{t}f - \lambda_{1}e^{t}f - \lambda_{2} = 0$ $\Rightarrow \lambda_{2} = 0$ $\Rightarrow Cf = \lambda_{1}f \Rightarrow f \text{ is eigenvector of } C$ with eigenvalue λ_{1} $f^{T}Cf = \lambda_{1} & \text{distinct eigen values}$

f^TCf = λ₁ & distinct eigen values

→ f corresponds to second highest eigenvalue.