

POOR TIME MANAGEMENT AMONG STUDENTS

01. STRUGGLE WITH BALANCE

Many students struggle to balance schoolwork and personal time.



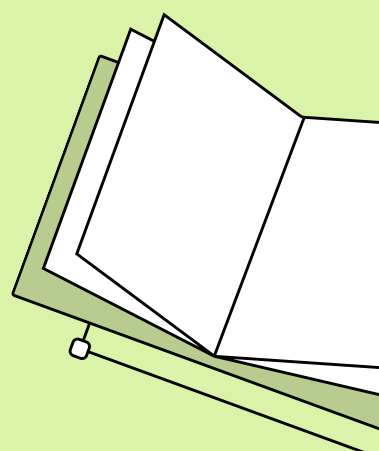
02. INCREASED STRESS LEVELS

Poor time management can lead to late submissions and stress.



03. POOR TIME ESTIMATION

Students often underestimate how long tasks take.



04. DIGITAL DISTRACTIONS

Distractions like social media affect focus and productivity.

