

RAGHDA DAOUD

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A highly motivated and compassionate counseling professional with over three years of experience supporting adults and children facing diverse mental health challenges. Backed by a strong academic foundation in mental health, I have successfully applied evidence-based practices to empower individuals in overcoming emotional and psychological barriers. I am seeking an opportunity to leverage my skills and expertise in a dynamic setting to make a meaningful and lasting impact on individuals' mental health and overall well-being..

EXPERIENCE

AL HASSAD SCHOOL SCHOOL COUNSELLOR NOV2024-UNTIL NOW

- Facilitated social counseling services to students, focusing on their emotional and psychological well-being.
- Conducted group orientation programs, individual counseling sessions, and group guidance activities to support student development and success.
- Academic Advising
- Career Guidance
- Mental Health Support
- Social and Emotional Learning (SEL)
- Individual Counseling
- Behavioral Interventions
- Case Management
- CHILD PSYCHOLOG

DR. ANAS AL-YAZORI CLINC MENTAL HEALTH CONSULTANT FOR OBESITY PATIENTS NOV 2023 –NOV2024

- Supported obesity patients in addressing psychological triggers for “emotional eating.”
- Identified psychological and emotional barriers to sustainable weight management.
- Guided patients in adopting healthier habits and positive body image practices.
- Delivered personalized counseling to foster long-term behavioral change.

Counseling and Mental Health Trainee

King Hussein Cancer Center

Aug-Nov 2023

- Conducted psychological assessments using tools such as the Distress Thermometer Scale and PHQ-4.
- Delivered mental health support for adult and pediatric inpatients.
- Facilitated follow-up counseling sessions and documented patient information accurately.
- Engaged in art and play therapy for inpatient children and adolescents.
- Evaluated children's cognitive abilities using the Leiter International Performance Scale.

Social Counseling Trainee

Al Jami'a Schools Group

Sep 2022 - Jan2023

- Delivered individual and group counseling sessions to students addressing emotional and social challenges.
- Organized student activities and workshops to promote mental wellness.
- Provided guidance for students experiencing personal and academic challenges..

EDUCATION

BACHELOR'S DEGREE IN COUNSELING AND MENTAL HEALTH*

UNIVERSITY OF JORDAN, 2023

GPA: 3.21

HIGH SCHOOL DIPLOMA (TAWJIHI)

LITERARY EDUCATION, 2019

PERCENTAGE: 90.2

PROFESSIONAL TRAINING & CERTIFICATIONS

- SPEECH AND BODY LANGUAGE ARTS AL ARABIA FOR MEDIA .
- EMOTIONAL INTELLIGENCE – EDRAAK (ONLINE).
- EARLY CHILDHOOD DEVELOPMENT SCIENCE – EDRAAK (ONLINE).
- TRAINER OF TRAINERS (TOT) COURSE – UNIVERSITY OF JORDAN.
- INTERMEDIATE EXCEL & POWERPOINT.

CORE COMPETENCIES

- **Psychological Assessment and Counseling**
- **Crisis Intervention and Case Management**
- **Advocacy and Public Relations**
- **Mental Health Education and Awareness**
- **Cultural Competence and Diversity Awareness**
- **Art and Play Therapy Techniques**
- **Time Management and Organization.**

SKILLS

- Behavioral Therapy
- Cognitive Behavioral Therapy (CBT)
- Stress Management
- Emotional Regulation
- Substance Abuse Counseling
- Family Counseling
- Group Therapy
- Mental Health Diagnosis
- Treatment Planning
- Wellness Programs
- Mental Health Screening Tools
- Client Progress Tracking
- Data Analysis
- Empathy
- Active Listening
- Cultural Sensitivity
- Emotional Intelligence
- Conflict Resolution
- Problem-Solving

ACTIVITIES

King Hussein Cancer Center Volunteer

AUG 2023 – NOV2023

- Conducted over 50 hours of art and play therapy sessions for adolescents and children.
- Provided family support to inpatient children’s families.

Volunteer, Al-Nashama Group

2021 – 2023

- Assisted visually impaired individuals with reading, writing, and creating audio summaries.

Volunteer for Accessibility Assistance

2021 – 2022

- Supported visually impaired individuals in completing exams and assignments.

LANGUAG

ARABIC : MOTHER TONGUE.

ENGLISH: ADVANCED.