

Personal Details

* Languages: Arabic, English.
* Date of Birth: August, 1998.



Education

* **Bachelor’s degree of Nutrition and Food Processing, Jordan 2016-2020.**

Al-Balqa' Applied University (BAU), <https://www.bau.edu.jo/>



Brief Work Profile

* Clinical nutritionist at Irbid Specialized Hospital.

(July2023 \_ December 2024).

* Trainee at Al Sharaa Medical Clinics in the field of diet therapy.

(May- August/ 2023).

* Nutrition specialist at Perfect Food Diet Center, Amman, Marj Alhamam.

(July/2022- April/2023).

* Trainee at Prince Rashid bin Al Hassan Military Hospital, Amman.

(February- April/ 2020).



Certificates

* Planning Healthy Diets (15. Feb. 2022), Credit of 3 hours. Jordan Society for Food and Nutrition.
* Diet Planning (4. July. 2021), Credit of 10 hours. Step One.
* Meals Planning (2-6. Jun. 2021), Credit of 6 hours. Jordan Society for Food and Nutrition (Nutritionist: Aseel Khaled Tabaza).
* Diet Planning for Diabetes Mellitus Patients (27, 28. Mar. 2021), Credit of 8 hours. Jordan Society for Food and Nutrition.
* Diet Planning for Hypertension & Hyperlipidemia (20. Mar. 2021), Credit of 6 hours. Jordan Society for Food and Nutrition.
* Weight Management (13, 15. Mar. 2021), Credit of 8 hours. Jordan Society for Food and Nutrition.
* HACCP Advance- the six modules (20. Nov. 2020), Credit of 8 hours. Consultancy Pro.



Character Features and Skills

* Ability to work under pressure.
* Multi task worker
* Quick learner, Good listener.
* Excellent communication and presentation skills, able to work individually or as a part of a team.
* Excellent computer skills (Windows, MS office, Web and E-mails).