

Pre-Spanking Negotiations Checklist

Instructions: Please circle “yes” or “no” for each question.

Important: This serves as a baseline for negotiations, not a substitute for negotiations.

Safe Words:

My safe words are...

- | | | |
|---------------------------|------------|-----------|
| • Red, yellow, green: | Yes | No |
| • Mercy: | Yes | No |
| • Safe word: | Yes | No |
| • Other (please specify): | Yes | No |
| ○ | | |

Method of Spanking:

I want to be spanked with...

- | | | |
|-------------------|------------|-----------|
| • Your hand: | Yes | No |
| • A hairbrush: | Yes | No |
| • A paddle: | Yes | No |
| • A wooden spoon: | Yes | No |

If using hand...

- | | | |
|----------------------------|------------|-----------|
| • Cupped: | Yes | No |
| • Flat: | Yes | No |
| • Finger together: | Yes | No |
| • Fingers apart: | Yes | No |
| • Other (please specific): | Yes | No |
| ○ | | |

Positions:

I want to be spanked...

- | | | |
|---------------------------|------------|-----------|
| • Bent over both knees: | Yes | No |
| • Bent over one knee: | Yes | No |
| • Bent over a couch: | Yes | No |
| • Bent over a chair: | Yes | No |
| • Other (please specify): | Yes | No |
| ○ | | |

Acceptable Speech:*I'm okay with saying...*

- | | | |
|---------------------------|-----|----|
| • "Sir": | Yes | No |
| • "Mister": | Yes | No |
| • Other (please specify): | Yes | No |
| ○ | | |

I want you to...

- | | | |
|-------------------------------|-----|----|
| • Scold me: | Yes | No |
| • Praise me: | Yes | No |
| • Use a hushed tone of voice: | Yes | No |
| • Use a louder tone of voice: | Yes | No |
| • Be stern: | Yes | No |
| • Be playful: | Yes | No |

Length of Scene:*I want the scene to last...*

- | | | |
|------------------|-----|----|
| • 1–5 minutes: | Yes | No |
| • 5–10 minutes: | Yes | No |
| • 10–15 minutes: | Yes | No |

State of Dress:*I want to be spanked on...*

- | | | |
|--|-----|----|
| • My outermost layer (i.e., dress or pants): | Yes | No |
| • My underwear: | Yes | No |
| • My bare bottom: | Yes | No |

Add-ons:*I would like my spanking to include...*

- | | | |
|---------------------------|-----|----|
| • Butt rubbing: | Yes | No |
| • Corner time: | Yes | No |
| • Other (please specify): | Yes | No |
| ○ | | |

Aftercare:*After the scene, I want you to...*

- | | | |
|---------------------------|-----|----|
| • Give me a hug: | Yes | No |
| • Cuddle with me: | Yes | No |
| • Provide reassurance: | Yes | No |
| • Rub my back/head: | Yes | No |
| • Other (please specify): | Yes | No |
| ○ | | |

Debrief:

After the scene and aftercare, I want to...

- | | | |
|-------------------------------------|------------|-----------|
| • Exchange feedback: | Yes | No |
| • Wait a day to exchange feedback: | Yes | No |
| • Wait a week to exchange feedback: | Yes | No |
| • Other (please specify): | Yes | No |
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