## THAI CHICKEN AND LEMONGRASS SOUP



## Serves 7-8 as part of a Thai meal

I have included this dish for Channing, my oldest son. Oh, I love it too, but Channing is not only in love with Thai soup, but with Thai women. He hopes that if he marries a Thai woman, she will find the time to make this soup whenever he desires it. But this is America, so you had better have me make the soup, son, or learn how to make it yourself.

- 6 cups Chicken Stock (page 74) or use canned
- 4 slices dried galangal root (page 50)
- 1 slice fresh ginger, the size of a 25-cent piece
- 2 cloves garlic, peeled and sliced
- 3 shallots, peeled and sliced
- 7 dried Kaffir lime leaves (page 41)
- 3 stalks lemongrass, peeled and the bottom 5 inches chopped (page 42)

- 1 teaspoon Thai red curry paste (page 44)
- 1 tablespoon sugar
- 1 14-ounce can coconut milk (page 38)
- 3 tablespoons Thai fish sauce (page 40)
- 3/4 pound thinly sliced skinless and boneless chicken breasts
  - 2 small jalapeño peppers, seeded and thinly sliced
    - 2 tablespoons freshly squeezed lime juice Salt and freshly ground black pepper to taste

**GARNISH** 

Chopped fresh coriander leaves (page 49)

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Place the Chicken Stock in a 6-quart kettle and add the galanga root, ginger, garlic, shallots, Kaffir lime leaves, lemongrass, and red curry paste. Bring to a simmer and cook for 10 minutes. Drain the stock and discard the solids.

Return the stock to the pot, add the sugar, coconut milk, and fish sauce, and bring to a simmer. Add the chicken and bring to a simmer again. Cook for 5 minutes. Add the remaining ingredients, except the garnish, and bring to serving temperature. Garnish with the coriander and serve.

NOTE: Many Thai cooks prefer to leave the solids in the soup stock and do not drain it at all. This gives a bit brighter flavor, if you wish.