$$P(\frac{1}{\left(x^2+1\right)^2})$$

1ª resolução – por substitução:

$$x = tg(t) = g(t) \to t = arctg(x)$$
$$g'(t) = \frac{1}{\cos^2 t}$$

$$=P(\frac{1}{(tg^2t+1)^2}\frac{1}{\cos^2 t})=P(\frac{1}{(\sec^2 t)^2}\sec^2 t)=P(\frac{1}{\sec^2 t})=P(\cos^2 t)=P(\frac{1+\cos(2t)}{2})=$$

$$= P(\frac{1}{2}) + P(\frac{1}{2}\cos(2t) = \frac{1}{2}t + \frac{1}{4}sen(2t)$$

(fórmulas de duplicação):
$$sen(2t) = \frac{2tgt}{1+tg^2t} = \frac{2x}{1+x^2}$$

Então:

$$= \frac{1}{2}arctg(x) + \frac{1}{4}\frac{2x}{1+x^2} = \frac{1}{2}arctg(x) + \frac{1}{2}\frac{x}{(1+x^2)} + C$$

2ª resolução – por partes:

$$P(\frac{1}{(x^2+1)^2}) = P(\frac{1+x^2-x^2}{(x^2+1)^2}) = P(\frac{1+x^2}{(x^2+1)^2} - \frac{x^2}{(x^2+1)^2}) = P(\frac{1}{x^2+1} - \frac{x^2}{(x^2+1)^2}) = P(\frac{1}{x^2+1}) - \frac{1}{2}P(x\frac{2x}{(x^2+1)^2}) = P(\frac{1}{x^2+1}) - \frac{1}{2}P(x\frac{2x}$$

$$u = x \rightarrow u' = 1$$

$$v' = \frac{2x}{(x^2 + 1)^2} \rightarrow v = \frac{(1 + x^2)^{-1}}{-1} = -\frac{1}{1 + x^2}$$

$$= arctg(x) - \frac{1}{2} \left[-\frac{x}{1+x^2} - P(-\frac{1}{1+x^2}) \right] = arctg(x) - \frac{1}{2} \left[-\frac{x}{1+x^2} + P(\frac{1}{1+x^2}) \right] =$$

$$= arctg(x) + \frac{1}{2} \frac{x}{(1+x^2)} - \frac{1}{2} arctg(x) = \frac{1}{2} arctg(x) + \frac{1}{2} \frac{x}{(1+x^2)} + C$$