

Player Performance Report

Summary Dashboard • GPS: 2026-01-29 to 2026-02-28 • CMJ/Nord: 2026-01-01 to 2026-02-28



Name: Enea Mihaj
Position: Right Centre Back
Country: Albania
Age: 28
Height: 186 cm
Foot: Right

GPS — Last 7 Days

Total Dist	HSR	Sprint	Accels	Decels	Max Speed
33521 m	1790 m	230 m	338	287	8.1 m/s
Team: —	Team: —	Team: —	Team: —	Team: —	Team: —

CMJ — Current Status vs 6-Month Average

Last test: Feb 26, 2026

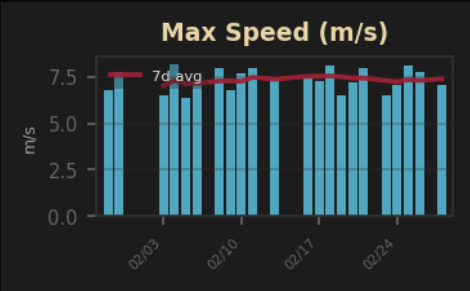
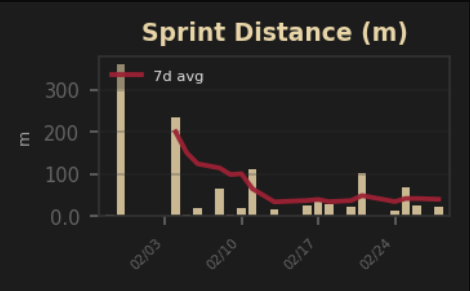
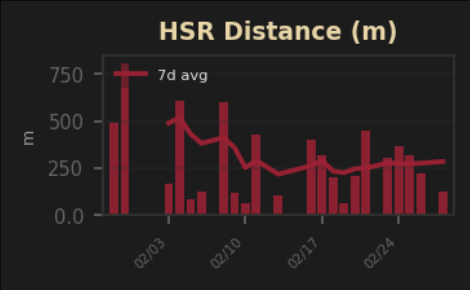
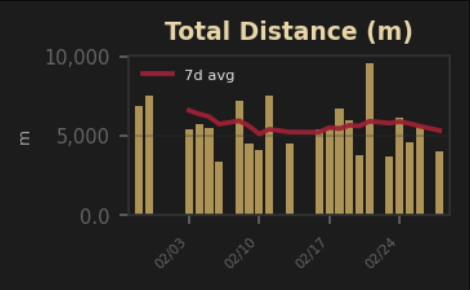
P1 Impulse	P2 Impulse	Bodyweight	Peak Power
144	106	84	4963
▼ 2 avg: 146	▲ 4 avg: 103	▼ 0 avg: 85	▼ 1 avg: 4964
Team: —	Team: —	Team: —	Team: —

NordBord — Hamstring Strength

Left Force (N)	Right Force (N)	Asymmetry
468	472	1
▼ 1 avg: 469	▼ 14 avg: 486	4 N diff avg: 1.0%
Team: —	Team: —	

Enea Mihaj — GPS / Workload

Last 30 Days • 2026-01-29 to 2026-02-28

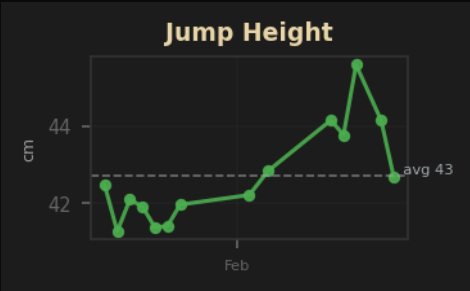
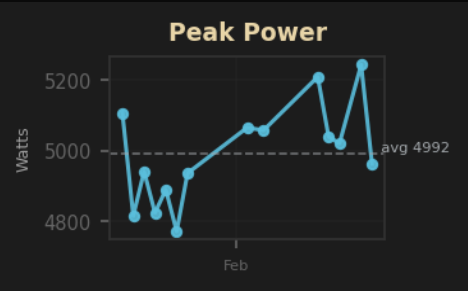
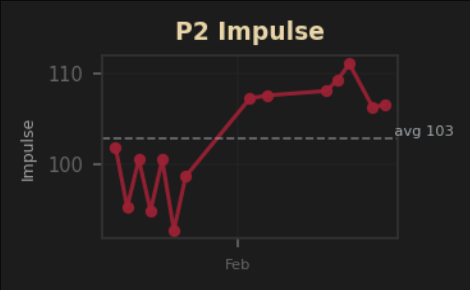
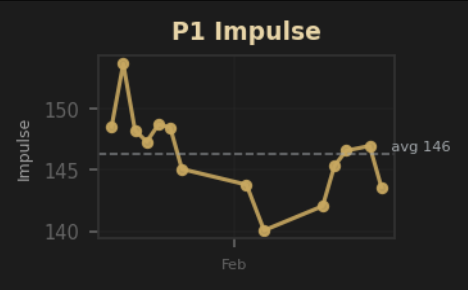


Daily Breakdown

Date	Dist	HSR	Sprint	Acc	Dec	Spd
02-28	3,995	129	22	31	21	7.1
02-26	5,577	223	26	64	53	7.8
02-25	4,565	319	67	72	51	8.1
02-24	6,135	366	13	77	70	7.1
02-23	3,677	303	—	12	4	6.5
02-21	9,572	450	102	82	88	8.0
02-20	3,735	207	21	44	33	7.2
02-19	5,932	66	—	53	52	6.5
02-18	6,737	203	29	80	49	8.1
02-17	5,435	322	35	69	51	7.3
02-16	5,438	398	26	55	34	7.5
02-13	4,505	102	16	54	42	7.5
02-11	7,489	428	112	69	65	8.0
02-10	4,056	62	19	50	32	7.7

Enea Mihaj — CMJ Analysis

Current Year • 2026-01-01 to 2026-02-28



CMJ Test Log

Date	BW	P1 Imp	P2 Imp	Pk Pwr	Jmp Ht	CM Dep
02-26	84.5	143.6	106.5	4963.2	42.7	39.9
02-24	85.1	147.0	106.2	5243.9	44.1	38.1
02-20	84.5	146.6	111.0	5021.1	45.6	39.5
02-18	84.5	145.3	109.2	5040.4	43.8	38.7
02-16	84.9	142.1	108.0	5209.7	44.1	37.3
02-06	85.0	140.1	107.5	5058.2	42.8	38.2
02-03	85.2	143.8	107.2	5066.1	42.2	36.7
01-23	84.5	145.1	98.6	4936.8	42.0	36.4
01-21	84.2	148.5	92.7	4772.2	41.4	36.7
01-19	86.0	148.7	100.5	4890.5	41.4	35.9
01-17	84.4	147.3	94.9	4824.6	41.9	33.9
01-15	85.6	148.3	100.5	4942.0	42.1	35.8
01-13	86.0	153.7	95.3	4815.8	41.3	38.0
01-11	85.4	148.5	101.9	5107.5	42.5	36.7

Enea Mihaj — NordBord Hamstring Strength

Current Year • 2026-01-01 to 2026-02-28

Current Status vs 6-Month Average

Left Force (N)

468

▼ 1 avg: 469

Right Force (N)

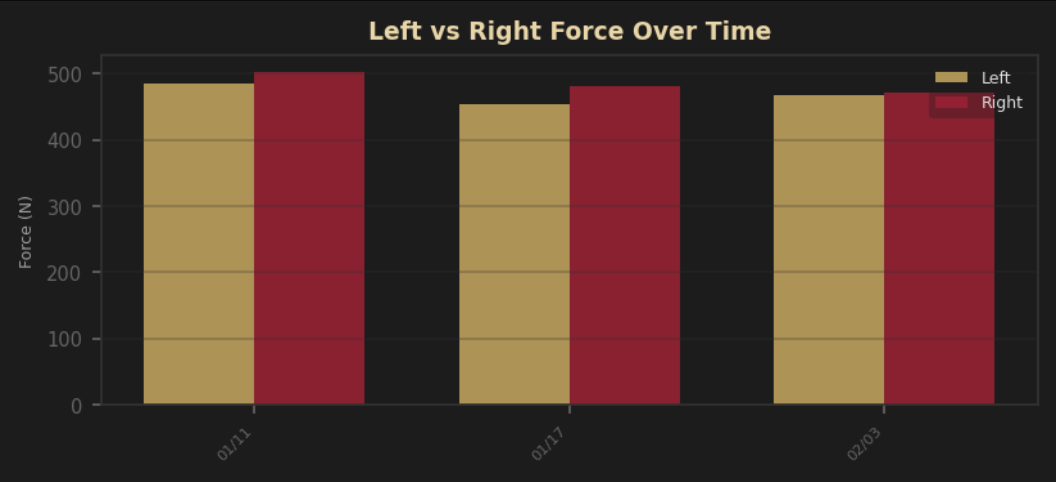
472

▼ 14 avg: 486

Asymmetry

1

4 N diff avg: 1.0%



Test History

Date	Left (N)	Right (N)	Asym %
02-03-2026	468.0	472.0	0.9
01-17-2026	454.0	482.0	6.0
01-11-2026	486.0	503.0	3.4