

$$\begin{array}{c}
 d \\
 | \\
 \beta \\
 e \\
 | \\
 \alpha \\
 | \\
 a \quad b \quad c
 \end{array}
 = \sum_{\mu, f, \nu} \beta_e \alpha_f \left[\bowtie F_{abc}^d \right]_{\mu}^{\nu}
 \begin{array}{c}
 d \\
 | \\
 \nu \\
 f \\
 | \\
 \mu \\
 | \\
 a \quad b \quad c
 \end{array}$$