$$\begin{array}{c} \\ {}_\alpha^{\ e}\!\!\diagdown\!{}^{\beta}_{d} \\ a \quad b \quad c \end{array} = \sum_{\mu,f,\nu} {}_{\ e}^{\beta}\!\left[\triangleright F_{abc}^{\ d}\right]_{\mu}^{\nu} \begin{array}{c} d \\ {}^{\nu}_{f} \\ {}_{\mu} \\ a \quad b \quad c \end{array}$$