## 记录身体数据

							2021	January
	,	April \		2021			2022	February
Мо	Tu	We	Th	Fri	Sa	Su	2023	March
29	30	31	1	2	3	4	2024	April
5	6	7	8	9	10	11	2025	May
							2026	June
12	13	14	15	16	17	18	2027	July
19	20	21	22	23	24	25	2028	August
26	27	28	29	30	1	2	2029	September
3	4	5	6	7	8	9	2030	October
							2031	November
							2032	December

体重 54 kg

5.3 mmol/L 血糖

血压 98 mmHg, 120 mmHg

心率 70 次/分



添加成功!