

JAMES CONIGRAVE, PHD

Researcher — Motivation, substance use and public health

I am a researcher and data-scientist in the field of addiction medicine. My interests include motivation, data-feedback, automation, and community empowerment.



EDUCATION

- 2018
2015 • **PhD, Psychology**
Institute for Positive Psychology and Education, North Sydney, NSW
Australian Catholic University
- 2012
2011 • **Masters of Public Health**
The University of Sydney, Camperdown, NSW
- 2010
2007 • **BA Psychology & B Health**
Macquarie University, Macquarie, NSW



RESEARCH EXPERIENCE

- Present
2018 • **Research Associate**
Centre of Research Excellence: Indigenous Health + Alcohol, The University of Sydney, Camperdown, NSW
- Present
2019 • **Research Associate, Honorary**
Justice Health and Forensic Mental Health Network, Malabar, NSW
- 2017
2015 • **Research Assistant**
Institute for Positive Psychology and Education, North Sydney, NSW
Australian Catholic University



PROFESSIONAL EXPERIENCE

- 2014 • **Health Promotion Officer**
Sydney North Shore and Beaches Medicare Local, North Sydney, NSW
- 2014
2013 • **Mental Health Coordinator**
SNSB Medicare Local, Frenchs Forest, NSW



TEACHING EXPERIENCE

CONTACT INFO

github.com/JConigrave

james@conigrave.com

conigrave.com

+61 9515 9767

SKILLS

Statistical analysis, data-manipulation, dashboards, writing, public speaking

Programming: R, Julia, Python

Document creation: LaTeX, Markdown, HTML, CSS

Adobe suite: Indesign, Photoshop, After effects

ACADEMIC METRICS

Publications: 11


Citations: 30

h-index: 3

This CV is an HTML document created using the 'pagedown' library in R. The publication list and academic metrics are procedurally generated from google scholar using the 'scholar' library. Check out the code: <https://github.com/JConigrave/resume>. This document updates automatically daily, get the latest version: <https://conigrave.com/resume>.

Last updated:

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2018 • **Introductory statistics workshop**
Centre of Research Excellence: Indigenous Health + Alcohol, The University of Sydney  Camperdown, Sydney

2016 • **Heart Rate Variability (HRV) workshop**
Australian Catholic University  Strathfield, NSW



SUPERVISION

Present
|
2019 • **Teagan Weatherall**
Masters Student - Auxillary Supervisor

Present
|
2018 • **Gemma Khodr**
Masters student - Auxillary Supervisor



COMMITTEES

Present
|
2019 • **Australasian Professional Society of Alcohol and Other Drugs (APSAD)**
Early-Mid Career Researchers (EMCR) Subcommittee
— Chair in 2020



R PACKAGES

2019 • [JH Conigrave](#) (2019) corx: Create and Format Correlation Matrices. *CRAN*.
<https://conigrave.com/corx>
— 1,352 downloads

2019 • [JH Conigrave](#) (2019). msemtools: Routines, tables, and figures for metaSEM analyses.
GitHub. <https://github.com/JConigrave/msemtools>

2019 • [JH Conigrave](#) (2019). papertools: Useful Tools For Writing Papers in Rmarkdown. *GitHub*.
<https://github.com/JConigrave/papertools>

2017 • [JH Conigrave](#) (2017). Conigrave: Flexible Tools for Multiple Imputation. *CRAN*.
<https://CRAN.R-project.org/package=Conigrave>
— 16,628 downloads



ACCEPTED PUBLICATIONS

2020 • [JH Conigrave](#), KSK Lee, C Zheng, S Wilson, J Perry, T Chikritzhs, T Slade, K Morley, R Room, S Callinan, N Hayman, KM Conigrave (2020). Drinking risk varies within and between Australian Aboriginal and Torres Strait Islander samples: A meta-analysis to identify sources of heterogeneity. *Addiction* (Accepted 6 February 2020)



PUBLICATIONS

- 2019 ● KSK Lee, [JH Conigrave](#), S Callinan, S Wilson, R Room, J Perry, T Slade, ... (2019). Asking about the last four drinking occasions on a tablet computer as a way to record alcohol consumption in Aboriginal and Torres Strait Islander Australians: a validation. *Addiction science & clinical practice* 14 (1), 15
— 4 citations
- 2019 ● KSK Lee, [JH Conigrave](#), M Al Ansari, S Wilson, J Perry, C Zheng, ... (2019). Acceptability and feasibility of a computer-based application to help Aboriginal and Torres Strait Islander Australians describe their alcohol consumption. *Journal of ethnicity in substance abuse* 1-18
— 3 citations
- 2019 ● SA Rombouts, [JH Conigrave](#), E Louie, P Haber, KC Morley (2019). Evidence-based models of care for the treatment of alcohol use disorder in primary health care settings: protocol for systematic review. *Systematic reviews* 8 (1), 1-6
- 2019 ● KSK Lee, [JH Conigrave](#), S Wilson, J Perry, N Hayman, C Zheng, ... (2019). Patterns of drinking in Aboriginal and Torres Strait Islander peoples as self-reported on the Grog Survey App: a stratified sample. *BMC medical informatics and decision making* 19 (1), 180
- 2019 ● KSK Lee, [JH Conigrave](#), S Wilson, J Perry, S Callinan, R Room, ... (2019). Short screening tools for risky drinking in Aboriginal and Torres Strait Islander Australians: modified AUDIT-C and a new approach. *Addiction science & clinical practice* 14 (1), 22
- 2019 ● KH Harrison, KSK Lee, T Dobbins, S Wilson, N Hayman, R Ivers, ... (2019). Supporting Aboriginal Community Controlled Health Services to deliver alcohol care: protocol for a cluster randomised controlled trial. *BMJ open* 9 (11)
- 2019 ● HW Marsh, B Van Zanden, PD Parker, J Guo, [JH Conigrave](#), M Seaton (2019). Young Women Face Disadvantage to Enrollment in University STEM Coursework Regardless of Prior Achievement and Attitudes. *American Educational Research Journal* 56 (5), 1629-1680
- 2019 ● E Dale, PJ Kelly, KSK Lee, [JH Conigrave](#), R Ivers, K Clapham (2019). Systematic review of addiction recovery mutual support groups and Indigenous people of Australia, New Zealand, Canada, the United States of America and Hawaii. *Addictive behaviors* 106038
- 2018 ● BK Sahdra, PD Parker, RG Craven, R Brockman, EK Devine, [JH Conigrave](#), ... (2018). Discrimination as a frame-of-reference effect in overlapping friendship communities of ethnically diverse youth. *Cultural Diversity and Ethnic Minority Psychology*
— 3 citations
- 2017 ● J Ciarrochi, PD Parker, BK Sahdra, TB Kashdan, N Kiuru, [JH Conigrave](#) (2017). When empathy matters: The role of sex and empathy in close friendships. *Journal of personality* 85 (4), 494-504
— 20 citations



PRE-PRINTS

- 2020 ● M Noetel, J Ciarrochi, [JH Conigrave](#), C Lonsdale (2020). Can a Brief Mindfulness Intervention Improve Sports Performance? A Double-blind Randomised Controlled Trial. *PsyArXiv*

- 2019 ● JH Conigrave, E Bradshaw, E Devine, J Ciarrochi, BK Sahdra (2019). The Link Between Self-esteem and Implicit Malleability Theories: a Meta-analysis. *PsyArXiv*
- 2019 ● JH Conigrave, BK Sahdra, B Van Zanden, J Ciarrochi (2019). The Benefits of Believing You Can Change: Incremental Theories Weaken the Links Between Low Self-esteem and Negative Outcomes. *PsyArXiv*
- 2019 ● W Ryan, JH Conigrave, G Basarkod, J Ciarrochi, BK Sahdra (2019). When is it good to use wristband devices to measure HRV?: Introducing a new method for evaluating the quality of data from photoplethysmography-based HRV devices. *PsyArXiv*



CONFERENCE CONTRIBUTIONS

- 2019 ● JH Conigrave, KSK Lee, K Harrison, T Dobbins, N Hayman, S Wilson, ... (2019). Supporting Aboriginal Community Controlled Health Services to reduce the harms from alcohol. *The Australasian Professional Society on Alcohol & other Drugs (APSAD)*
📍 Hobart, Australia
- 2019 ● KSK Lee, S Wilson, JH Conigrave, J Perry, S Callinan, N Hayman, R Room, ... (2019). Re-thinking how we ask Indigenous Australia to describe their drinking. *The Australasian Professional Society on Alcohol & other Drugs (APSAD)*
📍 Hobart, Australia
- 2019 ● S Rombouts, K Morley, JH Conigrave, E Louie, PS Haber (2019). Evidence based models of care for the treatment of alcohol use disorder in primary health care settings: A systematic review and meta-analysis. *The Australasian Professional Society on Alcohol & other Drugs (APSAD)*
📍 Hobart, Australia
- 2019 ● M Dzidowska, KSK Lee, C Wylie, J Bailie, N Hayman, JH Conigrave, ... (2019). Approaches for improving practice in detection and treatment of unhealthy alcohol use in primary health care: Where are the gaps? *The Australasian Professional Society on Alcohol & other Drugs (APSAD)*
📍 Hobart, Australia
- 2017 ● JH Conigrave, BK Sahdra, J Ciarrochi (2017). The benefits of believing you can change: Growth mindset weakens the links between self-esteem and negative outcomes. *Contextual Behavioral Science Conference*
📍 Seville, Spain
- 2017 ● JH Conigrave, BK Sahdra, J Ciarrochi (2017). The benefits of believing you can change: Incremental theories weaken the links between self-esteem and negative outcomes. *Self Conference*
📍 Melbourne, Australia



GRANTS

- 2019 ● Early intervention for unhealthy alcohol use among older Aboriginal and Torres Strait Islander peoples: using the Grog Survey App
National Drug and Alcohol Research Centre
S Farnbach, KSK Lee, A Eades, C Foley, [JH Conigrave](#), S Wilson, K Conigrave, S Shakeshaft
— \$40,000
- 2019 ● Better data on methamphetamines and other drugs among Indigenous Australians to inform policy and practice
National Health and Medical Research Council
KSK Lee, S Wilson, K Conigrave, T Chikritzhs, N Hayman, A Dawson, R Ali, [JH Conigrave](#), M Fitts
— \$1,800,000