

OSTAR (Ostarine 20mg)

Brand: ProLab

Pharmaceutical Form: Capsules

Presentation: Package with 100 capsules of 20 mg each

COMPOSITION:

OSTAR contains Enobosarm (Ostarine), a selective androgen receptor modulator (SARM) that has gained popularity for its ability to promote lean muscle mass growth and mass retention during periods of caloric deficit. Ostarine selectively binds to androgen receptors in muscles and bones, making it an effective option for increasing muscle mass without the side effects associated with traditional anabolic steroids, such as water retention, gynecomastia, and significant hormonal suppression.

Its selectivity minimizes the risk of unwanted effects on other tissues, such as the prostate or liver, making it a preferred choice for those looking to improve their physique and performance more safely.

THERAPEUTIC INDICATIONS:

OSTAR is indicated for the treatment of muscle mass loss related to diseases or muscle wasting conditions, such as aging or catabolic disorders. However, its use in the sports and bodybuilding arena has become widespread due to its ability to promote muscle growth and definition without the androgenic side effects of steroids.

It is ideal for those who wish to preserve muscle mass during cutting or weight loss phases, as it helps maintain strength and endurance without compromising muscle size. It is also popular in clean bulking cycles to prevent fat accumulation while gaining quality lean mass.

RECOMMENDED DOSAGE:

The recommended dosage of OSTAR varies depending on the user's goal and level of experience. For beginners, a dosage of 10-20mg daily is suggested, taken in a single intake, preferably in the morning. Intermediate and advanced users looking to maximize muscle gains can increase the dosage to 20-30mg daily, depending on tolerance and expected results.

A typical OSTAR cycle usually lasts between 8-12 weeks, depending on goals and training plan. As it is a SARM that does not significantly affect the hormonal axis, extensive post-cycle therapy (PCT) is not usually necessary, although light PCT is recommended on longer cycles or at higher doses.

ADMINISTRATION MODE:

OSTAR is administered orally, and the capsules should be taken with plenty of water. Although it can be taken with or without food, many users prefer to ingest it with a meal to enhance absorption and avoid any stomach upset.

For those looking to optimize their performance during training, it is suggested to take the dose approximately 30-60 minutes before exercise, as this can enhance the anabolic effects and increase strength during physical activity.

CONTRAINDICATIONS:

OSTAR is contraindicated in pregnant or breastfeeding women, and should not be used by those with known hypersensitivity to Enobosarm or any other component of the formula. It is also contraindicated in patients with pre-existing cancer conditions or diseases related to the endocrine system, especially those with a history of prostate or breast cancer.

Additionally, OSTAR is not recommended for use in individuals under the age of 18 or those with severe liver disease or kidney failure. It is important to note that although Ostarine does not have a direct impact on testosterone levels compared to steroids, prolonged use or high doses could cause slight hormonal suppression, so it is crucial to use it under medical supervision.

