



CURCU MAX
Brand: ProLab
Pharmaceutical Form: Capsules
Presentation: Bottle with 100 capsules

COMPOSITION:

Curcu Max contains 500 mg of Curcuma Longa extract, standardized in curcuminoids, which are the bioactive compounds responsible for its anti-inflammatory and antioxidant properties. Turmeric has been used for centuries in traditional medicine for its ability to support general health, reduce inflammation and combat oxidative stress.

The extract present in Curcu Max has been highly purified to maximize the bioavailability of curcuminoids, ensuring that the body efficiently absorbs and utilizes its therapeutic properties. It has been combined with a bioperine (black pepper extract), which significantly improves its absorption, as curcumin alone has a low bioavailability when consumed without enhancing agents.

THERAPEUTIC INDICATIONS:

Curcu Max is indicated for the support of general health, with an emphasis on reducing chronic inflammation, improving digestion, and strengthening the immune system. It is also beneficial for people suffering from joint or muscle pain, as turmeric acts as a natural anti-inflammatory without the side effects of synthetic medications.

The product is especially useful for athletes, people with active lifestyles, or those suffering from inflammatory diseases such as arthritis or digestive problems. The curcuminoids in turmeric also help in cardiovascular health by reducing inflammation levels in arterial walls and improving circulation.

RECOMMENDED DOSAGE:

The recommended dosage of Curcu Max is 1 to 2 capsules per day, preferably with meals to improve absorption. For general health maintenance and inflammation prevention, one capsule daily is sufficient. In cases of acute inflammation, pain or injury, the dosage may be increased to 2 capsules per day.

For athletes or people with high levels of physical activity, it is recommended to take Curcu Max continuously during training periods to take advantage of its effects on muscle recovery and reduction of post-exercise pain.

ADMINISTRATION MODE:

Curcu Max should be taken orally with plenty of water to ensure adequate absorption. Because turmeric is fat-soluble, it is recommended to take the capsules with a meal containing healthy fats (such as avocado, nuts or olive oil) to further improve the bioavailability of curcumin.

The product can be taken continuously without interruptions, as it has no cumulative adverse effects and its long-term use may enhance the anti-inflammatory and antioxidant benefits.

CONTRAINDICATIONS:

Curcu Max is contraindicated in people with hypersensitivity to turmeric or any of the components of the formulation. It should not be used by pregnant or breastfeeding women without medical supervision, as although it is a natural supplement, turmeric may have effects on coagulation and uterine contractions.

It should also be avoided by people with gallbladder problems, especially if they suffer from gallstones or blockages in the bile ducts, as turmeric can stimulate bile production and aggravate these conditions.

