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OXAN (Oxandrolone) Brand: ProLab

Pharmaceutical Form: Capsules

Presentation: Packaging with 50 capsules of 10 mg each

### COMPOSITION:

Each OXAN tablet contains 10 mg of Oxandrolone, a mild-acting anabolic steroid characterized by its ability to promote high-quality muscle mass gains without significant fluid retention. Often considered one of the safest steroids, Oxandrolone has a favorable anabolic/androgenic ratio, which minimizes side effects related to masculinization in women and negative effects in men. Its chemical profile makes it a popular choice among athletes looking to improve their strength, muscle definition and endurance, with a low risk of adverse effects.

## THERAPEUTIC INDICATIONS:

OXAN is indicated to promote the development of lean muscle mass and increase physical strength without the effects of water retention or increased body fat. It is primarily used in cutting phases, where the priority is muscle definition and preservation of lean mass during body fat loss. Thanks to its mild profile, OXAN is a suitable choice for both men and women who wish to improve their athletic performance without compromising their long-term health.

In addition to its sports use, OXAN is also used in medical settings to promote recovery of patients with severe weight loss following surgery, trauma or chronic infections, and in the treatment of osteoporosis. In the sports field, it is highly valued for its ability to improve endurance and performance without aromatizing, meaning that it does not convert to estrogen, thus avoiding associated side effects such as gynecomastia.

### **RECOMMENDED DOSAGE:**

The recommended dosage of OXAN varies depending on the user's level of experience and the goals they wish to achieve. For beginner users, a starting dose of 20 mg per day is suggested, divided into two doses of 10 mg each, for a cycle of 6 to 8 weeks. For intermediate users, the dose can be increased to 30-40 mg daily, distributed in two or three doses throughout the day. Advanced users can use up to 50-60 mg per day, but it is not recommended to exceed this amount to avoid possible liver or cardiovascular complications. A cycle of use of 6-8 weeks is advised, followed by Post-Cycle Therapy (PCT) to restore natural testosterone production and preserve the muscle gains obtained.

# **ADMINISTRATION MODE:**

OXAN is administered orally. The tablets should be taken with an adequate amount of liquid, preferably with meals to improve absorption and minimize gastric discomfort. It is recommended to divide the daily dose into two or three doses throughout the day to maintain stable levels of oxandrolone in the body.

Taking a dose before training can enhance the immediate effects on strength and endurance, optimizing performance during intense training sessions.

## **CONTRAINDICATIONS:**

OXAN is contraindicated in patients with hypersensitivity to Oxandrolone or any component of the formulation. It should not be used in people with a history of serious liver disease, such as hepatitis or cirrhosis, or in those with severe kidney failure.

OXAN is contraindicated in pregnant or breastfeeding women, as it may cause adverse effects on the fetus or infant. It is also contraindicated in patients with prostate or breast cancer, especially in men.

The use of OXAN should be supervised by a physician, and regular liver function tests are recommended, especially in prolonged cycles or combined with other anabolic steroids.



