

CARDA (Cardarine 10mg)

Brand: ProLab

Pharmaceutical Form: Capsules

Presentation: Package with 100 capsules of 10 mg each

## COMPOSITION:

CARDA contains Cardarine (GW501516), a peroxisome proliferator-activated receptor (PPAR-delta) modulator. This compound is known for its ability to increase physical endurance, improve aerobic performance, and accelerate fat burning without affecting hormonal levels. Unlike anabolic steroids, Cardarine is not a hormonal modulator, meaning it does not have a direct impact on testosterone production or cause suppression of the hormonal axis.

Cardarine is widely used by athletes and bodybuilders to improve endurance during intense workouts and to support fat loss without sacrificing lean muscle mass. It has also been investigated in medical contexts to improve cardiovascular health and lipid metabolism.

## THERAPEUTIC INDICATIONS:

CARDA is indicated for athletes looking to maximize their physical performance, increase endurance, and burn body fat effectively. Its use is especially common in cutting and definition cycles, where the main goal is to reduce body fat percentage without compromising energy or training capacity. Additionally, it is suitable for those following low-calorie diets or preparing for competitions.

Cardarine may also help improve post-workout recovery and increase aerobic capacity, making it a popular choice among cyclists, runners, and endurance athletes.

## RECOMMENDED DOSAGE:

The recommended dosage of CARDA is 10-20 mg daily, depending on the user's experience level and goals. For beginners, it is advised to start with 10 mg per day, administered once a day, preferably in the morning. More advanced users looking for significant improvements in physical endurance and fat loss can opt for doses of 20 mg daily, divided into two doses of 10 mg each (morning and evening).

The duration of a CARDA cycle is typically 8-12 weeks. Since it has no direct impact on the hormonal axis, Cardarine does not require post-cycle therapy (PCT), although it is recommended to rest for the same amount of time as the cycle before restarting.

## ADMINISTRATION MODE:

CARDA is administered orally, and the capsules should be taken with an adequate amount of water. It can be taken with or without food, but some users prefer to take it with a meal to reduce any potential stomach upset.

It is recommended to take CARDA approximately 30-60 minutes before training to maximize its effects on physical endurance and fat burning during the exercise session.

## CONTRAINDICATIONS:

The use of CARDA is contraindicated in pregnant or breastfeeding women, as well as in people with hypersensitivity to GW501516 or any component of the product. It should not be used by people with a history of cancer, as animal studies have shown a possible relationship between GW501516 and the development of tumors in the long term. However, this research has not been fully validated in humans, so it is important to have medical supervision if there is a family history of cancer.

In addition, the use of CARDA is not recommended for people under 18 years of age or those with pre-existing liver or kidney disease.

