

Sustan (Testosterone Blend)

Brand: ProLab

Pharmaceutical Form: Injectable Solution

Presentation: 300ml/mg concentrated vial of 10 ml

### COMPOSITION:

Sustan by ProLab contains a carefully formulated blend of four testosterone esters designed to provide both a rapid and sustained release of testosterone into the body. Each ml of Sustan provides:

30 mg of testosterone propionate

60 mg of testosterone phenylpropionate

60 mg of testosterone isocaproate

150 mg of testosterone decanoate

This unique combination ensures that testosterone levels in the blood remain stable over a prolonged period, providing a continuous anabolic profile. Sustan is renowned for promoting high-quality muscle gains, improving strength, and optimizing recovery, making it ideal for bulking cycles and muscle mass maintenance phases.

### THERAPEUTIC INDICATIONS:

Sustan is indicated for individuals looking to significantly increase lean muscle mass, enhance strength, and improve physical endurance. The blend of fast- and slow-acting testosterone esters allows users to benefit from both the initial rapid increase in testosterone and its sustained release over several weeks. It is ideal for bulking or body recomposition cycles and is commonly used in testosterone replacement therapy (TRT) for individuals with low testosterone levels.

Sustan promotes nitrogen retention in the muscles, creating an optimal anabolic environment for muscle growth. Additionally, it enhances protein synthesis and increases red blood cell production, which leads to improved muscle oxygenation and greater endurance during intense workouts.

### RECOMMENDED DOSAGE:

The typical dosage of Sustan for men ranges from 300-750 mg per week, depending on the user's experience level and goals. For beginners, a dosage of 300-500 mg per week is generally recommended, while advanced users may increase the dosage to achieve more pronounced muscle gains.

Due to the long half-life of the different testosterone esters, injections are typically administered every 7 to 10 days to maintain stable blood levels of testosterone. Some users may choose to split the weekly dosage into two injections to avoid hormonal fluctuations and optimize anabolic stability.

For women, Sustan is not recommended due to the high risk of androgenic effects, such as virilization, which may include symptoms like body hair growth, deepening of the voice, and menstrual irregularities. In rare cases, under strict medical supervision, extremely low doses may be considered.

# MODE OF ADMINISTRATION:

Sustan should be administered via deep intramuscular injection, typically in large muscle areas like the glutes or thighs. Thanks to its varied ester composition, Sustan releases testosterone continuously, reducing the need for frequent injections. However, some users opt to split the weekly dose to reduce potential hormonal fluctuations and improve comfort.

Following injection, Sustan releases testosterone rapidly due to the propionate ester, while the slower-acting esters ensure a sustained release over weeks. This creates a constant hormonal environment that supports muscle growth and enhances recovery between workouts.

## CONTRAINDICATIONS:

Sustan is contraindicated in individuals with a history of prostate or breast cancer, as well as those with severe liver or kidney disease. It should also be avoided in those with hypersensitivity to any of the formula's components. Sustan is not recommended for women, especially during pregnancy or breastfeeding, due to its high androgenic potency.

Men with a predisposition to male pattern baldness, benign prostatic hypertrophy, or gynecomastia should exercise caution when using Sustan, as testosterone conversion to estrogen and dihydrotestosterone (DHT) can exacerbate these conditions. Regular monitoring of prostate health and estrogen levels during use is highly recommended.



