

RESVERATROL®

RESVERATROL

Brand: ProLab

Pharmaceutical Form: Capsules

Presentation: Bottle with 100 capsules

COMPOSITION:

Each Resveratrol capsule contains 600 mg of resveratrol, a powerful naturally occurring antioxidant found in the skin of red grapes, blackberries and other fruits. Resveratrol has been widely researched for its benefits in cardiovascular health, neuroprotection and its ability to fight free radicals. It is also attributed with anti-inflammatory and anti-aging properties, making it a key supplement for those looking to improve their overall well-being and longevity.

Resveratrol acts at the cellular level by activating certain genes associated with longevity and improving mitochondrial function, making it a useful supplement in preventing premature aging and supporting cardiovascular function.

THERAPEUTIC INDICATIONS:

Resveratrol is indicated for people looking to improve their cardiovascular health, combat oxidative stress, and reduce signs of aging. It has also been shown to help improve brain function, increase insulin sensitivity, and support metabolism, making it ideal for those with metabolic issues or people looking to maintain an active and healthy lifestyle.

It is especially useful for those interested in reducing the risks associated with heart disease, improving brain health, and maintaining healthier, younger skin. It is also used in people looking to strengthen their immune system and protect themselves from cellular damage caused by the environment.

RECOMMENDED DOSAGE:

The recommended dosage of Resveratrol is 600 mg to 1200 mg daily, depending on individual needs and the advice of a health care professional. For most people, a dosage of 600 mg per day is sufficient to obtain the antioxidant and protective benefits of resveratrol.

In cases where additional support is sought, such as in people with cardiovascular risk factors, the dose can be increased to 1200 mg daily, divided into two 600 mg doses. It is essential to follow the instructions of a health professional before modifying the dose, especially in people with pre-existing medical conditions.

ADMINISTRATION MODE:

Resveratrol should be taken orally with water, preferably with a meal to improve its absorption and minimize any gastrointestinal discomfort. By dividing the dose into two daily doses, a sustained release of the compound is ensured, which optimizes its antioxidant benefits throughout the day.

It is recommended to take the supplement consistently to obtain optimal results in terms of cardiovascular health and long-term antioxidant protection.

CONTRAINDICATIONS:

The use of Resveratrol is contraindicated in people with hypersensitivity to the active ingredient or any of the components of the supplement. It should not be used by pregnant or breastfeeding women without consulting a health professional, since there are not enough studies to confirm its safety in these populations.

It is also not recommended for use in people with coagulation disorders or those taking anticoagulant medications, as resveratrol may have effects on platelet aggregation.

