# LADYSTRONG®

LADY STRONG Brand: ProLab

Pharmaceutical Form: Capsules Presentation: Bottle with 60 capsules

Ostarine (MK-2866) 10 mg Ibutamoren (MK-677) 10 mg Genistein 250 mg Aguaje 100 mg Turmeric 50 mg Collagen 50 mg

### **COMPOSITION:**

Lady Strong is a supplement designed specifically for women, combining powerful selective androgen receptor modulators (SARMs) with natural extracts and compounds that promote hormonal health, cell regeneration, and overall physical balance.

### THERAPEUTIC INDICATIONS:

Lady Strong is designed for women who want to improve their body composition, gain lean muscle mass, improve their strength, and maintain a healthy hormonal balance. This supplement is ideal for active women who want to maximize their physical performance without compromising their overall health.

Thanks to the combination of SARMs with natural ingredients such as aguaje, turmeric, and collagen, Lady Strong also supports skin, hair, and joint health, making it an excellent choice for those looking for a comprehensive approach to their physical and aesthetic well-being.

## **RECOMMENDED DOSAGE:**

The recommended dosage of Lady Strong is 1 to 2 capsules per day, depending on the individual needs and goals of the user. For those who are just starting out or want to maintain a balance, 1 capsule daily is sufficient, while more advanced users or those looking for a greater boost can opt for 2 capsules daily.

Each capsule should be taken with plenty of liquid and preferably with food to improve the absorption of the ingredients. A recommended Lady Strong cycle can vary between 8 to 12 weeks, with a 4-week break afterwards to allow the body to recover.

# **ADMINISTRATION MODE:**

Lady Strong capsules should be taken orally with plenty of water. It is recommended to take them with meals rich in healthy fats, which can improve the bioavailability of the SARMs present. To obtain the maximum benefit in training and recovery, one of the doses can be taken in the morning and the other before physical activity.

## **CONTRAINDICATIONS:**

Lady Strong is contraindicated in pregnant or breastfeeding women. In addition, its use should be avoided in people with a history of hormone-dependent cancer or with uncontrolled endocrine disorders. Those with serious liver or kidney conditions should consult a doctor before starting the use of this supplement.



