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### **Licensure/Certifications**

**2020-Present** Diplomate, American Board of Orthodontics

**2019-Present** New Jersey Dental License

- #22DI02770100
- *Obtained 07/22/2019*

**2019-Present** New Jersey Dental Specialty Permit

- #6795
- Orthodontist
- *Obtained 09/06/2019*

**2018-Present** Pennsylvania State Dental License

- #DS042012
- *Obtained 10/31/2018*

**2014-Present** New York State Dental License

- #057945-1
- *Obtained 07/13/2014*

**2018-Present** Incognito™ Appliance System Certification

**2014-Present** Invisalign Certification

**2010-Present** Certification in Basic Life Support (CPR and AED)

**2019** Certificate in Orthodontics

**2019** Aligner Intensive Fellowship

**2014-2016** Certification in Advanced Cardiac Life Support

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### **Education**

**2010-2014** **Doctorate of Dental Surgery;** New York University College of Dentistry.

- Class rank: 5/234
- Omicron Kappa Upsilon Dental Honor Society
- Honors Program at the Faculty Practice

**2007-2010** **Bachelor of Science;** State University of New York at New Paltz.

- Graduated *magna cum laude*
- Dean's List
- Academic Excellence in Biology

**2006-2007** State University of New York at Geneseo.

- Dean's List

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### **Residency**

**2016–2019**    **Orthodontics Residency;** St. Barnabas Hospital, Bronx, NY.  
**2015–2016**    **General Practice Dental Residency- Chief Dental Resident;** St. Barnabas Hospital Bronx, NY.  
**2014–2015**    **General Practice Dental Residency;** St. Barnabas Hospital Bronx, NY.

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### **Work History**

**2021-Present**   **Orthodontist;** Rich Orthodontics, Willow Grove, PA  
**2020-Present**   **Orthodontist;** Reardon Dental, Downingtown, Exton and Phoenixville, PA  
**2020-2022**      **Orthodontist;** Center City Emergency Dentist, Philadelphia, PA  
**2019-2020**      **Orthodontist;** Brace Busters/Academy Dental Associates, Philadelphia, PA  
**2018-2019**      **Dental Associate;** Bronx Park Dental Group, Bronx, NY.

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### **Professional Membership**

**2020-Present**   American Board of Orthodontics  
**2016–Present**   American Association of Orthodontists  
**2010-Present**   Omicron Kappa Upsilon Dental Honor Society

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### **Research Experience**

**2016–2019**    ***The effect of plaque disclosing toothpaste on oral hygiene during orthodontic treatment: A Randomized Controlled Trial***

- Determine whether patients with fixed appliances who are given Plaque HD™ toothpaste and oral hygiene instruction at the beginning of orthodontic treatment have better oral hygiene compared to patients given standard fluoride toothpaste and oral hygiene instruction as they progress throughout treatment.
- *Mentors:* Dr. Moonyoung Lee & Dr. June Harewood (St. Barnabas Hospital).

**2014–2016**    ***Quality Informatics PDSA Project: Efficiency of Intra-Department Orthodontic Referrals***

- Collected data on efficiency of orthodontic consult referrals, determined weak points in the system, implemented changes to increase efficiency, and compared to pre-intervention data.
- *Mentor:* Dr. Ariel Bales-Kogan (St. Barnabas Hospital).

**2013–2014**    ***Effect of Retrieval Practice in Competency-Based Dental Training***

- Study to gauge the effect of altering instructional methods of the Seminar in Orthodontics course from traditional lectures to retrieval-based learning
- *Mentor:* Dr. Mitchell Lipp (NYU College of Dentistry).

**2012–2013**    ***The Relationship between Right vs. Left-Handed Dentistry and Hand Skills***

- Survey project to determine if right- vs. left-handed students perform better on a standardized clinical examination.
- *Mentor*: Dr. Maureen McAndrew (NYU College of Dentistry).

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### **Publications and Presentations**

- 2014**      *Effect of Retrieval Practice in Competency-Based Dental Training*. 2014 ADEA conference; San Antonio, TX.<sup>†</sup>
- 2014**      *Effect of Retrieval Practice in Competency-Based Dental Training*. 2014 NYU Distinguished Educators Clinical & Educational Showcase Scholarship; New York, NY.<sup>†</sup>
- 2014**      *Effect of Retrieval Practice in Competency-Based Dental Training*. New York University College of Dentistry Research Days; New York, NY.<sup>†</sup>
- 2012**      *Making a Difference in Manta, Ecuador*. Post & Core Newsletter (Fall 2012); New York University College of Dentistry.
- 2012**      *From Lecture to Clinic: 10 Steps for Successful Transition*. Post & Core Newsletter (Spring 2012); New York University College of Dentistry.
- 2011**      *Pass/Fail Boards & Your Future*. Post & Core Newsletter (Spring 2011); New York University College of Dentistry.
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### **Dental Outreach**

- 2012**      **Manta, Ecuador.**
- Provided dental care for patients including triage, restorative, pediatrics and oral surgery.
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### **Honors and Awards**

- 2014**      **Inductee**; Omicron Kappa Upsilon Dental Honor Society (NYU Chapter).
- 2014**      **NYU Alumni Club Award**; New York University
- Presented to the woman with the highest scholastic average.
- 2014**      **First Prize**; Clinical & Educational Scholarship Showcase at New York University.
- For “*Effect of Retrieval Practice in Competency-Based Dental Training*”.
- 2014**      **Honorable Mention—Dental Student**; New York University College of Dentistry Research Days.
- For “*Effect of Retrieval Practice in Competency-Based Dental Training*”.
- 2013–2014**      **Honors at Faculty Practice Program**; New York University.
- Spent one day per week out of the dental school, treating NYU undergraduate students in a private practice setting.
- 2012–2013**      **Honoree**; Omicron Kappa Upsilon Dental Honor Society (NYU Chapter)
- Selection based on academic achievements of top 10% of the class.
- 2012–2013**      **Dr. Elsa Pleuger Rahmsdorf Academic Scholarship**; New York University.
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<sup>†</sup> Same work presented at different events

- Academic scholarship for high scholastic achievement.

**2013 Contributing Writer award;** American Student Dental Association (NYU Chapter).

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### **Positions Held / Leadership Experience**

**2018–2019 AAO Resident Champion (St. Barnabas Hospital);** American Association of Orthodontists Annual Meeting, Washington, DC.

- Act as a liaison between the AAO and their resident program, bringing students information on education and resources provided by the AAO.

**2013–2014 Secretary of the Senior Dental Class Council;** New York University, New York, NY.

- Created the yearly calendar and list of requirements, scheduled meetings, aided in the planning of class events and kept meeting minutes

**2012–2013 Teaching Assistant for the Freshman General Dental Simulation Lab;** New York University, New York, NY.

- Monitored D1 students during lab and provided help and feedback on various procedures.

**2011–2012 Anatomy and Biochemistry Tutor;** New York University, New York, NY.

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### **Community Service**

**2011–2013 Student National Dental Association Impressions Program**

- Showed undergraduate students what life is like in dental school: Explained how dental school works, answered questions, took alginate impressions, gave tours, and ran mock dental school interviews.

**2013 Relief Efforts for Hurricane Sandy**

- Aided Peter Cooper Village and Stuyvesant Town residents during the aftermath of Hurricane Sandy, handing out literature, food, and giving assistance to the elderly.

**2011, 2013 Oral Cancer Walk**

- Handed out literature and aided in oral cancer screening before the walk commenced.
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### **Hobbies & Interests**

I am an avid runner, and enjoy exercise and being out in the fresh air. I also have a great love for music: I am a pianist, trombonist, and singer, and I attend many concerts each year in music of all genres.

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