**CSE 310—Applied Programming**

**W09 Prove – Continuous Improvement – Kaizen**

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| **Name:** |  |
| **Date:** |  |
| **Teacher:** |  |

After watching the video “The Kaizen Way: One Small Step Can Change Your Life”, ponder and then answer the following two questions (minimum 100 words for each question).

Question 1 – Related to learning new programming languages and software technologies, what kind of Smaller Questions can you ask yourself and what kinds of Smaller Rewards can you give yourself?

Question 2 – Read Alma 37:6-7. How does this scripture apply to both personal improvement and to your study and learning of new programming languages and software technologies?