



THE SANGARZO CHECKLIST

Made by an overthinker

Written by
Kyle Magarzo

Designed by
Josh Daguno

BEFORE YOU LEAVE

- Make sure to cut your nails so you don't have to worry about bringing a nail clipper
- Remove any unnecessary things in wallet to avoid clutter
- Visit doctor to make sure you have the necessary shots / medications
- Make sure to weigh your luggage to ensure it's not over weight (Max 50lbs)
- Have everything packed at least 24 hours prior to departure and set aside by the door or in the hallway
- Get a good nights rest before travelling if you don't plan on sleeping on the plane
- Do a final run through checklist after acquiring tickets and before entering the terminal



- **Clothing**

- Pants
- Shorts
- T-Shirts
- Button ups
- Socks
- Underwear
- Formal
- Belt
- Hoodie/ Pullover
- Jacket
- Hats
- Swim Gear

- Indoor Slippers
- Outdoor Slippers
- Shoes for different attire

(Store each pair in its own plastic bag to avoid dirt contamination)

- **Bathroom Amenities Bag**

- Tooth Brush w/ Toothpaste
- Floss
- Deodorant
- Razor
- Chassis Powder
- Shampoo
- Body Wash
- Lotion
- Cotton Swabs
- Cologne
- Hair Product

CHECKLIST



(Plan based on days of travel)

- Towel
- Phone Charger + Outlet Adapters
- Earphones/ Headphones
- Camera
- Sunglasses
- Eye mask
- Extra Batteries for electronics
- Band-aids/ Polysporin
- Pens/ Notebooks
- Extra plastic bags for dirty clothes
- Handheld Consoles (Switch, steam deck)
- Gym Key Fob (For global access gyms)
- Water Bottle

- **Medication**

- Tylenol
- Imodium
- Pepto-bismol
- Allergy Meds
- Personal Meds

- Lock and key for luggage
- Snacks for plane ride (optional)
- Travel Pillow (optional)
- Passport (and/or passport holder)
- Flight itinerary
- Travel insurance
- Cash (currency of destination)

(Check for destination specific items
ie. SUICA Card)