

Date Formats in R

%d	= Day number of month (5, 17, 28, etc.)
%j	= Day number of the year (Julian day 001-366)
%a	= Abbreviated weekday (Mon, Tue, Wed, etc.)
%A	= Full weekday (Monday, Tuesday, etc.)
%w	= Weekday number (0-6, Sunday is 0)
%u	= Weekday number (1-7, Monday is 1)
%W	= Week number (00-53, Monday is week start)
%U	= Week number (01-53, Sunday is week start)
%m	= Month number (e.g. 01, 02, 03, 04)
%b	= Abbreviated month (Jan, Feb, etc.)
%B	= Full month (January, February, etc.)
%y	= 2-digit year (e.g. 89)
%Y	= 4-digit year (e.g. 1989)
%h	= hours (24-hr clock)
%m	= minutes
%s	= seconds
%z	= offset from GMT
%Z	= Time zone (character)