

# Nutrition Facts

About 4.5 servings per container

**Serving size** 100g

Amount per serving

**Calories**

**30**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 7g 2%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 6mg 1%

Iron 0mg 0%

Potassium 257mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.