

# Nutrition Facts

5.5 servings per container

**Serving size** 2 cups (100g)

**Amount per serving**

**Calories** 60

**% Daily Value\***

**Total Fat** 0.9g 1%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 376.8mg 18%

**Total Carbohydrate** 10.4g 3%

Dietary Fiber 2.4g 9%

Total Sugars 7.4g

Includes 2.1g Added Sugars 4%

**Protein** 2.2g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.2mg 2%

Potassium 70mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

\* Nutritional Values based on the FDA.