

Nutrition Facts

About 6 servings per container

Serving size **2 cups (100g)**

Amount per serving

Calories **15**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 25mg **1%**

Total Carbohydrate 2g **1%**

Dietary Fiber 2g **9%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein <1g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 0.7mg **4%**

Potassium 247mg **7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.