

Nutrition Facts

About 1.5 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories 25

% Daily Value*

Total Fat 0.2g 0%

Saturated Fat 0.1g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 3mg 0%

Total Carbohydrate 4.6g 2%

Dietary Fiber 1.7g 7%

Total Sugars 2.4g

Includes 0g Added Sugars 0%

Protein 0.9g

Vitamin D 0mcg 0%

Calcium 10mg 1%

Iron 0.3mg 2%

Potassium 175mg 5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.