

Radicchio

Nutrition Facts

About 4 servings per container

Serving size1 cup (100g)

Amount per serving

Calories20

% Daily Value\*

Total Fat 0g0%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 22mg1%

Total Carbohydrate 4g1%

Dietary Fiber 1g4%

Total Sugars 1g

Includes 0g Added Sugars0%

Protein 1g

Vitamin D 0mcg0%

Calcium 20mg2%

Iron 0.5mg3%

Potassium 302mg9%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.  
\* Nutritional Values based on the FDA.