

## Organic roma tomatoes

# Nutrition Facts

About 4.5 servings per container

**Serving size** 1 cup (100g)

Amount per serving

**Calories**

**20**

% Daily Value\*

**Total Fat** 0.2g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 5mg 0%

**Total Carbohydrate** 3.9g 1%

Dietary Fiber 1.2g 5%

Total Sugars 2.6g

Includes 0g Added Sugars 0%

**Protein** 0.8g

Vitamin D 0mcg 0%

Calcium 10mg 1%

Iron 0.2mg 1%

Potassium 237mg 7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

\*Nutritional Values based on the FDA.