

Broccoli Slaw Chia

Nutrition Facts

About 2.8 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 7g 11%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 120mg 5%

Total Carbohydrate 9g 3%

Dietary Fiber 3g 12%

Total Sugars 6g

Includes 3g Added Sugars 6%

Protein 3g

Vitamin D 0mcg 0%

Calcium 18mg 2%

Iron 0mg 0%

Potassium 209mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Broccoli Slaw Ginger

Nutrition Facts

About 2.8 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 4g 6%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 80mg 5%

Total Carbohydrate 12g 5%

Dietary Fiber 3g 12%

Total Sugars 9g

Includes 2g Added Sugars 4%

Protein 3g

Vitamin D 0mcg 0%

Calcium 17mg 2%

Iron 0mg 0%

Potassium 147mg 5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Broccoli Slaw Honey Mustard

Nutrition Facts

About 2.8 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories 150

% Daily Value*

Total Fat 10g 16%

Saturated Fat 2g 10%

Trans Fat 1g

Cholesterol 0mg 0%

Sodium 80mg 3%

Total Carbohydrate 12g 4%

Dietary Fiber 3g 12%

Total Sugars 9g

Includes 2g Added Sugars 4%

Protein 3g

Vitamin D 0mcg 0%

Calcium 53mg 6%

Iron 1mg 5%

Potassium 275mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.