

Fresh salad

Nutrition Facts

4.5 servings per container

Serving size1 cup (100g)

Amount per serving

Calories20

% Daily Value*

Total Fat 0.2g0%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 24.1mg1%

Total Carbohydrate 3g1%

Dietary Fiber 1.5g6%

Total Sugars 0.4g

Includes 0g Added Sugars0%

Protein 0.7g

Vitamin D 0mcg0%

Calcium 0mg0%

Iron 0mg0%

Potassium 151mg4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.
* Nutritional Values based on the FDA.