

Broccoli florets and baby carrots

Nutrition Facts

4.5 servings per container

Serving size1 cup (100g)

Amount per serving

Calories40

% Daily Value*

Total Fat 0.3g0%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 25.5mg1%

Total Carbohydrate 7.6g2%

Dietary Fiber 5g19%

Total Sugars 3.2g

Includes 0g Added Sugars0%

Protein 2g

Vitamin D 0mcg0%

Calcium 20mg2%

Iron 0mg0%

Potassium 276mg8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.