

# Organic cauliflower

## Nutrition Facts

About 9 servings per container

**Serving size** 1 1/2 cup (100g)

Amount per serving

**Calories**

**25**

% Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 30mg **0%**

**Total Carbohydrate** 5g **2%**

Dietary Fiber 2g **23%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

**Protein** 2g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 0.5mg **2%**

Potassium 300mg **9%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

\*Nutritional Values based on the FDA.