

Iceberg lettuce

Nutrition Facts

About 8 servings per container

Serving size 1 1/2 cup (100g)

Amount per serving

Calories

15

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 20mg **1%**

Total Carbohydrate 2g **1%**

Dietary Fiber 1g **5%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein <1g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0mg **0%**

Potassium 141mg **4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

*Nutritional Values based on the FDA.