

# Nutrition Facts

About 2.6 servings per container

**Serving size** 1 cup (100g)

Amount per serving

**Calories**

**40**

% Daily Value\*

**Total Fat** 0.6g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 170.1mg 8%

**Total Carbohydrate** 6.1g 2%

Dietary Fiber 0.4g 2%

Total Sugars 4.6g

Includes 4.6g Added Sugars 8%

**Protein** 1.6g

Vitamin D 0mcg 0%

Calcium 30mg 3%

Iron 0.3mg 2%

Potassium 58mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

\* Nutritional Values based on the FDA.