

Italian salad

Nutrition Facts

2.8 servings per container

Serving size2 cups (100g)

Amount per serving

Calories15

% Daily Value\*

Total Fat 0.2g0%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 24.7mg1%

Total Carbohydrate 2.5g1%

Dietary Fiber 2.1g8%

Total Sugars 0g

Includes 0g Added Sugars0%

Protein 0.7g

Vitamin D 0mcg0%

Calcium 20mg2%

Iron 0.7mg4%

Potassium 253mg7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.  
\* Nutritional Values based on the FDA.