

Spinach & Spring Mix

Nutrition Facts

About 2 servings per container
Serving size 1 cup (100g)

Amount per serving
Calories 30

	% Daily Value*
Total Fat 0.4g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 54.2mg	2%
Total Carbohydrate 4.2g	1%
Dietary Fiber 2.2g	10%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2.7g	
Vitamin D 0mcg	0%
Calcium 99mg	10%
Iron 2.7mg	15%
Potassium 558mg	16%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.