

Nutrition Facts

3.12 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories

35

% Daily Value*

Total Fat 0.3g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 148.3mg 7%

Total Carbohydrate 6.6g 2%

Dietary Fiber 1.3g 5%

Total Sugars 4.1g

Includes 3.8g Added Sugars 7%

Protein 1.2g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.5mg 3%

Potassium 175mg 5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.