

Nutrition Facts

5.5 servings per container

Serving size 2 cups (100g)

Amount per serving

Calories

60

% Daily Value*

Total Fat 0.9g 1%

Saturated Fat 0g 0%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 376.8mg 18%

Total Carbohydrate 10.4g 3%

Dietary Fiber 2.4g 9%

Total Sugars 7.4g

Includes 2.1g Added Sugars 4%

Protein 2.2g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.2mg 2%

Potassium 70mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.