

Baby carrots

Nutrition Facts

4.5 servings per container

Serving size 3/4 cup (100g)

Amount per serving

Calories **40**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 40mg **2%**

Total Carbohydrate 9g **3%**

Dietary Fiber 4g **16%**

Total Sugars 6g

Includes 0g Added Sugars **0%**

Protein <1g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 0mg **0%**

Potassium 237mg **7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.