

Green leaf

Nutrition Facts

About 3.7 servings per container

Serving size **1 cup (100g)**

Amount per serving

Calories **20**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 28mg **1%**

Total Carbohydrate 3g **1%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 1g

Vitamin D 0mcg **0%**

Calcium 40mg **4%**

Iron 1mg **5%**

Potassium 194mg **6%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.