

Ajo orgánico

Declaración nutrimental por 100 g

Porciones por envase	aprox. 1
Contenido energético	160.5kcal (681.5kJ)
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Proteínas	6 g
Grasas totales	0.5 g
Grasas saturadas	0 g
Grasas trans	0 mg
Hidratos de carbono disponibles	33 g
Azúcares	1 g
Azúcares añadidos	0 g
Fibra dietética	2 g
Sodio	17 mg

Nutrition Facts

About 1 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories

160

% Daily Value*

Total Fat 0.5g 1%

 Saturated Fat 0g 0%

 Trans Fat 0g

Cholesterol 0mg 0%

Sodium 17mg 1%

Total Carbohydrate 33g 15%

 Dietary Fiber 2g 7%

 Total Sugars 1g

 Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 0mcg 0%

Calcium 181mg 18%

Iron 1.7mg 11%

Potassium 401mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

*Nutritional Values based on the FDA.