

Shredded iceberg lettuce

Nutrition Facts

2.8 servings per container
Serving size 1 1/2 cup (100g)

Amount per serving
Calories 15

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	5%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein <1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 141mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.
* Nutritional Values based on the FDA.