

Nutrition Facts

3.12 servings per container

Serving size 1 cup (100g)

Amount per serving

Calories

40

% Daily Value*

Total Fat 2.7g 3%

Saturated Fat 0.6g 4%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 122.3mg 6%

Total Carbohydrate 3.2g 1%

Dietary Fiber 1.5g 6%

Total Sugars 0.9g

Includes 0.3g Added Sugars 1%

Protein 0.9g

Vitamin D 0mcg 0%

Calcium 42mg 4%

Iron 0mg 0%

Potassium 74mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

* Nutritional Values based on the FDA.