

Ajo orgánico

Declaración nutrimental por 100 g

Porciones por envase	aprox. 1
Contenido energético	160.5kcal (681.5kJ)
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Proteínas	6 g
Grasas totales	0.5 g
Grasas saturadas	0 g
Grasas trans	0 mg
Hidratos de carbono disponibles	33 g
Azúcares	1 g
Azúcares añadidos	0 g
Fibra dietética	2 g
Sodio	17 mg

Nutrition Facts

About 1 servings per container
Serving size 1 cup (100g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 17mg	1%
Total Carbohydrate 33g	15%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 181mg	18%
Iron 1.7mg	11%
Potassium 401mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.
*Nutritional Values based on the FDA.