



Fitness Classes 2020:

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 7.00 - 8.00 | Cardio | Body Pump | Body Pump | Fitness Dance | Cardio | Pilates |
| 9.00 - 10.00 | Body Pump | Cardio | Fitness Dance | Cardio | Pilates | Cardio |
| 12.00 - 1.00 | Pilates | Fitness Dance | Cardio | Body Pump | Body Pump | Body Pump |
| 3.00 - 4.00 | Fitness Dance | Pilates | Body Pump | Cardio | Fitness Dance | Body Pump |
| 6.00 - 7.00 | Cardio | Cardio | Pilates | Body Pump | Cardio | Fitness Dance |
| 9.00 - 10.00 | Body Pump | Body Pump | Cardio | Pilates | Body Pump | Cardio |