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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SUBJID	Participant ID	Char	\$	7		-			
VISIT	JHS Exam Visit Number	Num		8	2	2.00-2.00		4194	100.00
VISITDATE	Date of Visit	Num	MMDDYY	8	09/10/07	10/10/05-12/30/08		4194	100.00
DAYSFROMV1	Days from Visit 1	Num		8	1816.87029	1237.00-3002.00		4194	100.00
ARIC	Shared-ARIC / JHS-Only	Num	ARIC	8	0.31092036	0	JHS-Only	2890	68.91
						1	Shared ARIC	1304	31.09
RECRUIT	JHS Recruitment Type	Num	RECRUIT	8	3.05603243	1	Shared ARIC	1297	30.93
						2	ARIC Household	219	5.22
						3	Random	707	16.86
						4	Family	894	21.32
						5	Volunteer	1077	25.68
FASTHOURS	Fasting Time (in hours)	Num		8	12.1771203	0.00-61.00		4174	99.52
AGE	Age in Years	Num		8	60.4202816	25.56-97.59		4194	100.00
BRTHYR	Year of Birth	Num		8	1946.7804	1910.00-1982.00		4194	100.00
BRTHMO	Month of Birth	Num		8	6.46256557	1.00-12.00		4194	100.00
SEX	Participant Sex	Char	\$	6		Female		2720	64.85
						Male		1474	35.15
MALE	Male Indicator	Num	MALE	8	0.35145446	0	Female	2720	64.85
						1	Male	1474	35.15
MENOPAUSE	Menopause Status	Num	YNFMT	8				4194	100.00
ALC	Alcohol drinking in the past 12 months (Y/N)	Num	YNFMT	8				4194	100.00

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DRM	Alcohol drinking in the past 12 months (days per month)	Num		8				0	0.00
DRW	Alcohol drinking in the past 12 months (days per week)	Num		8				0	0.00
ALCW	Average number of drinks per week	Num		8				0	0.00
ALCD	Average number of drinks per day	Num		8				0	0.00
CURRENTSMOKER	Indication of participant's current cigarette smoking status	Num	YNFMT	8				4194	100.00
EVERSMOKER	Indication of whether the participant has ever smoked cigarettes	Num	YNFMT	8				4194	100.00
WEIGHT	Weight (kg)	Num		8	90.9379878	38.77-226.46		4063	96.88
HEIGHT	Height (cm)	Num		8	168.634211	137.16-200.66		4080	97.28
WAIST	Waist Circumference (cm)	Num		8	102.238613	58.42-187.96		4183	99.74
HIP	Hip Circumference (cm)	Num		8	114.157668	68.58-203.45		4183	99.74
BMI	Body Mass Index (kg/m^2)	Num		8	31.9840918	14.67-93.48		4061	96.83
NECK	Neck Circumference (cm)	Num		8				0	0.00
BPMEDS	Blood Pressure Medication Status (Y/N)	Num	YNFMT	8	0.6914001	-		380	9.06
						0	No	1177	28.06
						1	Yes	2637	62.88
DMMEDSORAL	Diabetic Oral Medication Status (Y/N)	Num	YNFMT	8	0.16413214	-		380	9.06
						0	No	3188	76.01

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
	,	21		- 3 -		1	Yes	626	
DMMEDSINS	Diabetic Insulin Medication Status (Y/N)	Num	YNFMT	8	0.07865758	-		380	9.06
	, ,					0	No	3514	83.79
						1	Yes	300	7.15
DMMEDS	Diabetic Medication Status (Y/N)	Num	YNFMT	8	0.21237546	-		380	9.06
						0	No	3004	71.63
						1	Yes	810	19.31
STATINMEDS	Statin Medication Status (Y/N)	Num	YNFMT	8	0.22863136	-		380	9.06
						0	No	2942	70.15
						1	Yes	872	20.79
HRTMEDS	Hormone Replacement Therapy Medication Status (Y/N)	Num	YNFMT	8	0.06895648	-		380	9.06
						0	No	3551	84.67
						1	Yes	263	6.27
BETABLKMEDS	Beta Blocker Medication Status (Y/N)	Num	YNFMT	8	0.17042475	-		380	9.06
						0	No	3164	75.44
						1	Yes	650	15.50
CALBLKMEDS	Calcium Channel Blocker Medication Status (Y/N)	Num	YNFMT	8	0.25537493	-		380	9.06
						0	No	2840	67.72
						1	Yes	974	23.22
DIURETICMEDS	Diuretic Medication Status (Y/N)	Num	YNFMT	8	0.48793917	-		380	9.06
						0	No	1953	46.57
						1	Yes	1861	44.37

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
ANTIARYTHMEDS	Antiarrhythmic Medication Status (Y/N)	Num	YNFMT	8	0.00576822	-		380	9.06
						0	No	3792	90.41
						1	Yes	22	0.52
MEDACCT	Medication Accountability	Num	MEDACCT	8	1.65314885	-		2	0.05
						0	Incomplete recording of participant's medication use during two weeks preceding	575	13.71
						1	Participant reported that no medication had been taken in 2 weeks preceeding the	304	7.25
						2	Complete recording of all participant's medication use during the two weeks prec	3313	78.99
BPMEDSSELF	Self-Reported BP Medication Status (Y/N)	Num	YNFMT	8				4194	100.00
DMMEDTYPE	Type of Diabetic Medication	Num	DMMEDTYPE	8	0.3214473	-		380	9.06
						0	No Diabetic Medications	3004	71.63
						1	Oral Only	510	12.16
						2	Insulin Only	184	4.39
						3	Both Oral and Insulin	116	2.77
HRTMEDSSELFEVER	Self Reported HRT Medication Status (Y/N)	Num	YNFMT	8				4194	100.00
HRTMEDSSELF	Self Reported Current HRT Medication Status (Y/N)	Num	YNFMT	8				4194	100.00
SBP	Systolic Blood Pressure (mmHg)	Num		8	127.526729	71.00-240.00		4078	97.23
DBP	Diastolic Blood Pressure (mmHg)	Num		8	76.9222658	39.00-135.00		4078	97.23
BPJNC7	JNC 7 BP Classification	Num	BPCAT	8	1.04732712	-		116	2.77

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
						0	Normal	1237	29.49
						1	Pre-HTN	1709	40.75
						2	Stage I HTN	834	19.89
						3	Stage II HTN	298	7.11
HTN	Hypertension Status	Num	YNFMT	8	0.27758705	-		116	2.77
						0	No	2946	70.24
						1	Yes	1132	26.99
HBA1C	NGSP Hemoglobin A1c (%)	Num		8	6.07214403	4.10-15.70		3055	72.84
FPG	Fasting Plasma Glucose Level (mg/dL)	Num		8	104.880297	37.00-491.00		2690	64.14
FPG3CAT	Fasting Plasma Glucose Categorization	Num	FPG3CAT	8	0.53011152	-		1504	35.86
						0	Normal	1562	37.24
						1	At Risk	830	19.79
						2	Diabetic	298	7.11
HBA1C3CAT	NGSP Hemoglobin A1c (%) Categorization	Num	HBA1C3CAT	8	0.84222586	-		1139	27.16
						0	Normal	1095	26.11
						1	At Risk	1347	32.12
						2	Diabetic	613	14.62
HBA1CIFCC	IFCC Hemoglobin A1c (mmol/mol)	Num		8	42.8685342	21.31-148.10		3055	72.84
HBA1CIFCC3CAT	IFCC Hemoglobin A1c (mmol/mol) Categorization	Num	НВА1СЗСАТ	8	0.84222586	-		1139	27.16
						0	Normal	1095	26.11
						1	At Risk	1347	32.12
						2	Diabetic	613	14.62

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
FASTINGINSULIN	Fasting Insulin (Plasma IU/mL)	Num	Tormac	8	110011	nange of various	rroquonor odeogorr	0	0.00
DIABETES	Diabetes Status (ADA 2010)	Num	YNFMT	8	0.32177033	-		850	20.27
						0	No	2268	54.08
						1	Yes	1076	25.66
DIAB3CAT	Diabetes Categorization	Num		8	1.04934211	0.00-2.00		3344	79.73
HOMA_B	НОМА-В	Num		8				0	0.00
HOMA_IR	HOMA-IR	Num		8				0	0.00
LDL	Fasting LDL Cholesterol Level (mg/dL)	Num		8	122.211078	9.00-348.00		2672	63.71
HDL	Fasting HDL Cholesterol Level (mg/dL)	Num		8	54.2063197	22.00-147.00		2690	64.14
TRIGS	Fasting Triglyceride Level (mg/dL)	Num		8	100.66171	11.00-3065.00		2690	64.14
TOTCHOL	Fasting Total Cholesterol (mg/dL)	Num		8	196.07658	70.00-413.00		2690	64.14
LDL5CAT	Fasting LDL Categorization	Num	LDL5CAT	8	1.30613772	-		1522	36.29
						0	Optimal	744	17.74
						1	Near/Above Optimal	876	20.89
						2	Borderline High	663	15.81
						3	High	268	6.39
						4	Very High	121	2.89
HDL3CAT	Fasting HDL Categorization	Num	HDL3CAT	8	1.00148699	-		1504	35.86
						0	Low	829	19.77
						1	Normal	1028	24.51
						2	High	833	19.86

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Variable Name	Variable Label (VAD)	VAR	VAR	VAR	Mana	Dance of Value	Engage of Catagoria	Emanus	Damman
TRIGS4CAT	Variable Label (VAR) Fasting Triglyceride	Type Num	Format TRIGS4CAT	Length 8	Mean 0.19144981	Range of Values	Frequency Category	Frequency 1504	35.86
IKIOSTCAI	Categorization	Num	IKIOSTCAI	O	0.17144701			1304	33.00
						0	Normal	2316	55.22
						1	Borderline High	241	5.75
						2	High	125	2.98
						3	Very High	8	0.19
HSCRP	High Sensitivity C-Reactive Protein (mg/dL)	Num		8	0.56494693	0.01-14.65		3090	73.68
ESELECTIN	e-Selectin	Num		8				0	0.00
PSELECTIN	p-Selectin	Num		8				0	0.00
ENDOTHELIN	Concentration of Endothelin-1 (pg/mL)	Num		8				0	0.00
SCORT	Concentration of Cortisol Levels (ug/dL)	Num		8				0	0.00
RENINRIA	Renin Activity RIA (Plasma ng/mL/hr)	Num		8				0	0.00
RENINIRMA	Renin Mass IRMA (pg/mL)	Num		8				0	0.00
ALDOSTERONE	Concentration of Aldosterone (ng/dL)	Num		8				0	0.00
LEPTIN		Num		8				0	0.00
ADIPONECTIN		Num		8				0	0.00
CREATININEUSPOT	Random spot urine creatinine (mg/dL)	Num		8	153.368523	7.00-661.00		3088	73.63
ALBUMINUSPOT	Random spot urine albumin (mg/dL)	Num		8	5.22461955	0.20-578.00		2957	70.51

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SCRCC	CC Calibrated Serum Creatinine (mg/dL)	Num		8				0	0.00
SCRIDMS	IDMS Traceable Serum Creatinine (mg/dL)	Num		8				0	0.00
EGFRMDRD	eGFR MDRD	Num		8				0	0.00
EGFRCKDEPI	eGFR CKD-Epi	Num		8				0	0.00
CREATININEU24HR	24-hour urine creatinine (g/24hr)	Num		8				0	0.00
ALBUMINU24HR	24-hour urine albumin (mg/24hr)	Num		8				0	0.00
DIALYSISEVER	Self-reported dialysis	Num	YNFMT	8	0.00739151	0	No	4163	99.26
						1	Yes	31	0.74
DIALYSISDURATION	Duration on dialysis (years)	Num		8	4.76	0.00-27.00		25	0.60
CAC	Coronary Artery Calcium Score	Num		8	166.737659	0.00-10800.88		2883	68.74
AAC	Abdominal Aorto-iliac Calcium Score	Num		8	862.237759	0.00-12547.03		2882	68.72
VAT50MM	Visceral Adipose Tissue (cm^3)	Num		8	830.563524	66.08-2652.95		2881	68.69
SAT50MM	Subcutaneous Adipose Tissue (cm^3)	Num		8	2329.49748	31.36-5568.10		2880	68.67
ANYCAC	Presence of Coronary Artery Calcification	Num	YNFMT	8	0.48040236	-		1311	31.26
						0	No	1498	35.72
						1	Yes	1385	33.02
ANYAAC	Presence of Aortic Artery Calcification	Num	YNFMT	8	0.65822346	-		1312	31.28

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		VAR	VAR	VAR						
Variable Name	Variable Label (VAR)	Type	Format	Length	Mean	Range of Values		Frequency Category	Frequency	Percent
						0	No		985	23.49
						1	Yes		1897	45.23
SPEECHLOSSEVER	History of Speech Loss	Num	YNFMT	8	0.02885074	0	No		4073	97.11
						1	Yes		121	2.89
VISIONLOSSEVER	History of Sudden Loss of Vision	Num	YNFMT	8	0.05174058	0	No		3977	94.83
						1	Yes		217	5.17
DOUBLEVISIONEVER	History of Double Vision	Nıım	YNFMT	8	0.01764425	0	No		4120	98.24
200222121012121	nipcori or boabte vibion	1102111	1111111	Ü	0.01701120	1	Yes		74	1.76
NUMBNESSEVER	History of Numbness	Num	YNFMT	8	0.08106819	0	No		3854	91.89
						1	Yes		340	8.11
PARALYSISEVER	History of Paralysis	Num	YNFMT	8	0.04148784	0	No		4020	95.85
						1	Yes		174	4.15
D. T. G. T. W. T. G. T. W. W. T. W. W. T. W. W. T. W. W. T. W. W. T. W. W. T. W. W. T. W.	W		Thirties and the second		0.0555556	•			2064	0.1.1.1
DIZZYNESSEVER	History of Dizziness	Num	YNFMT	8	0.0555556	0	No Yes		3961 233	94.44 5.56
						1	res		233	5.56
STROKEHX	History of Stroke	Num	YNFMT	8	0.05676127	-			1	0.02
						0	No		3955	94.30
						1	Yes		238	5.67
MIHX	Self-Reported History of MI	Num	YNFMT	8	0.01502863	-			2	0.05
						0	No		4129	98.45
						1	Yes		63	1.50
CARDIACPROCHX	Self-Reported history of Cardiac Procedures	Num	YNFMT	8	0.0501313	-			5	0.12
						0	No		3979	94.87
						1	Yes		210	5.01

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		VAR	VAR	VAR					
Variable Name	Variable Label (VAR)	Type	Format	Length	Mean	Range of Values	Frequency Category	Frequency	Percent
СНДНХ	Coronary Heart Disease Status/History	Num	YNFMT	8				4194	100.00
CAROTIDANGIOHX	Self-Reported history of Carotid Angioplasty	Num	YNFMT	8	0.03883495	-		4091	97.54
						0	No	99	2.36
						1	Yes	4	0.10
CVDHX	Cardiovascular Disease History	Num	YNFMT	8	0.05771524	-		1	0.02
						0	No	3951	94.21
						1	Yes	242	5.77
CMIZACAE	ANA Cooling Cotagonistics	N	LSS3CAT	8				4194	100.00
SMK3CAT	AHA Smoking Categorization	Num	LSSSCAI	8				4194	100.00
IDEALHEALTHSMK	Indicator for Ideal Health via Smoking Status	Num	YNFMT	8				4194	100.00
BMI3CAT	AHA BMI Categorization	Num	LSS3CAT	8	0.57301157	-		133	3.17
						0	Poor Health	2239	53.39
						1	Intermediate Health	1317	31.40
						2	Ideal Health	505	12.04
IDEALHEALTHBMI	Indicator for Ideal Health via BMI Status	Num	YNFMT	8	0.12435361	-		133	3.17
						0	No	3556	84.79
						1	Yes	505	12.04
PA3CAT	AHA Physical Activity Categorization	Num	LSS3CAT	8				4194	100.00
IDEALHEALTHPA	Indicator for Ideal Health via Physical Activity Status	Num	YNFMT	8				4194	100.00
NUTRITION3CAT	AHA Nutrition Categorization	Num	LSS3CAT	8				4194	100.00
IDEALHEALTHNUTRITION	Indicator for Ideal Health via Nutrition Status	Num	YNFMT	8				4194	100.00

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Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
TOTCHOL3CAT	AHA Total Cholesterol Categorization	Num	LSS3CAT	8	1.24990223	-		1637	39.03
						0	Poor Health	366	8.73
						1	Intermediate Health	1186	28.28
						2	Ideal Health	1005	23.96
IDEALHEALTHCHOL	Indicator for Ideal Health via Cholesterol Status	Num	YNFMT	8	0.39303872	-		1637	39.03
						0	No	1552	37.01
						1	Yes	1005	23.96
BP3CAT	AHA BP Categorization	Num	LSS3CAT	8	0.94746148	-		235	5.60
						0	Poor Health	663	15.81
						1	Intermediate Health	2841	67.74
						2	Ideal Health	455	10.85
IDEALHEALTHBP	Indicator for Ideal Health via BP Status	Num	YNFMT	8				4194	100.00
GLUCOSE3CAT	AHA Glucose Categorization	Num	LSS3CAT	8	1.36333732	-		850	20.27
						0	Poor Health	636	15.16
						1	Intermediate Health	857	20.43
						2	Ideal Health	1851	44.13
IDEALHEALTHDM	Indicator for Ideal Health via Glucose Status	Num	YNFMT	8	0.55352871	-		850	20.27
						0	No	1493	35.60
						1	Yes	1851	44.13