

DATA SET: paca LABEL: DATE CREATED: 16SEP14:13:02:20  
 Number of Observations: 5296  
 Number of Variables: 44  
 Organization of file: Multiple Records per JHS Participant (SUBJID)

Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ANALYSIS ID	Char	\$	7		-			
VISIT	CONTACT OCCASION	Num		8	1	1.00-1.00		5296	100.00
PACA1	1: # minutes walk or run	Char	\$PACA1V	1		-		4	0.08
						A	A. Less than 5 minutes	2496	47.13
						B	B. At least 5 but less than 15 minutes	916	17.30
						C	C. At least 15 but less than 30 minutes	761	14.37
						D	D. At least 30 but less than 45 minutes	446	8.42
						E	E. At least 45 minutes	673	12.71
PACA2	2: # city blocks walk each day	Char	\$PACA2V	1		-		6	0.11
						A	A. Less than 5 blocks	3993	75.40
						B	B. At least 5 but less than 10 blocks	731	13.80
						C	C. At least 10 but less than 15 blocks	295	5.57
						D	D. At least 15 but less than 20 blocks	124	2.34
						E	E. More than 20 blocks	147	2.78
PACA3	3: Leisure time: often walk 15 min.	Char	\$PACAR3V	1		-		3	0.06
						A	A. Less than once a month	2383	45.00
						B	B. Once a month	266	5.02
						C	C. 2-3 times a month	448	8.46
						D	D. Once a week	509	9.61
						E	E. More than once a week	1687	31.85
PACA4	4: Leisure time: often bike 15 min.	Char	\$PACAR3V	1		-		5	0.09
						A	A. Less than once a month	4857	91.71

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						B	B. Once a month	72	1.36
						C	C. 2-3 times a month	88	1.66
						D	D. Once a week	62	1.17
						E	E. More than once a week	212	4.00
PACA5	5: Leisure time: often sweat exertion	Char	\$PACAR3V	1		-		8	0.15
						A	A. Less than once a month	2530	47.77
						B	B. Once a month	208	3.93
						C	C. 2-3 times a month	396	7.48
						D	D. Once a week	450	8.50
						E	E. More than once a week	1704	32.18
PACA6	6: Past year: often watch tv	Char	\$PACA6V	1		-		7	0.13
						A	A. Less than 1 hour a week	160	3.02
						B	B. At least 1 hour a week but less than 7 hours a week	552	10.42
						C	C. At least 1 hour a day but less than 2 hours a day	786	14.84
						D	D. At least 2 hours a day but less than 4 hours a day	1789	33.78
						E	E. 4 or more hours a day	2002	37.80
PACA7	7: Past year: phy. Exercise 20 min.	Num		8	1.39727946	0.00-7.00		4999	94.39
PACA8	8: Past year: work for pay/volunteer	Char	\$JH_YNV	1		-		17	0.32
						N. No		1669	31.51
						Y. Yes		3610	68.16
PACA9	9: Work comparable to others your age	Char	\$PACA9V	1		-		1681	31.74
						A	A. Much lighter	590	11.14
						B	B. Lighter	1213	22.90

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						C	C. The same as	1094	20.66
						D	D. Heavier	518	9.78
						E	E. Much heavier	200	3.78
PACA10	10: After work physically tired	Char	\$PACAR6V	1		-		1680	31.72
						A	A. Never	734	13.86
						B	B. Seldom	659	12.44
						C	C. Sometimes	1496	28.25
						D	D. Often	417	7.87
						E	E. Always	310	5.85
PACA11A	11a: Working: how often sit	Char	\$PACAR6V	1		-		1676	31.65
						A	A. Never	248	4.68
						B	B. Seldom	772	14.58
						C	C. Sometimes	1034	19.52
						D	D. Often	1108	20.92
						E	E. Always	458	8.65
PACA11B	11b: Working: how often stand	Char	\$PACAR6V	1		-		1680	31.72
						A	A. Never	60	1.13
						B	B. Seldom	522	9.86
						C	C. Sometimes	1197	22.60
						D	D. Often	1232	23.26
						E	E. Always	605	11.42
PACA11C	11c: Working: how often walk	Char	\$PACAR6V	1		-		1678	31.68
						A	A. Never	57	1.08
						B	B. Seldom	442	8.35
						C	C. Sometimes	1110	20.96
						D	D. Often	1307	24.68

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						E	E. Always	702	13.26
PACA11D	11d: Working: how often lift heavy loads	Char	\$PACAR6V	1		-		1663	31.40
						A	A. Never	1636	30.89
						B	B. Seldom	936	17.67
						C	C. Sometimes	654	12.35
						D	D. Often	281	5.31
						E	E. Always	126	2.38
PACA11E	11e: Working: how often sweat from ext.	Char	\$PACAR6V	1		-		1663	31.40
						A	A. Never	1579	29.81
						B	B. Seldom	728	13.75
						C	C. Sometimes	714	13.48
						D	D. Often	330	6.23
						E	E. Always	282	5.32
PACA12	12: Time caring for others(child/elderly)	Char	\$PACA12V	1		-		16	0.30
						A	A. Less than 1 hour per week	3278	61.90
						B	B. At least 1 but less than 20 hours per week	951	17.96
						C	C. More than 20 hours per week	1051	19.85
PACA13	13: Past year: time spent cooking/cleaning	Char	\$PACA13V	1		-		16	0.30
						A	A. Less than 1/2 hour per day	1151	21.73
						B	B. At least 1/2 hour but less than 1 hour per day	1021	19.28
						C	C. At least 1 hour but less than 1 1/2 hours per day	1159	21.88
						D	D. At least 1 1/2 hours but less than 2 hours per day	722	13.63
						E	E. 2 or more hours per day	1227	23.17

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PACA14	14: Past year: time spent major cleaning	Char	\$PACAR3V	1		-		13	0.25
						A	A. Less than once a month	2605	49.19
						B	B. Once a month	746	14.09
						C	C. 2-3 times a month	797	15.05
						D	D. Once a week	702	13.26
						E	E. More than once a week	433	8.18
PACA15	15: Past year: time spent routine cleaning	Char	\$PACAR3V	1		-		16	0.30
						A	A. Less than once a month	569	10.74
						B	B. Once a month	211	3.98
						C	C. 2-3 times a month	565	10.67
						D	D. Once a week	1777	33.55
						E	E. More than once a week	2158	40.75
PACA16	16: Past year: time spent doing yard work	Char	\$PACAR3V	1		-		15	0.28
						A	A. Less than once a month	2709	51.15
						B	B. Once a month	385	7.27
						C	C. 2-3 times a month	728	13.75
						D	D. Once a week	906	17.11
						E	E. More than once a week	553	10.44
PACA17	17: Past year: time spent hvvy. outdoor work	Char	\$PACAR3V	1		-		13	0.25
						A	A. Less than once a month	4712	88.97
						B	B. Once a month	208	3.93
						C	C. 2-3 times a month	142	2.68
						D	D. Once a week	112	2.11
						E	E. More than once a week	109	2.06

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PACA18	18: Past year: time spent major home décor	Char	\$PACAR3V	1		-		17	0.32
						A	A. Less than once a month	4649	87.78
						B	B. Once a month	320	6.04
						C	C. 2-3 times a month	138	2.61
						D	D. Once a week	71	1.34
						E	E. More than once a week	101	1.91
PACA19	19: Past year: participate in activities	Char	\$JH_YNV	1		-		32	0.60
						N. No		2499	47.19
						Y. Yes		2765	52.21
PACA20	20: Past year: often play sports/exercise	Char	\$PACA20V	20		-		2536	47.89
						A	A. Never or less than once a month	150	2.83
						B	B. Once a month	141	2.66
						C	C. 2-3 times a month	235	4.44
						D	D. Once a week	270	5.10
						E	E. More than once a week	1964	37.08
PACA21A	21a: Activity on code list	Char	\$JH_YNV	1		-		2541	47.98
						N. No		81	1.53
						Y. Yes		2674	50.49
PACA21B	21b: Frequent sport/exercise code	Num		8	12.543609	1.00-39.00		2660	50.23
PACA21C	21c: Activity not coded, specify	Char	\$	40		-			
PACA22	22: # months do activity	Char	\$PACARAV	1		-		2534	47.85
						A	A. Less than one month	117	2.21
						B	B. 1 to 3 months	399	7.53

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						C	C. 4 to 6 months	541	10.22
						D	D. 7 to 9 months	363	6.85
						E	E. More than 9 months	1342	25.34
PACA23	23: #hours/wk. do activity	Char	\$PACARBV	1		-		2535	47.87
						A	A. Less than 1 hour	551	10.40
						B	B. At least 1 but less than 2 hours	867	16.37
						C	C. At least 2 but less than 3 hours	427	8.06
						D	D. At least 3 but less than 4 hours	328	6.19
						E	E. 4 or more hours	588	11.10
PACA24A	24a: Activity on code list	Char	\$JH_YNV	1		-		4025	76.00
						N. No		51	0.96
						Y. Yes		1220	23.04
PACA24B	24b: Second most frequent sport/exercise	Num		8	13.5751037	1.00-39.00		1205	22.75
PACA24C	24c: Activity not coded, specify	Char	\$	40		-		5254	99.21
						013		1	0.02
						AB ROLLER		1	0.02
						BASEBALL		2	0.04
						CARDIO GUILD		1	0.02
						CARDIO TRAINING		1	0.02
						ELEPITCAL		1	0.02
						FISHING		8	0.15
						FOOTBALL		3	0.06
						GLIDER		1	0.02
						H2O AEROBICS		1	0.02

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						HUNTING		4	0.08
						LEG PRESSOR		1	0.02
						REHAD EXERCISES		1	0.02
						SIT UPS		2	0.04
						SITTING AEROBICS		1	0.02
						SPINNING		1	0.02
						STEP CLASSES		1	0.02
						STEPPER		1	0.02
						STRENGTHING EXERCISE		1	0.02
						UMPIRE FOR BASEBALL GAME		1	0.02
						WATE AEROBICS		1	0.02
						WATER AEROBICS		5	0.09
						WORK OUT FROM AEROBICS		1	0.02
						WORKOUT TAPE		1	0.02
PACA25	25: # months do activity	Char	\$PACARAV	1		-		4032	76.13
						A	A. Less than one month	106	2.00
						B	B. 1 to 3 months	370	6.99
						C	C. 4 to 6 months	299	5.65
						D	D. 7 to 9 months	130	2.45
						E	E. More than 9 months	359	6.78
PACA26	26: #hours/wk. do activity	Char	\$PACARBV	1		-		4032	76.13
						A	A. Less than 1 hour	349	6.59
						B	B. At least 1 but less than 2 hours	403	7.61
						C	C. At least 2 but less than 3 hours	213	4.02
						D	D. At least 3 but less than 4 hours	129	2.44
						E	E. 4 or more hours	170	3.21



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PACA27A	27a: Activity on code list	Char	\$JH_YNV	1		-		4623	87.29
						N. No		29	0.55
						Y. Yes		644	12.16
PACA27B	27b: 3rd most frequent sport/exercise code	Num		8	14.8255452	1.00-40.00		642	12.12
PACA27C	27c: Activity not coded, specify	Char	\$	40		-		5276	99.62
						AB EXERCISE MACHINE		1	0.02
						ARM AND LEG EXERCISE		1	0.02
						ARM EXERCISE		1	0.02
						BASKETBALL/FOOTBALL GAME OFFICIAL		1	0.02
						CHAIR CLASSES SITTING		1	0.02
						CHRONIC FATIGUE & FIBROMYALGIA GROUP		1	0.02
						CRUNCHES		1	0.02
						DRUMMING		1	0.02
						FISHING		1	0.02
						FLAG FOOTBALL		1	0.02
						FOOTBALL		2	0.04
						GARDENING		1	0.02
						LOW IMPACT EXERCISE		1	0.02
						PHYSICAL THERAPY		1	0.02
						PUSH UPS		1	0.02
						SIT UPS		1	0.02
						STEP		1	0.02
						WATER AEROBICS		2	0.04
PACA28	28: # months do activity	Char	\$PACARAV	1		-		4628	87.39
						A	A. Less than one month	98	1.85

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						B	B. 1 to 3 months	245	4.63
						C	C. 4 to 6 months	131	2.47
						D	D. 7 to 9 months	53	1.00
						E	E. More than 9 months	141	2.66
PACA29	29: # hours do activity	Char	\$PACARBV	1		-		4629	87.41
						A	A. Less than 1 hour	249	4.70
						B	B. At least 1 but less than 2 hours	193	3.64
						C	C. At least 2 but less than 3 hours	106	2.00
						D	D. At least 3 but less than 4 hours	53	1.00
						E	E. 4 or more hours	66	1.25
PACA30	30: Recreation act. Comparable to others	Char	\$PACA30V	1		-		1919	36.23
						A	A. Much less	354	6.68
						B	B. Less	790	14.92
						C	C. Same as	1141	21.54
						D	D. More	806	15.22
						E	E. Much more	286	5.40
PACA32	32: Code of person completing form	Char	\$	3		01		1	0.02
						25		1	0.02
						201		1	0.02
						207		713	13.46
						208		468	8.84
						209		643	12.14
						210		770	14.54
						211		373	7.04
						212		9	0.17

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