

DATA SET: pacb LABEL: DATE CREATED: 20DEC13:14:56:20  
 Number of Observations: 3772  
 Number of Variables: 43  
 Organization of file: Multiple Records per JHS Participant (SUBJID)

Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of Values	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	\$	7		-			
VISIT	CONTACT OCCASION	Num		8	9	9.00-9.00		3772	100.00
PACB1	1. How many minutes a day do you usually walk and/or bicycle to and from work, school or errands?	Num	PACB1V	8	2.71420997	1	1. Less than 5 minutes	1353	35.87
						2	2. At least 5 but less than 15 minutes	553	14.66
						3	3. At least 15 but less than 30 minutes	536	14.21
						4	4. At least 30 but less than 45 minutes	505	13.39
						5	5. At least 45 minutes	816	21.63
						7	7. Don't Know	5	0.13
						9	9. Missing	4	0.11
PACB2	2. During leisure time, how often did you walk for at least 15 minutes at a time?	Num	PACBR2V	8	3.1845175	1	1. Less than once a month	1334	35.37
						2	2. Once a month	159	4.22
						3	3. 2-3 times a month	352	9.33
						4	4. Once a week	357	9.46
						5	5. More than once a week	1560	41.36
						7	7. Don't Know	7	0.19
						9	9. Missing	3	0.08
PACB3	3. During leisure time, how often did you bike for at least 15 minutes at a time?	Num	PACBR2V	8	1.42099682	1	1. Less than once a month	3288	87.17
						2	2. Once a month	67	1.78
						3	3. 2-3 times a month	75	1.99
						4	4. Once a week	81	2.15

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						5	5. More than once a week	239	6.34
						7	7. Don't Know	2	0.05
						9	9. Missing	20	0.53
PACB4	4. During leisure time, how often do you sweat from exertion?	Num	PACBR2V	8	3.11320255	1	1. Less than once a month	1378	36.53
						2	2. Once a month	161	4.27
						3	3. 2-3 times a month	394	10.45
						4	4. Once a week	398	10.55
						5	5. More than once a week	1413	37.46
						7	7. Don't Know	24	0.64
						9	9. Missing	4	0.11
PACB5	5. During the past year, how often did you watch television?	Num	PACB5V	8	4.08563097	1	1. Less than 1 hr a wk	64	1.70
						2	2. At least 1 hr a wk but less than 7 hrs a wk	212	5.62
						3	3. At least 1 hr a day but less than 2 hrs a day	601	15.93
						4	4. At least 2 hr a day but less than 4 hrs a day	1382	36.64
						5	5. 4 or more hrs a day	1501	39.79
						7	7. Don't Know	10	0.27
						8	8. Refused	1	0.03
						9	9. Missing	1	0.03
PACB6	6. Did you work for pay or do volunteer work during the past year?	Num	JS_YNV	8	1.36717922	1	Yes	2387	63.28

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						2	No	1385	36.72
PACB7	7. In comparison with other men (women) of your age, do you think your work (volunteer work) is physically much lighter, lighter, the same as, heavier, or much heavier?	Num	PACB7V	8	2.68637317	-		1387	36.77
						1	1. Much lighter	357	9.46
						2	2. Lighter	825	21.87
						3	3. The same as	723	19.17
						4	4. Heavier	293	7.77
						5	5. Much heavier	125	3.31
						7	7. Don't Know	62	1.64
PACB8	8. After work are you physically tired?	Num	PACBR8V	8	2.57448594	-		1389	36.82
						1	1. Never	546	14.48
						2	2. Seldom	478	12.67
						3	3. Sometimes	963	25.53
						4	4. Often	240	6.36
						5	5. Always	154	4.08
						7	7. Don't Know	2	0.05
PACB9A	9a. Sit:	Num	PACBR8V	8	3.38416422	-		1385	36.72
						1	1. Never	149	3.95
						2	2. Seldom	409	10.84
						3	3. Sometimes	619	16.41
						4	4. Often	804	21.31
						5	5. Always	402	10.66
						7	7. Don't Know	4	0.11
PACB9B	9b. Stand:	Num	PACBR8V	8	3.33472979	-		1385	36.72
						1	1. Never	85	2.25
						2	2. Seldom	441	11.69
						3	3. Sometimes	775	20.55

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						4	4. Often	762	20.20
						5	5. Always	324	8.59
PACB9C	9c. Walk:	Num	PACBR8V	8	3.50272308	-		1385	36.72
						1	1. Never	88	2.33
						2	2. Seldom	309	8.19
						3	3. Sometimes	729	19.33
						4	4. Often	837	22.19
						5	5. Always	424	11.24
PACB9D	9d. Lift heavy loads:	Num	PACBR8V	8	1.85714286	-		1385	36.72
						1	1. Never	1197	31.73
						2	2. Seldom	604	16.01
						3	3. Sometimes	376	9.97
						4	4. Often	152	4.03
						5	5. Always	57	1.51
						7	7. Don't Know	1	0.03
PACB9E	9e. Sweat from exertion:	Num	PACBR8V	8	2.032677	-		1385	36.72
						1	1. Never	1162	30.81
						2	2. Seldom	441	11.69
						3	3. Sometimes	448	11.88
						4	4. Often	216	5.73
						5	5. Always	120	3.18
PACB10	10. During the past year (12 months) how much time did you spend caring for children under 5 years of age or for a disabled child or elderly person?	Num	PACB10V	8	1.47958643	1	1. Less than 1 hr per wk	2591	68.69
						2	2. At least 1 but less than 20 hrs per wk	639	16.94
						3	3. More than 20 hrs per wk	525	13.92

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						7	7. Don't Know	8	0.21
						9	9. Missing	9	0.24
PACB11	11. During the past year (12 months) how much time did you spend preparing meals or cleaning up from meals?	Num	PACB11V	8	2.80620361	1	1. Less than ½ hr per day	856	22.69
						2	2. At least ½ hr but less than 1 hr per day	850	22.53
						3	3. At least 1 hr but less than 1 ½ hrs per day	944	25.03
						4	4. At least 1 ½ hrs but less than 2 hrs per day	475	12.59
						5	5. 2 or more hrs per day	625	16.57
						7	7. Don't Know	13	0.34
						9	9. Missing	9	0.24
PACB12	12. During the past year (12 months) how much time did you spend doing major cleaning activities such as shampooing carpets, waxing floors, washing windows or washing a car or other vehicle?	Num	PACBR2V	8	2.02439024	1	1. Less than once a month	2013	53.37
						2	2. Once a month	595	15.77
						3	3. 2-3 times a month	500	13.26
						4	4. Once a week	413	10.95
						5	5. More than once a week	243	6.44
						7	7. Don't Know	3	0.08
						9	9. Missing	5	0.13

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PACB13	13. During the past year (12 months) how much time did you spend doing routine cleaning such as dusting, laundry, vacuuming, changing bed sheets or grocery shopping and pushing a cart?	Num	PACBR2V	8	3.73144221	1	1. Less than once a month	460	12.20
						2	2. Once a month	196	5.20
						3	3. 2-3 times a month	537	14.24
						4	4. Once a week	1301	34.49
						5	5. More than once a week	1272	33.72
						7	7. Don't Know	3	0.08
						9	9. Missing	3	0.08
PACB14	14. During the past year (12 months) how much time did you spend doing gardening or yard work, such as mowing lawn or raking leaves?	Num	PACBR2V	8	2.31150583	1	1. Less than once a month	2002	53.08
						2	2. Once a month	201	5.33
						3	3. 2-3 times a month	490	12.99
						4	4. Once a week	600	15.91
						5	5. More than once a week	464	12.30
						7	7. Don't Know	5	0.13
						9	9. Missing	10	0.27
PACB15	15. During the past year (12 months) how much time did you spend doing heavy outdoor work such as chopping wood, tilling soil, shoveling or bailing hay?	Num	PACBR2V	8	1.24363733	1	1. Less than once a month	3402	90.19
						2	2. Once a month	133	3.53
						3	3. 2-3 times a month	80	2.12
						4	4. Once a week	70	1.86
						5	5. More than once a week	68	1.80
						7	7. Don't Know	4	0.11
						9	9. Missing	15	0.40

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PACB16	16. During the past year (12 months) how much time did you spend doing major home decoration or repair, such as plumbing , tiling, painting, or building?	Num	PACBR2V	8	1.2033404	1	1. Less than once a month	3365	89.21
						2	2. Once a month	243	6.44
						3	3. 2-3 times a month	79	2.09
						4	4. Once a week	26	0.69
						5	5. More than once a week	45	1.19
						7	7. Don't Know	2	0.05
						9	9. Missing	12	0.32
PACB17	17. During the past year did you participate in any of these activities or in any other similar activities not included on the list?	Num	JS_YNV	8	1.39819724	1	Yes	2270	60.18
						2	No	1502	39.82
PACB18	18. How often did you play sports or exercise during the past year?	Num	PACBR2V	8	4.50794351	-		1506	39.93
						1	1. Less than once a month	75	1.99
						2	2. Once a month	68	1.80
						3	3. 2-3 times a month	189	5.01
						4	4. Once a week	237	6.28
						5	5. More than once a week	1696	44.96
						9	9. Missing	1	0.03
PACB19A	19a. Is this activity on the code list?	Num	JS_YNV	8	1.10145567	-		1505	39.90
						1	Yes	2090	55.41
						2	No	168	4.45
						7	Don't Know	2	0.05
						8	Refused	6	0.16

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						9	Missing	1	0.03
PACB19B	19b. Code for most frequent sport or exercise:	Num		8	11.7512077	0.00-111.00		2070	54.88
PACB19C	19c. If the activity is not coded, specify the activity:	Char	\$	80		-			
PACB20	20. How many months in the past year did you do this activity?	Num	PACBR1V	8	3.99283796	-		1538	40.77
						1	1. Less than one month	77	2.04
						2	2. 1 to 3 months	291	7.71
						3	3. 4 to 6 months	415	11.00
						4	4. 7 to 9 months	279	7.40
						5	5. More than 9 months	1158	30.70
						7	7. Don't Know	8	0.21
						9	9. Missing	6	0.16
PACB21	21. How many hours a week did you do this activity?	Num	PACBR3V	8	2.98599819	-		1558	41.30
						1	1. Less than 1 hr	438	11.61
						2	2. At least 1 but less than 2 hrs	550	14.58
						3	3. At least 2 but less than 3 hrs	369	9.78
						4	4. At least 3 but less than 4 hrs	329	8.72
						5	5. 4 hrs or more	523	13.87
						7	7. Don't Know	5	0.13
PACB22A	22a. Is this activity on the code list?	Num	JS_YNV	8	1.10249307	-		2689	71.29



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						1	Yes	972	25.77
						2	No	111	2.94
PACB22B	22b. Code for the second most frequent sport or exercise:	Num		8	12.0988433	1.00-38.00		951	25.21
PACB22C	22c. If the activity is not coded, specify the activity:	Char	\$	80		-			
PACB23	23. How many months in the past year did you do this activity?	Num	PACBR1V	8	3.90262902	-		2745	72.77
						1	1. Less than one month	63	1.67
						2	2. 1 to 3 months	153	4.06
						3	3. 4 to 6 months	170	4.51
						4	4. 7 to 9 months	109	2.89
						5	5. More than 9 months	519	13.76
						7	7. Don't Know	9	0.24
						8	8. Refused	1	0.03
						9	9. Missing	3	0.08
PACB24	24. How many hours a week did you do this activity?	Num	PACBR3V	8	2.61658537	-		2747	72.83
						1	1. Less than 1 hr	263	6.97
						2	2. At least 1 but less than 2 hrs	306	8.11
						3	3. At least 2 but less than 3 hrs	174	4.61
						4	4. At least 3 but less than 4 hrs	135	3.58
						5	5. 4 hrs or more	143	3.79
						7	7. Don't Know	3	0.08

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						9	9. Missing	1	0.03
PACB25A	25a. Is this activity on the code list?	Num	JS_YNV	8	1.13617886	-		3280	86.96
						1	Yes	432	11.45
						2	No	59	1.56
						9	Missing	1	0.03
PACB25B	25b. Code for the third most frequent sport or exercise:	Num		8	13.9858156	1.00-39.00		423	11.21
PACB25C	25c. If the activity is not coded, specify the activity:	Char	\$	80		-		3743	99.23
						BASEBALL		2	0.05
						BICYCLING		1	0.03
						CARDIO EXERCISES		1	0.03
						COACHING FOOTBALL		1	0.03
						DEER HUNTING		1	0.03
						DO NOT DO ANY OTHER EXERCISE.		1	0.03
						FISHING		4	0.11
						FOOTBALL		1	0.03
						GARDENING		3	0.08
						HUNTING		1	0.03
						JUMPING JACKS		2	0.05
						KICK BOXING		1	0.03
						LINE DANCE		2	0.05
						NINTENDO WI BOWLING		1	0.03
						NO OTHER EXERCISE		1	0.03
						PHYSICAL THERAPY		1	0.03
						SKATING		1	0.03

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						WATER AEROBICS		2	0.05
						YARD WORK		2	0.05
PACB26	26. How many months in the past year did you do this activity?	Num	PACBR1V	8	3.92358079	-		3314	87.86
						1	1. Less than one month	26	0.69
						2	2. 1 to 3 months	70	1.86
						3	3. 4 to 6 months	75	1.99
						4	4. 7 to 9 months	49	1.30
						5	5. More than 9 months	233	6.18
						9	9. Missing	5	0.13
PACB27	27. How many hours a week did you do this activity?	Num	PACBR3V	8	2.595186	-		3315	87.88
						1	1. Less than 1 hr	118	3.13
						2	2. At least 1 but less than 2 hrs	152	4.03
						3	3. At least 2 but less than 3 hrs	67	1.78
						4	4. At least 3 but less than 4 hrs	49	1.30
						5	5. 4 hrs or more	68	1.80
						9	9. Missing	3	0.08
PACB28	28. In comparison with others of your own age, do you think your recreational activity is much less, less, the same as, more, or much more?	Num	PACB28V	8	3.43440487	-		2621	69.49
						1	1. Much Less	55	1.46
						2	2. Less	214	5.67

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						3	3. Same as	331	8.78
						4	4. More	360	9.54
						5	5. Much more	151	4.00
						7	7. Don't Know	39	1.03
						9	9. Missing	1	0.03
PACB30	30. Code number of person completing this form:	Num		8	112.295069	101.00-199.00		3772	100.00
PACBFLAG	Data record present?	Num		8	1	1.00-1.00		3772	100.00
VERS	FORM VERSION	Char		1		B		3772	100.00