DATA SET: simple7v3              LABEL:            DATE CREATED: 28JUL14:15:48:17
Number of Observations: 3815
Number of Variables: 37
Organization of file: Multiple Records per JHS Participant (SUBJID)

| Variable Name | Variable Label (VAR) | VAR Type | VAR Format | VAR Length | Mean | Range of Values | Frequency Category | Frequency | Percent |
|---|---|---|---|---|---|---|---|---|---|
| SUBJID | PARTICIPANT ID | Char | $ | 7 | | – | | | |
| VISITDATE | Clinic Exam Visit Date | Num | MMDDYY | 8 | 10/19/10 | 02/26/09-01/31/13 | | 3815 | 100.00 |
| VISIT | | Num | VISIT | 8 | 3 | 3 | Exam 3 | 3815 | 100.00 |
| LASTDATE | Date of Last Contact / Death | Num | MMDDYY | 8 | | | | 0 | 0.00 |
| LASTSTATUS | Contact Type / Participant Status | Char | $ | 50 | | – | | 3815 | 100.00 |
| COD | Cause of Death | Char | | 80 | | – | | 3815 | 100.00 |
| BMI | Body Mass Index (kg/m^2) | Num | | 8 | 32.121409 | 15.06-92.44 | | 3731 | 97.80 |
| BMI3CAT | AHA BMI Categorization | Num | LSS3CAT | 8 | 0.56338783 | – | | 84 | 2.20 |
| | | | | | | 0 | Poor Health | 2098 | 54.99 |
| | | | | | | 1 | Intermediate Health | 1164 | 30.51 |
| | | | | | | 2 | Ideal Health | 469 | 12.29 |
| IDEALHEALTHBMI | Indicator for Ideal Health via BMI | Num | YNFMT | 8 | 0.12570356 | – | | 84 | 2.20 |
| | | | | | | 0 | No | 3262 | 85.50 |
| | | | | | | 1 | Yes | 469 | 12.29 |
| LOWACTTIME | Minutes per Week of Low Activity | Num | | 8 | 5.06611877 | 0.00-248.40 | | 3772 | 98.87 |
| MODACTTIME | Minutes per Week of Moderate Activity | Num | | 8 | 58.3427625 | 0.00-745.20 | | 3772 | 98.87 |
| VIGACTTIME | Minutes per Week of Vigorous Activity | Num | | 8 | 27.2786055 | 0.00-745.20 | | 3772 | 98.87 |
| VIGMODACTTIME | Minutes per Week of Vigorous or Moderate Activity | Num | | 8 | 85.621368 | 0.00-745.20 | | 3772 | 98.87 |

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|---|---|---|---|---|---|---|---|---|---|
| PA3CAT | AHA Physical Activity Categorization | Num | LSS3CAT | 8 | 0.79188759 | - | | 43 | 1.13 |
| | | | | | | 0 | Poor Health | 1715 | 44.95 |
| | | | | | | 1 | Intermediate Health | 1127 | 29.54 |
| | | | | | | 2 | Ideal Health | 930 | 24.38 |
| IDEALHEALTHPA | Indicator for Ideal Health via Physical Activity | Num | YNFMT | 8 | 0.24655355 | - | | 43 | 1.13 |
| | | | | | | 0 | No | 2842 | 74.50 |
| | | | | | | 1 | Yes | 930 | 24.38 |
| FASTHOURS | Fasting Time (in hours) | Num | | 8 | 13.203735 | 0.00-40.92 | | 3793 | 99.42 |
| STATINMEDS | Statin Medication Status (Y/N) | Num | YNFMT | 8 | 0.29573736 | - | | 38 | 1.00 |
| | | | | | | 0 | No | 2660 | 69.72 |
| | | | | | | 1 | Yes | 1117 | 29.28 |
| MEDACCT | Medication Accountability | Num | MEDACCT | 8 | 1.79574692 | - | | 6 | 0.16 |
| | | | | | | 0 | Incomplete recording of participant's medication use during  two weeks preceding | 291 | 7.63 |
| | | | | | | 1 | Participant reported that no medication had been taken in 2 weeks preceeding the | 196 | 5.14 |
| | | | | | | 2 | Complete recording of all participant's medication use during the two weeks prec | 3322 | 87.08 |
| TOTCHOL | Fasting Total Cholesterol (mg/dL) | Num | | 8 | 197.259366 | 84.00-388.00 | | 3470 | 90.96 |
| CHR | Chr: Total Cholesterol - mg/dL | Num | F | 8 | 196.465141 | - | | 3758 | 98.51 |
| TOTCHOL3CAT | AHA Total Cholesterol Categorization | Num | LSS3CAT | 8 | 1.21105964 | - | | 361 | 9.46 |
| | | | | | | 0 | Poor Health | 477 | 12.50 |

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|---|---|---|---|---|---|---|---|---|---|
| | | | | | | 1 | Intermediate Health | 1771 | 46.42 |
| | | | | | | 2 | Ideal Health | 1206 | 31.61 |
| | | | | | | | | | |
| IDEALHEALTHCHOL | Indicator for Ideal Health via Total Cholesterol | Num | YNFMT | 8 | 0.34916039 | - | | 361 | 9.46 |
| | | | | | | 0 | No | 2248 | 58.93 |
| | | | | | | 1 | Yes | 1206 | 31.61 |
| | | | | | | | | | |
| BPMEDS | Blood Pressure Medication Status (Y/N) | Num | YNFMT | 8 | 0.69870267 | - | | 38 | 1.00 |
| | | | | | | 0 | No | 1138 | 29.83 |
| | | | | | | 1 | Yes | 2639 | 69.17 |
| | | | | | | | | | |
| SBP | Systolic Blood Pressure (mmHg) | Num | | 8 | 128.524384 | 9.00-999.00 | | 3814 | 99.97 |
| | | | | | | | | | |
| DBP | Diastolic Blood Pressure (mmHg) | Num | | 8 | 75.6955952 | 9.00-999.00 | | 3814 | 99.97 |
| | | | | | | | | | |
| BP3CAT | AHA Blood Pressure Categorization | Num | LSS3CAT | 8 | 0.95114263 | - | | 8 | 0.21 |
| | | | | | | 0 | Poor Health | 627 | 16.44 |
| | | | | | | 1 | Intermediate Health | 2739 | 71.80 |
| | | | | | | 2 | Ideal Health | 441 | 11.56 |
| | | | | | | | | | |
| IDEALHEALTHBP | Indicator for Ideal Health via Blood Pressure | Num | YNFMT | 8 | 0.11583924 | - | | 8 | 0.21 |
| | | | | | | 0 | No | 3366 | 88.23 |
| | | | | | | 1 | Yes | 441 | 11.56 |
| | | | | | | | | | |
| DMMEDS | Diabetic Medication Status (Y/N) | Num | YNFMT | 8 | 0.24454393 | - | | 241 | 6.32 |
| | | | | | | 0 | No | 2700 | 70.77 |
| | | | | | | 1 | Yes | 874 | 22.91 |
| | | | | | | | | | |
| HBA1C | NGSP Hemoglobin A1c (%) | Num | | 8 | 6.18889781 | 3.60-17.40 | | 3738 | 97.98 |

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|---|---|---|---|---|---|---|---|---|---|---|
| FPG | Fasting Plasma Glucose Level (mg/dL) | Num | | 8 | 105.061095 | 31.00-407.00 | | | 3470 | 90.96 |
| FPG3CAT | Fasting Plasma Glucose Categorization | Num | FPG3CAT | 8 | 0.54293948 | - | | | 345 | 9.04 |
| | | | | | | | 0 | Normal | 1996 | 52.32 |
| | | | | | | | 1 | At Risk | 1064 | 27.89 |
| | | | | | | | 2 | Diabetic | 410 | 10.75 |
| HBA1C3CAT | NGSP Hemoglobin A1c (%) Categorization | Num | HBA1C3CAT | 8 | 0.92322097 | - | | | 77 | 2.02 |
| | | | | | | | 0 | Normal | 1128 | 29.57 |
| | | | | | | | 1 | At Risk | 1769 | 46.37 |
| | | | | | | | 2 | Diabetic | 841 | 22.04 |
| DIAB3CAT | Diabetes Categorization | Num | | 8 | 1.06742464 | 0.00-2.00 | | | 3782 | 99.13 |
| GLUR | Glucose - mg/dL | Num | F | 8 | 107.688132 | - | | | 3758 | 98.51 |
| GLYHB | Glyhb: Hemoglobin A1c - % | Num | F | 8 | 6.18889781 | - | | | 3738 | 97.98 |
| GLUCOSE3CAT | AHA Glucose Categorization | Num | LSS3CAT | 8 | 0.93257536 | - | | | 33 | 0.87 |
| | | | | | | | 0 | Poor Health | 1175 | 30.80 |
| | | | | | | | 1 | Intermediate Health | 1687 | 44.22 |
| | | | | | | | 2 | Ideal Health | 920 | 24.12 |
| IDEALHEALTHDM | Indicator for Ideal Health via Glucose | Num | YNFMT | 8 | 0.24325754 | - | | | 33 | 0.87 |
| | | | | | | | 0 | No | 2862 | 75.02 |
| | | | | | | | 1 | Yes | 920 | 24.12 |