

DATA SET: SIMPLE7_JHS_120313 Label:
DATE CREATED: 03DEC2013
Number of Observations: 4761
Number of Variables: 32
Organization of file: One Record per JHS Participant (bkid1)

Variable Name	Variable Label (VAR)	VAR Type	VAR Format	VAR Length	Mean	Range of values
id	Study Participant ID Number	char		10	.	
bkid1		char		9	.	
t_kcal	Total Calories per day	num		8	.	
t_fat	Total Fat(g) per day	num		8	2237.54	602.099-4782.46
t_pro	Total Protein (g) per day	num		8	90.232	6.104-246.707
t_alc	Total Alcohol (g) per day	num		8	80.678	12.531-265.276
t_sfa	Total Saturated Fatty Acid (g) per day	num		8	3.9	0-252.673
t_tcho	Total Carbohydrates (g) per day	num		8	28.041	2.484-94.54
t_na	Total Sodium (mg) per day	num		8	279.473	21.217-872.528
t_fib	Total Dietary Fiber (g) per day	num		8	3444.017	481.589-12819.994
fru_gm	Total grams of fruit per day	num		8	22.373	2.654-88.631
veg_gm	Total grams of vegetable per day	num		8	347.881	0-709
whg_gm	Total grams of whole grain per day	num		8	289.511	0-1976.13
procm_tgm	Total grams of processed meat per day	num		8	62.837	0-546.805
nut_gm	Total grams of nuts per day	num		8	20.234	0-292.075
bev_gm	Total grams of beverages per day	num		8	7.729	0-127
fish_gm	Total grams of fish per day	num		8	314.834	0-1096
date		num	MMDDYY	8	21.19	0-458.356
t_fru	Total fruit equiv/serving per day	num		8	2.988	0-31.761
t_veg	Total vegetable equiv/serving per day	num		8	4.01	0-25.787
t_whgrain	Total whole grain equiv/serving per day	num		8	1.067	0-6.709
ds_fruveg	S7 Criteria: Eat 4.5 serv/day of Frt&Veg based on 2000 kcals (0=no;1=yes)	num		8	0.682	0-1
t_pmeat_wk	Total processed meat serving per week	num		8	5.573	0-69.049
t_nuts_wk	Total nuts equiv/servings per week	num		8	3.108	0-58.898
ds_fish	S7 Criteria: Eat Fish 2-(3.5oz) serv a week based on 2000 kcals (0=no;1=yes)	num		8	0.212	0-1
t_fish_wk	Total fish (not fried) serving per week	num		8	5.297	0-114.589
ds_wg	S7 Criteria: Eat Whole Grains +3oz equiv/day based on 2000 kcals (0=no;1=yes)	num		8	0.043	0-1
ds_na	S7 Criteria: Limiting sodium to < 1,500 mg/day based on 2000 kcals (0=no;1=yes)	num		8	0.003	0-1
swtbev_k	Sweetened beverages calories per day	num		8	239.001	0-4514.726
swtbev_oz	Sweetened beverages: fluid ounces per day	num		8	18.993	0-358.786

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t_swtbev_wk	Total Sweetened beverages servings per week	num		8	11.08	0-209.292
ds_swtbev	S7 Criteria: Drink Swt Bev (incl swt tea) less than 36floz/week based on 2000 kcals (0=no;1=yes)	num		8	0.43	0-1