Personal Protective Equipment (PPE): for staff caring for COVID-19 positive patients in hospital

These recommendations are for all hospital personnel who enter a clinical area with COVID-19 patients.

Standard precautions including the 5 moments for hand hygiene* apply for all patients with an acute respiratory infection.

Transmission-based precautions are required for all suspected or confirmed COVID-19—Contact and droplet precautions.

Contact and airborne procedures for aerosol generating procedures[‡]

Before entering patient rooms	Single room	Cohorted room (bay of two or more people)
Always perform hand hygiene*. ABHR or soap and water	Hand hygiene as per 5 moments for hand hygiene	Hand hygiene as per 5 moments for hand hygiene
Don a long sleeve impervious gown	For close patient contact, single use	For close patient contact, single use
Use a Surgical Mask	For all patient interactions	Keep mask on until mask becomes damp. Change as per PPE doffing guidance
N95/P2 [‡] Mask	√ Wear N95 mask ^{‡^} for Aerosol generating procedures only .	Nebulised medications should not be performed in cohort bay
Wear eye protection [†]	✓	✓
Don non- sterile Gloves	Single patient use	Single patient use.

Please refer to guidance on donning and doffing of PPE and Ministry information on COVID-19. www.health.govt.nz/covid19-hp-resources

- * Perform hand hygiene according to the WHO 5 moments for hand hygiene
- ‡ P2/N95 respirator must comply with AS/NZS 1716:2012 respiratory protective devices. The difference between N95 and P2 classification for respirator face masks is the N95 classification means the masks complies with USA testing requirements and the P2 classification indicates compliance with European testing requirements. Should be fit checked before each use.
- ^ Aerosol-generating procedures include nebulized medication, endotracheal intubation, rapid sequencing intubation, bronchoscopy, tracheostomy, open suctioning of airway secretions, bilevel positive airway pressure (BiPAP) sputum induction and cardiopulmonary resuscitation.
- † Face shield or goggles. Prescription glasses is not classed as eye protection. Remember to clean eye protection between uses

Follow donning and doffing procedure for as recommended by your Infection Prevention and Control Team

