

# ps-ns Motions in Disordered Proteins

**Table S6:**  $^{15}\text{N}\{-^1\text{H}\}$  nuclear Overhauser effects

residue	9.4 T		11.8 T		14.1 T		18.8 T		23.5 T	
145	-2.072	± 0.020	-1.828	± 0.029	-1.401	± 0.014	-0.780	± 0.011	-0.322	± 0.006
146	-1.854	± 0.013	-1.550	± 0.025	-1.195	± 0.013	-0.524	± 0.009	-0.102	± 0.006
147	-1.855	± 0.024	-1.360	± 0.028	-1.029	± 0.014	-0.400	± 0.010	0.016	± 0.006
148	-1.590	± 0.019	-1.172	± 0.024	-0.829	± 0.012	-0.284	± 0.010	0.088	± 0.006
149	-1.330	± 0.021	-0.960	± 0.024	-0.654	± 0.015	-0.126	± 0.010	0.138	± 0.006
150	-1.200	± 0.013	-0.842	± 0.021	-0.587	± 0.014	-0.092	± 0.009	0.176	± 0.007
151	-1.153	± 0.014	-0.827	± 0.020	-0.504	± 0.010	-0.040	± 0.009	0.205	± 0.006
152	-1.034	± 0.011	-0.565	± 0.014	-0.435	± 0.008	0.025	± 0.008	0.289	± 0.006
153	-1.060	± 0.011	-0.714	± 0.016	-0.458	± 0.008	0.012	± 0.008	0.244	± 0.005
154	-1.478	± 0.018	-0.631	± 0.034	-0.471	± 0.008	0.027	± 0.007	0.259	± 0.005
155	-0.986	± 0.013	-0.611	± 0.018	-0.409	± 0.010	0.029	± 0.008	0.302	± 0.006
156	-0.921	± 0.008	-0.665	± 0.026	-0.351	± 0.007	0.090	± 0.007	0.322	± 0.005
157	-1.070	± 0.009	-0.681	± 0.019	-0.408	± 0.010	0.035	± 0.009	0.299	± 0.007
158	-1.225	± 0.014	-0.760	± 0.020	-0.488	± 0.010	-0.017	± 0.008	0.239	± 0.006
159	-1.204	± 0.014	-0.875	± 0.023	-0.535	± 0.011	-0.112	± 0.010	0.177	± 0.007
160	-1.176	± 0.009	-0.711	± 0.016	-0.508	± 0.008	-0.010	± 0.007	0.248	± 0.005
161	-1.126	± 0.007	-0.711	± 0.021	-0.467	± 0.012	-0.070	± 0.011	0.228	± 0.007
162	-1.032	± 0.017	-0.504	± 0.025	-0.422	± 0.010	0.010	± 0.009	0.241	± 0.006
163	-0.926	± 0.012	-0.678	± 0.022	-0.394	± 0.012	0.007	± 0.012	0.256	± 0.009
164	-0.950	± 0.019	-0.617	± 0.022	-0.338	± 0.012	0.055	± 0.010	0.307	± 0.008
165	-0.753	± 0.018	-0.520	± 0.032	-0.291	± 0.020	0.062	± 0.014	0.266	± 0.010
167	-0.515	± 0.020	-0.294	± 0.035	-0.092	± 0.025	0.190	± 0.022	0.386	± 0.016
168	-0.328	± 0.030	-0.224	± 0.039	-0.042	± 0.031	0.250	± 0.023	0.428	± 0.020
169	-0.333	± 0.030	-0.081	± 0.039	0.142	± 0.036	0.315	± 0.028	0.453	± 0.024
171	-0.153	± 0.032	0.076	± 0.039	0.260	± 0.040	0.491	± 0.034	0.526	± 0.028
172	0.038	± 0.034	0.252	± 0.052	0.235	± 0.053	0.548	± 0.048	0.559	± 0.035
173	0.210	± 0.034	0.564	± 0.067	0.246	± 0.056	0.512	± 0.048	0.629	± 0.043
174	-0.104	± 0.020	0.214	± 0.096	0.166	± 0.078	0.506	± 0.069	0.613	± 0.057
175	-0.191	± 0.039	0.051	± 0.050	0.228	± 0.047	0.396	± 0.036	0.486	± 0.032
176	-0.121	± 0.033	-0.086	± 0.045	0.171	± 0.040	0.390	± 0.032	0.568	± 0.025
177	-0.167	± 0.047	-0.026	± 0.043	0.100	± 0.031	0.450	± 0.030	0.523	± 0.021
178	-0.281	± 0.017	0.074	± 0.042	0.118	± 0.028	0.329	± 0.023	0.532	± 0.016
179	-0.313	± 0.018	-0.123	± 0.036	0.085	± 0.019	0.330	± 0.018	0.519	± 0.014
180	-0.351	± 0.012	-0.249	± 0.022	0.074	± 0.017	0.343	± 0.015	0.488	± 0.012
181	-0.817	± 0.025	0.179	± 0.020	-0.056	± 0.014	0.273	± 0.013	0.429	± 0.010
183	-0.658	± 0.019	-0.387	± 0.027	-0.124	± 0.015	0.183	± 0.015	0.411	± 0.010
184	-0.614	± 0.012	-0.432	± 0.028	-0.195	± 0.018	0.128	± 0.017	0.358	± 0.014
185	-0.771	± 0.013	-0.503	± 0.022	-0.268	± 0.012	0.050	± 0.011	0.283	± 0.008
187	-0.496	± 0.019	-0.374	± 0.026	-0.173	± 0.016	0.153	± 0.015	0.348	± 0.011
188	-0.565	± 0.020	-0.302	± 0.026	-0.097	± 0.015	0.209	± 0.016	0.387	± 0.011
189	-0.620	± 0.018	-0.347	± 0.032	-0.043	± 0.020	0.243	± 0.016	0.401	± 0.013
190	-0.534	± 0.016	-0.279	± 0.033	-0.105	± 0.016	0.205	± 0.015	0.380	± 0.012
192	-0.553	± 0.011	-0.430	± 0.021	-0.167	± 0.011	0.162	± 0.011	0.392	± 0.008
193	-0.605	± 0.016	-0.390	± 0.028	-0.125	± 0.015	0.197	± 0.013	0.365	± 0.010
194	-0.623	± 0.014	-0.363	± 0.026	-0.161	± 0.015	0.183	± 0.013	0.430	± 0.010
195	-0.594	± 0.016	-0.391	± 0.023	-0.163	± 0.013	0.165	± 0.014	0.362	± 0.011
197	-0.465	± 0.006	-0.307	± 0.019	-0.090	± 0.012	0.189	± 0.012	0.371	± 0.009
198	-0.456	± 0.008	-0.289	± 0.023	-0.090	± 0.013	0.235	± 0.014	0.400	± 0.012
199	-0.557	± 0.011	-0.347	± 0.018	-0.115	± 0.009	0.196	± 0.009	0.385	± 0.007
200	-0.762	± 0.012	-0.138	± 0.014	-0.071	± 0.009	0.148	± 0.009	0.433	± 0.008
201	-0.483	± 0.014	-0.156	± 0.022	-0.057	± 0.010	0.194	± 0.012	0.363	± 0.009
202	-0.339	± 0.011	-0.216	± 0.017	-0.024	± 0.010	0.235	± 0.011	0.424	± 0.009
204	-0.272	± 0.015	-0.096	± 0.020	0.094	± 0.011	0.282	± 0.011	0.516	± 0.009
205	0.246	± 0.007	-0.028	± 0.024	0.102	± 0.017	0.373	± 0.016	0.494	± 0.013
206	-0.062	± 0.021	0.105	± 0.027	0.246	± 0.017	0.420	± 0.016	0.518	± 0.012
207	0.344	± 0.015	0.448	± 0.029	0.448	± 0.016	0.549	± 0.016	0.600	± 0.014
208	0.631	± 0.017	0.652	± 0.039	0.656	± 0.022	0.876	± 0.029	0.810	± 0.026
209	0.683	± 0.024	0.708	± 0.031	0.722	± 0.017	0.812	± 0.020	0.850	± 0.020
210	0.555	± 0.011	0.690	± 0.031	0.718	± 0.017	0.763	± 0.017	0.876	± 0.017
211	0.661	± 0.029	0.718	± 0.037	0.686	± 0.019	0.801	± 0.024	0.801	± 0.016

# ps-ns Motions in Disordered Proteins

212	0.595 ± 0.025	0.771 ± 0.046	0.693 ± 0.022	0.825 ± 0.025	0.823 ± 0.020
213	0.520 ± 0.012	0.651 ± 0.030	0.697 ± 0.016	0.740 ± 0.018	0.793 ± 0.015
214	0.601 ± 0.024	0.606 ± 0.035	0.713 ± 0.022	0.790 ± 0.023	0.779 ± 0.018
215	0.578 ± 0.016	0.637 ± 0.046	0.713 ± 0.021	0.768 ± 0.022	0.840 ± 0.020
216	0.686 ± 0.032	0.659 ± 0.045	0.733 ± 0.027	0.773 ± 0.028	0.815 ± 0.026
217	0.551 ± 0.014	0.624 ± 0.038	0.744 ± 0.024	0.860 ± 0.025	0.813 ± 0.018
218	0.555 ± 0.018	0.689 ± 0.040	0.704 ± 0.025	0.782 ± 0.027	0.764 ± 0.022
219	0.718 ± 0.042	0.615 ± 0.065	0.685 ± 0.057	0.764 ± 0.052	0.757 ± 0.047
220	0.585 ± 0.028	0.657 ± 0.044	0.735 ± 0.028	0.766 ± 0.031	0.810 ± 0.028
221	0.552 ± 0.028	0.605 ± 0.050	0.695 ± 0.037	0.776 ± 0.036	0.801 ± 0.029
222	0.591 ± 0.027	0.589 ± 0.031	0.675 ± 0.020	0.702 ± 0.020	0.797 ± 0.018
223	0.431 ± 0.038	-0.147 ± 0.057	0.692 ± 0.031	0.718 ± 0.036	0.770 ± 0.034
224	0.475 ± 0.004	0.734 ± 0.145	0.701 ± 0.033	0.761 ± 0.033	0.828 ± 0.037
225	0.393 ± 0.040	-0.175 ± 0.031	0.603 ± 0.031	0.782 ± 0.051	0.677 ± 0.055
226	0.436 ± 0.014	0.641 ± 0.035	0.644 ± 0.020	0.686 ± 0.021	0.780 ± 0.019
227	0.551 ± 0.013	0.603 ± 0.030	0.740 ± 0.020	0.729 ± 0.022	0.817 ± 0.026
228	0.531 ± 0.019	0.654 ± 0.032	0.677 ± 0.018	0.802 ± 0.019	0.842 ± 0.016
229	0.809 ± 0.034	0.737 ± 0.037	0.717 ± 0.021	0.693 ± 0.020	0.810 ± 0.017
230	0.602 ± 0.032	0.621 ± 0.033	0.747 ± 0.022	0.805 ± 0.026	0.823 ± 0.021
231	0.488 ± 0.015	0.632 ± 0.029	0.709 ± 0.019	0.776 ± 0.021	0.871 ± 0.021
232	0.689 ± 0.030	0.634 ± 0.027	0.763 ± 0.017	0.780 ± 0.018	0.893 ± 0.015
233	0.647 ± 0.015	0.631 ± 0.032	0.728 ± 0.020	0.836 ± 0.023	0.758 ± 0.021
234	0.367 ± 0.007	0.157 ± 0.024	0.764 ± 0.021	0.822 ± 0.022	0.827 ± 0.019
235	0.552 ± 0.010	0.665 ± 0.027	0.700 ± 0.015	0.791 ± 0.018	0.806 ± 0.013
236	0.585 ± 0.013	0.663 ± 0.027	0.727 ± 0.017	0.809 ± 0.019	0.806 ± 0.014
237	0.586 ± 0.017	0.630 ± 0.045	0.668 ± 0.028	0.738 ± 0.028	0.836 ± 0.027
238	0.567 ± 0.016	0.627 ± 0.039	0.690 ± 0.026	0.788 ± 0.029	0.834 ± 0.025
239	0.491 ± 0.018	0.621 ± 0.035	0.727 ± 0.025	0.755 ± 0.024	0.808 ± 0.018
240	0.510 ± 0.020	0.630 ± 0.038	0.609 ± 0.023	0.660 ± 0.021	0.819 ± 0.021
241	0.567 ± 0.015	0.574 ± 0.047	0.749 ± 0.037	0.805 ± 0.039	0.808 ± 0.039
242	0.550 ± 0.022	0.663 ± 0.033	0.697 ± 0.021	0.738 ± 0.021	0.797 ± 0.025
243	0.541 ± 0.018	0.673 ± 0.034	0.738 ± 0.022	0.820 ± 0.024	0.807 ± 0.018
244	0.484 ± 0.024	0.647 ± 0.045	0.652 ± 0.024	0.708 ± 0.030	0.733 ± 0.025
245	0.701 ± 0.031	0.658 ± 0.054	0.749 ± 0.038	0.827 ± 0.036	0.820 ± 0.033
246	0.576 ± 0.022	0.719 ± 0.066	0.680 ± 0.046	0.751 ± 0.049	0.765 ± 0.045
247	0.682 ± 0.021	0.643 ± 0.031	0.717 ± 0.019	0.851 ± 0.022	0.884 ± 0.020
248	0.724 ± 0.068	0.598 ± 0.059	0.664 ± 0.039	0.803 ± 0.042	0.709 ± 0.049
249	0.586 ± 0.016	0.684 ± 0.036	0.762 ± 0.024	0.883 ± 0.027	0.792 ± 0.021
250	0.549 ± 0.018	0.654 ± 0.033	0.668 ± 0.020	0.788 ± 0.025	0.745 ± 0.018
251	0.596 ± 0.041	0.300 ± 0.034	0.724 ± 0.036	0.800 ± 0.034	0.827 ± 0.031
252	0.513 ± 0.031	0.597 ± 0.080	0.613 ± 0.033	0.766 ± 0.034	0.728 ± 0.031
253	0.776 ± 0.251	0.570 ± 0.100	0.558 ± 0.057	0.628 ± 0.054	0.726 ± 0.036
254	0.310 ± 0.029	0.503 ± 0.063	0.509 ± 0.036	0.507 ± 0.033	0.620 ± 0.033
255	0.127 ± 0.014	0.223 ± 0.029	0.337 ± 0.019	0.517 ± 0.020	0.569 ± 0.015
256	-0.134 ± 0.013	0.015 ± 0.020	0.161 ± 0.012	0.360 ± 0.014	0.504 ± 0.011
257	-0.592 ± 0.010	-0.382 ± 0.017	-0.125 ± 0.009	0.100 ± 0.010	0.320 ± 0.008
258	-1.118 ± 0.007	-0.962 ± 0.015	-0.683 ± 0.007	-0.250 ± 0.007	0.049 ± 0.005
259	-2.011 ± 0.017	-1.674 ± 0.018	-1.330 ± 0.009	-0.702 ± 0.007	-0.316 ± 0.004