American Psychological Association (APA) Referencing Style

7th edition

Introduction

The University adopts American Psychological Association (APA) referencing system as the main referencing style for all Faculties. Some programmes may use other common referencing system due to the professional or other specific requirements including Harvard Referencing, IEEE and others.

This guide provides the basic referencing rules for APA 7th style. For complete information and guide, kindly refer to the ***Publication Manual of the American Psychological Association: the official guide to APA style*** book which is available in the Library. (Call no. 808.066 15 PUB 7th ed.)

Elements of referencing

Referencing in the APA style has two parts:

i) In-text citation

APA uses author-date in-text citations. There are two formats for in-text citation: parenthetical and narrative.

Parenthetical Citation: Both the author and the date are separated by a comma within a parentheses.

For example: (Samuel, 2022).

Narrative Citation: Author name appears in the body text while the date included after the author name within a parentheses.

For example:
Samuel (2022) showed in the study ...

More explanation about author-date citation system, can refer **here**.

Elements of referencing (con't)

ii) Reference list

This is a list that contains all the bibliographic details and need to be included at the end of your assignment/project. The rule is that, all in-text citations must have a corresponding entry in your reference list and vice-versa.

References that took up more then one line will need to be formatted with a hanging indent of 0.5 inches from the left for the subsequent lines.

For example:

Cartledge, N. (2023). A quick guide to eczema in children. *Paediatrics and Child Health.* https://doi.org/10.1016/J.PAED.2022.12.002

For more information about references, can read it **here**.

To learn more about the reference list, can read the ***Guide on Creating an APA Style Reference List*** from APA website.

Basic in-text citation styles

Author type	Parenthetical citation	Narrative citation
One author	(Bowie, 2021)	Bowie (2021)
Two authors	(John & Jackson, 2020)	John and Jackson (2020)
Three or more authors	(William et al., 2000)	William et al. (2000)
Groups/Organisations: **First Citation** **Subsequent Citation**	(World Health Organisation [WHO], 2013) (WHO, 2013)	World Health Organisation (WHO, 2013) WHO (2013)
No author	(*King James Bible*, 1769/2017)	*King James Bible* (1769/2017)

Author Rules

No. of Authors	Examples
Single author	List the surname first, followed by a comma and the initials. Use one space between initials. Berndt, T. J. (2002). Friendship quality and social development. *Current Directions in Psychological Science, 11*, 7-10.
2 authors	List by their surname and initials. Use one space between initials. Use a comma to separate a first author's initials from the second author name and use the ampersand (&) instead of "and". Wegener, D. T., & Petty, R. E. (1994). Mood management across affective states: The hedonic contingency hypothesis. *Journal of Personality & Social Psychology, 66*, 1034-1048.

Author Rules (con't)

No. of Authors	Examples
3 to 20 authors	List by their surname and initials. Use one space between initials. Use a serial comma to separate author names, while the last author name is preceded again by ampersand (&). Kernis, M. H., Cornell, D. P., Sun, C. R., Berry, A., White, A., Ganster, D. C., & Harlow, T. (1993). There's more to self-esteem than whether it is high or low: The importance of stability of self-esteem. *Journal of Personality and Social Psychology, 65*, 1190-1204.
More than 20 authors	List by their surname and initials. APA 7th ed. uses ". . ." instead, replacing all authors between the 19th author and the last author. Kalnay, E., Kanamitsu, M., Kistler, R., Collins, W., Deaven, D., Gandin, L., Iredell, M., Saha, S., White, G., Woollen, J., Zhu, Y., Chelliah, M., Ebisuzaki, W., Higgins, W., Janowiak, J., Mo, K. C., Ropelewski, C., Wang, J., Leetmaa, A., . . . Joseph, D. (1996). The NCEP 40-year reanalysis project. *Bulletin of the American Meteorologica Society, 77*(3), 437-471. http://doi.org/fg6rf9

Reference Type	Reference List
Book	**Format**: Author, A. A. (Copyright Year). *Title of book: Subtitle* (Edition.). Publisher. **Example:** Whitcomb, S. A. (2023). *Behavioral, social, and emotional assessment of children and adolescents: A closer look* (5th ed.). Routledge.
eBook	**Format:** Author, A. A. (Year). *eBook title: Subtitle* (edition). Publisher. DOI/URL **Example:** Apgar, A. S. (2023). *The disabled child: A novel* (2nd ed.). University of Michigan Press. https://doi.org/10.1353/book.109275
Webpage	**Format:** Author. (YYYY, Month DD). *Title of work*. Site Name. URL **Example:** Rees, J. (2022, April 2). *Like it or not, monarchies are enduring for several reasons*. The Conversation. https://theconversation.com/like-it-or-not-monarchies-are-enduring-for-several-reasons-26588

Reference Type	Reference List
Journal Article	**Format:** **Print:** Author, A. A. (Year). Title of article. *Title of Journal, volume number*(issue number), first-last page of article. **Online:** Author, A. A. (Year). Title of article. *Title of Journal, volume number*(issue number), first-last page of article. DOI/URL **Example:** **Print:** Crowden, A. (2008). Professional boundaries and the ethics of dual and multiple overlapping relationships in psychotherapy. *Bioethics Review, 27*(4), 10–27. **Online**: Ferreira, A., & Pedrosa, I. (2022). Data-driven management using business analytics. *Journal of Business and Management, 112*(4), 1-5. https://doi.org/10.23919/CISTI54924.2022.9819995
Conference Paper	**Format:** Contributor, A. A. (YYYY, Month DD–DD). *Title of paper* [Type of contribution]. Conference Name, Location. DOI/URL **Example:** Durve, I., & Kalbande. D. (2019, December 20–21). *Machine learning approach for physiotherapy assessment* [Paper presentation]. International Conference on Advances in Computing, Communication and Control (ICAC3), Mumbai, India. https://doi.org/10.1109/ICAC347590.2019.9036783

Reference Type	Reference List
Newspaper	**Format:** **Print:** Author, A. A. (YYYY, Month DD). Title of article. *Newspaper Title*, page–page. **Online:** Author, A. A. (YYYY, Month DD). Title of article. *Newspaper Title*. URL **Example:** **Print:** Packham, B. (2010, January 18). Bullies to show concern. *Herald Sun*, 6-9. Online: Convery, S. L. (2020, August 13). When Covid closed the library. *The New York Times*. https://www.nytimes.com/culture/2020/aug/13/when-covid-closed-the-library-staff-call-every-member-of-victorian-library-to-say-hello
Magazine	**Format:** **Print:** Author, A. A. (YYYY, Month DD). Title of article. *Magazine Title, volume number*(issue number), page–page. **Online:** Author, A. A. (YYYY, Month DD). Title of article. *Magazine Title*, *volume number*(issue number). URL **Example:** **Print:** Wilson, D. S., & Wilson, E. O. (2007, November 3). Survival of the selfless. *NewScientist, 196*(2628), 42–46. **Online:** Greenbaum, Z. (2020, July 5). How well is telepsychology working? *Monitor on Psychology, 51*(5). https://www.apa.org/monitor/2020/07/cover-telepsychology

Reference Type	Reference List
Data Set	**Format**: Author, A. A. (Year). *Title of document* [Data set]. Website. DOI/URL **Example:** Coppedge, M., Perry, H., Lee, C. L. & Gerring, J. (2019). *V-Dem country-year dataset v9* [Data set]. V-Dem. https://doi.org/10.23696/vdemcy19
Table and Figure from Database	**Format:** Author, A. A. (Year). *Title of document* [Data form]. Database Name. **Example:** Euromonitor International. (2022). *Sales of apparel by category, % volume growth 2012-2022* [Table]. Passport.
Image from the Web	**Format:** Artist last name, Initial. (Year). *Title of work* [Format]. Site Name. URL **Example:** Baumel, A. (2010). *Cholera treatment center in Haiti* [Online image]. Doctors Without Borders. https://www. doctorswithoutborders.org

Reference Type	Reference List
Dictionary and Encyclopedia	**Format**: **Print:** Editor, A. A. (Ed.). (Date). *Title of work*. Location: Publisher. **Online:** Editor, A. A. (Ed.) or Group Name. (n.d.). *Title of work*. Retrieved Month DD, YYYY, from URL **Example:** **Print:** VandenBos, G. R. (Ed.). (2012). *APA dictionary of psychology*. Washington, DC: American Psychological Association. **Online:** Merriam-Webster. (n.d.). *Merriam-Webster.com dictionary*. Retrieved May 1, 2022, from https://www.merriam-webster.com/ *n.d. = no date
Dissertation and Thesis	**Format**: Author, A. A. (Year). *Title of dissertation or thesis* [Doctoral dissertation or master's thesis, Name of Institution Awarding the Degree]. Database or Archive Name. URL **Example:** Chin, C. Y. (2022). *Consumer addiction towards gaming products* [Master's thesis, Tunku Abdul Rahman University College]. TAR UMT Institutional Repository. https://eprints.tarc.edu.my/21138/

Reference Type	Reference List
YouTube and Streaming Video	**Format:** Author, A. A. or Author screen name. (YYYY, Month DD {of video post}). *Title of video* [Video]. Title of website. URL **Example:** MSNBC. (2020, January 7). *Julián Castro endorses Elizabeth Warren* [Video]. YouTube. https://www.youtube.com/watch?v=Uk2Tzc8H5po
Podcast Episode	**Format:** Host, A. A. (Host). (YYYY, Month DD). Episode title (Episode No.) [Audio podcast episode]. In *Podcast title*. Production company. URL **Example:** Glass, I. (Host). (2014, August 17). Amusement park (No. 443) [Audio podcast episode]. In *This American life*. WBEZ Chicago. https://www.thisamericanlife.org/radio-archives/episode/443/amusement-park
Song or Track	**Format:** Writer, A. A. (Copyright year). Title of song [Song]. On *Title of album*. Label. **Example:** Nirvana. (1991). Smells like teen spirit [Song]. On *Nevermind*. DGC.

Reference Type	Reference List
Social Media - Text: Twitter, LinkedIn, Tumblr, etc.	**Format:** Author, A. A. or Group Name [@username]. (YYYY, Month DD). *Content up to first 20 words* [Page type]. Site Name. Retrieved Month DD, YYYY, from URL **Example:** White, B. [@BettyMWhite]. (2004, June 27). *I treasure every minute we spent together* [Tweet]. Twitter. Retrieved May 7, 2019, from https://twitter.com/BettyMWhite/status/1009951892846227456
Social Media - Audiovisual: Facebook, Instagram, Tik Tok, etc.	**Format:** Author, A. A. (YYYY, Month DD). *Content of the post up to the first 20 words* [Description of audiovisuals]. Social Media Platform Name. URL **Example:** World Health Organization. (2020, September 20). *How to wear a fabric mask safely during COVID-19: Don'ts*. [Video]. Facebook. https://www.facebook.com/WHO/videos/1010459366082970

To view more reference examples, please refer to the **_Common Reference Examples Guide_** from APA website.